



August 2024 Calendar of Events at the Weisman Delray Community Center

Mondays

Silver Sneakers Classic – 9:30 am – 10:15 am ** (weekly)

Senior Voices Expressing Yourself Through Poetry – 10:00 am – 11:15 am

(August 5 and August 19)

Chit Chat – 10:00 am – 11:00 am (weekly)

Fascinating Readings – 10:00 am – 11:00 am (weekly)

Backgammon Learn & Play – 11:00 am – 12:45 pm

WDCC Book Chat – 11:30 am – 12:45 pm (August 19)

Canasta or Mahjonn – 11:30 am – 2:00 pm (weekly)

The Schmooze – 1:00 pm – 2:00 pm (weekly)

The Right Stuff (Current Events) – 1:00 pm – 2:15 pm (weekly)

Learn Canasta – 1:00 pm – 2:15 pm (weekly)

Creative Writing – 1:00 pm – 3:00 pm (weekly)

Creative Conversations – 2:30 pm – 3:30 pm (weekly)

Men's Group – 2:30 pm – 3:30 pm (weekly)

Scrabble It – 2:30 pm – 4:00 pm (weekly)

Chair Yoga – 4:00 pm – 5:00 pm ** (weekly)

Tuesdays

Diamond Club – 9:45 am – 12:15 pm ** (weekly)

Bridge Club – 12:30 pm – 3:00 pm (weekly)

Women's Support Group – 12:30 pm – 1:45 pm (weekly)

Apple Technology Help Desk – 1:30 – 2:30 (August 20 and August 27)

Weisman Movies – 1:45 pm – 3:45 pm (weekly)

Getting to Know you – 2:00 – 3:15 (weekly) (New Day / Time)

Trivia Time – 2:00 pm – 3:15 pm (weekly)

Gin Rummy – 2:00 pm – 4:00 pm (weekly)

Wednesdays

Let's Talk Politics – 9:30 am – 11:00 am (weekly)

Learn Mahjongg – 10:00 am – 11:30 am (weekly)

Sit and Be Fit – 10:30 am – 11:15 am ** (weekly)

Nutrition for You – 11:00 am – 12:00 pm (August 21)

Mindful Breathing & Meditation – 11:15 am – 12:00 pm (August 7 and August 21)

A Year in Review (weekly) – 11:15 am – 12:15 pm

International Folk Dance – 11:30 am – 1:15 pm ** (weekly)

Mahjongg – 12:30 pm – 3:00 pm (weekly)

Rummikub Learn & Play – 1:00 pm – 3:00 pm (weekly)

Beginner Spanish – 1:30 pm – 3:00 pm (weekly) (Class resumes September 4)

Chair Yoga – 3:00 pm – 4:00 pm ** (weekly)

APDA Parkinson's Support Group – 3:00 pm – 4:30 pm (August 21)

Advanced Beginner Spanish – 3:00 pm – 4:30 pm (weekly) (Class resumes September 4)

Thursdays

Watercolor Painting – 10:00 am – 12:00 pm (weekly)

Real Talk for Women – 10:00 am – 11:00 am (weekly)

Silver Sneakers Classic – 10:30 am – 11:15 am ** (weekly)

Current Events on the Issues Only – 11:30 am – 12:45 pm (No class August)

Keep it Short – 11:00 am – 12:15 pm (see below for story) (August 8 and August 22)

Canasta Players – 11:30 am – 2:00 pm (weekly)

Skits, Monologues and Improv with JoAnn and Elena – 12:00 – 1:00 (August 8) **SPECIAL**

Knitting & Crochet – 1:00 pm – 3:00 pm (weekly)

Food For Thought – 1:30 pm – 2:30 pm (August 8 and August 22)

Broadway on Film – 12:45 pm – 2:45 pm (August 15) **SPECIAL**

Gin Rummy – 1:30 pm – 3:30 pm (weekly)

Fridays

Canasta Basics – 9:15 am – 10:45 am (weekly)

Yiddish Club – 10:00 am – 11:30 am (weekly) (Class resumes September 13)

Sit and Be Fit – 10:30 am – 11:15 am ** (weekly)

Fridays at the Improv – 10:30 am – 12:00 pm (weekly)

Positively Pittleman – 11:30 am – 12:45 pm (weekly)

Bridge Club – 12:30 pm – 3:00 pm (weekly)

Kickin' Karaoke – 12:45 pm – 1:45 pm (August 2 and August 23)

Fridays Continued

Poker Play – 1:00 pm – 3:15 pm (weekly)

Bingo – 1:30 pm – 3:00 pm ** (weekly)

Weisman Movies – 1:45 pm – 3:45 pm (weekly)

Specials

WDCB Book Chat (once a month book club)

- Monday, August 19, 11:30 am – 12:45 pm
- Book – **'How the Penguins Saved Veronica'** by Hazel Prior

APDA Parkinson's Support Group (3rd Wednesday of the month)

- Wednesday, August 21, 3:00 pm – 4:30 pm

Skits, Monologues and Improv with JoAnn and Elena

- Thursday, August 8, 12:00 pm – 1:00 pm

Broadway on Film

- Thursday, August 15, 12:45 pm – 2:45 pm
 - Hairspray Live!

Keep it Short (Short Story Club)

- Thursdays, August 8 and August 22, 11:00 am – 12:15 pm
- Story for August 8: **'A Handful of Clay'** by Henry Van Dyke
- Story for August 22: **'The Garden Party'** by Katherine Mansfield

*** Programs are subject to change.** Errors sometimes happen; we apologize in advance.

**** Fee** is associated with these classes