

Support Groups & Classes

DISABILITY INCLUSION SERVICES | [CLICK ON YOUR SERVICE](#)

Grandparent Support Group

March 7th & 21st, 10:30 a.m. - 11:45 a.m.
Passcode: 952283

Sibshops

March 16th - Open to all ages.
Register to receive the time for
your assigned Group.

Disability Inclusion Services • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 (on Federation Campus)

Parent Caregiver Support Group (Daytime)

Tuesdays, 10:00 a.m.
Passcode: 745549

Parent Caregiver Support Group (Evening)

Wednesdays, 6:30 p.m.
March 12th & 26th
Passcode: 658329



SUPPORT GROUPS | [CLICK ON YOUR SERVICE](#)

Bereavement

Contact: BryanL@ralesjfs.org
or (561) 852-3357 for info.

Silver Pride: LGBTQ+ Senior Support

March 7th & 21st at 1:00 p.m. at the
Weisman Center
Contact: BiancaM@ralesjfs.org

The Weisman Center • 7091 West Atlantic Avenue, Delray Beach, FL 33446 | (561) 558-2100

Caregiver Support

March 4th & 18th, 2:00 p.m.
Contact: HowardH@ralesjfs.org
or (561) 852-6062 to register &
obtain Zoom link.

Wednesdays, 10:00 a.m.
Thursdays, 11:00 a.m.

Contact: Alexch@ralesjfs.org
or (561) 558-2542 to register
& obtain Zoom link.

In person:
March 6th at 11:00 a.m.
March 14th at 10:00 a.m.
March 28th at 10:00 a.m.

Hosted at the Weisman Delray
Community Center.



TOBY AND LEON COOPERMAN THERAPY & FAMILY RESOURCE CENTER | [CLICK ON YOUR SERVICE](#)

Social Skills Group

Learn & practice social / emotional awareness skills
with fun games, therapeutic activities & play!
March 2nd, 9th, 16th, 23rd, 30th.
Ages 5 - 8: 9:00 a.m. - 10:15 a.m.

Handwriting & Fine Motor Group

Integration of fine motor fun skills, manual dexterity & visual
motor coordination skills, as well as engaging & interactive
time in the sensory gym. March 3rd, 10th, 17th, 24th, 31st.
Ages 5 - 8: 3:30 p.m. - 4:30 p.m.

Phonological Awareness Group

Gain the building blocks to reading success by engaging in fun activities to improve phonological skills, such as
rhyming and matching words with sound. March 2nd, 9th, 16th, 23rd, 30th. Ages 3-6: 10:30 a.m. - 11:30 a.m.

Self-Esteem & Resiliency Group

Increase self-esteem, self-awareness, and social intelligence; improve social communication and management
of social expectations; address problem-solving issues; and improve conflict resolution and peer relationships.
March 2nd, 9th, 16th, 23rd, 30th. Ages 9-12: 10:30 a.m. - 11:45 a.m. Contact: AliyahL@ralesjfs.org

Contact Cooperman Center for more information | \$25 Group Drop-In Rate. Call for discounted series rate!
The Cooperman Center • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 | (561) 852-5099



*All therapeutic groups are
led by licensed therapists.

FOR SUPPORT GROUP
DETAILS, PLEASE CALL: **(561) 852-3333**