

# Support Groups & Classes

# DISABILITY INCLUSION SERVICES | CLICK ON YOUR SERVICE

**Grandparent Support Group** 

Fridays, 10:30 a.m. - 11:45 a.m.

Zoom: Jan 3rd & 17th Passcode: 952283

**Sibshops** 

Jan 12th - Open to all ages. Register to receive the time for

your assigned Group.

Parent Caregiver Support Group Coming Soon!



Disability Inclusion Services • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 (on Federation Campus)

# SUPPORT GROUPS | CLICK ON YOUR SERVICE



# **Caregiver Support**

Jan 7th & 21st, 2:00 p.m. Contact: HowardH@ralesjfs.org or (561) 852-6062 to register & obtain Zoom link.

Wednesdays, 10:00 a.m. Thursdays, 11:00 a.m.

Contact: Alexch@ralesjfs.org or (561) 558-2542 to register & obtain Zoom link.

In person:

Jan 10th at 10:00 a.m. Jan 16th at 11:00 a.m. Jan 23rd at 11:00 a.m. Jan 31st at 10:00 a.m.

Hosted at the Weisman Delray Community Center.

### **Women's Support Group**

Fridays, 12:00 p.m.

Meeting ID: 817 2286 8563

Passcode: 633044

Call (561) 852-3333 to register to attend.

### **Bereavement**

Contact: BryanL@ralesjfs.org or (561) 852-3357 for info.

**Silver Pride: LGBTQ+ Senior Support** 

Jan 17th & 31st at 1:00 p.m. Contact: BiancaM@ralesjfs.org

The Weisman Center • 7091 West Atlantic Avenue, Delray Beach, FL 33446 | (561) 558-2100

# TOBY AND LEON COOPERMAN THERAPY & FAMILY RESOURCE CENTER | CLICK ON YOUR SERVICE

## **Social Skills Group**

Learn & practice social / emotional awareness skills with fun games, therapeutic activities & play! Jan 5th, 12th, 19th, 26th.

Ages 2.5 - 4: 10:30 a.m. - 11:30 a.m.

Ages 5 - 8: 9:00 a.m. - 10:15 a.m.

Ages 11 - 14: 10:30 a.m. - 11:30 a.m.

### **Social Skills for Children on the Spectrum**

For children who communicate using multimodal methods such as gestures or AAC devices. Jan 8th, 15th, 22nd, 29th. Ages 5 - 8: 3:15 p.m. - 4:00 p.m.

Contact Cooperman Center for more information | \$25 Group Drop-In Rate. Call for discounted series rate! The Cooperman Center • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 | (561) 852-5099

# **Handwriting & Fine Motor Group**

Integration of fine motor fun skills, manual dexterity & visual motor coordination skills, as well as engaging & interactive time in the sensory gym. Jan 6th, 13th, 27th.

Ages 5 - 8: 3:30 p.m. - 4:30 p.m.

# **Therapeutic Immersive Experience**

3-hour block with Fine & Gross Motor Skills, Speech, Social, and Sensory Play. 9:00 a.m. - 12:00 p.m.

Jan 16th Jan 21st Jan 23rd Jan 17th Jan 22nd Jan 24th



\*All therapeutic groups are led by licensed therapists.