



Ruth & Norman Rales
Jewish Family Services

February 2026

Support Groups & Classes

DISABILITY INCLUSION SERVICES

🔗 > Click on Your Service

Grandparent Support Group

February 6 and 20
10:30 a.m. - 11:45 a.m.
Passcode: 952283

Sibshops

February 8



Disability Inclusion Services • 21100 Ruth & Baron Coleman Blvd.
Boca Raton, FL 33428 (on Federation Campus)

For more information, contact **Tzippi** at **(561) 852-3112**

Parent Caregiver Support Group (Daytime)

Tuesdays, 10:15 a.m. Passcode: 745549

Parent Caregiver Support Group (Evening)

February 11 and 25, 6:30 p.m.
Passcode: 658329



SUPPORT GROUPS

🔗 > Click on Your Service

Caregiver Resources and Respite Program

Contact: Alexch@ralesjfs.org
or (561) 558-2542 to register to obtain Zoom link for below.
Wednesdays, 10:00 a.m.
Thursdays, 11:00 a.m.

In person*

February 6, at 10:00 a.m.
February 12, at 11:00 a.m.
February 13, at 10:00 a.m.

Spouse/Partner Loss Bereavement Group

Wednesdays at Weisman Center*
Contact: (561) 852-3350 for more information.

Senior Silver Pride Support Group*

February 6, at 1:00 p.m.
February 20, at 1:00 p.m.



Breast & Ovarian Cancer Support Group

February 3, at 3:30 p.m. Virtual.
Contact: AndreaP@ralesjfs.org for more information.

Spouse Loss Group

Mondays 10:00 & 11:15 at Temple Beth El in Boca Raton.
Contact: AndreaP@ralesjfs.org or (561) 852-3151 for more information.



*Hosted at the Shirley & Barton Weisman Delray Community Center
7091 West Atlantic Avenue, Delray Beach, FL 33446 • (561) 558-2100

TOBY AND LEON COOPerman THERAPY & FAMILY RESOURCE CENTER

*All therapeutic groups are led by licensed therapists.

Social Skills Group

Learn and practice social / emotional awareness skills with fun games, therapeutic activities and play!

SUNDAYS:

Ages 2 - 4: 10:30 a.m. - 11:30 a.m.

Ages 5 - 8: 9:00 a.m. - 10:15 a.m.

Contact: Cooperman@ralesjfs.org



The Cooperman Center • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428
Contact Cooperman Center for more information at (561) 852-5099
\$25 Group Trial Rate. Call for discounted series rate!



Partner Agency of

Jewish Federation
of South Palm Beach County