

# Support Groups & Classes

Toby & Leon Cooperman Center for Families & Children

## DISABILITY INCLUSION SERVICES > Click on Your Service



### Grandparent Support Group

March 6 and 20  
10:30 a.m. - 11:45 a.m.  
Passcode: 952283

### Sibshops:

January 11



### Parent Caregiver Support Group (Daytime)

Tuesdays, 10:15 a.m. Passcode: 745549



### Parent Caregiver Support Group (Evening)

January 14 and 28, 6:30 p.m.  
Passcode: 658329



Disability Inclusion Services • 21100 Ruth & Baron Coleman Blvd.  
Boca Raton, FL 33428 (on Federation Campus)  
**For more information, contact Tzippi at (561) 852-3112**



## TOBY AND LEON COOPERMAN THERAPY & FAMILY RESOURCE CENTER

\*All therapeutic groups are led by licensed therapists.

### Social Skills Group

Learn and practice social / emotional awareness skills with fun games, therapeutic activities and play!

#### SUNDAYS:

Ages 2 - 4: 10:30 a.m. - 11:30 a.m.  
Ages 5 - 8: 9:00 a.m. - 10:15 a.m.

### Therapeutic Immersive Experience

Led by Licensed Therapists, these are fun, thematic groups that work on foundational skills.

#### MARCH 30 - APRIL 10:

9:00 a.m. - 1:00 p.m.  
*No Group Held on April 2*



Toby and Leon Cooperman Therapy & Family Resource Center • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 • Contact Cooperman Center for more information at (561) 852-5099  
Social Skills Group: \$25 Group Trial Rate. Call for discounted series rate!  
Therapeutic Immersive Experience: \$65/day and \$60/additional siblings



## SUPPORT GROUPS > Click on Your Service



### Caregiver Resources and Respite Program

Contact: [Alexch@ralesjfs.org](mailto:Alexch@ralesjfs.org)  
or (561) 558-2542 to register to obtain Zoom link for below.  
Wednesdays, 10:00 a.m.  
Thursdays, 11:00 a.m.

#### In person\*:

March 6, at 10:00 a.m.  
March 20, at 10:00 a.m.  
March 26, at 11:00 a.m.

### Spouse/Partner Loss Bereavement Group

Wednesdays at Weisman Center\*  
Contact: (561) 852-3350 for more information.

### Senior Silver Pride Support Group\*

March 6, at 1:00 p.m.  
March 20, at 1:00 p.m.



### Breast & Ovarian Cancer Support Group

March 3, at 3:30 p.m. Virtual.  
Contact: [AndreaP@ralesjfs.org](mailto:AndreaP@ralesjfs.org)  
for more information.



### Spouse Loss Group

Mondays at Temple Beth El  
Boca Raton, 10:00 and 11:15 a.m.  
Contact: [AndreaP@ralesjfs.org](mailto:AndreaP@ralesjfs.org)  
or (561) 852-3151 for more information.



\*Hosted at the Shirley & Barton Weisman Delray Community Center  
7091 West Atlantic Avenue, Delray Beach, FL 33446 • (561) 558-2100

