September 2024



Support Groups & Classes

DISABILITY INCLUSION SERVICES | CLICK ON YOUR SERVICE

Grandparent Support Group

Fridays, 10:30 a.m. - 11:45 a.m. Zoom: Sept 6th & 20th Passcode: 952283

Sibshops

Sept 29th - Open to all ages. Register to receive the time for your assigned Group.

Parent Caregiver Support Group (Daytime) Tuesdays, 10:00 a.m. Passcode: 745549

Parent Caregiver Support Group (Evening) Wednesdays, 6:30 p.m. Sept 11th & 25th Passcode: 658329

Disability Inclusion Services • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 (on Federation Campus)



SUPPORT GROUPS | CLICK ON YOUR SERVICE



Caregiver Support

Sept 3rd & 17th, 2:00 p.m. Contact: HowardH@ralesjfs.org or (561) 852-6062 to register & obtain Zoom link.

Wednesdays, 10:00 a.m. Thursdays, 11:00 a.m. Fridays, 10:00 a.m.

Contact: Alexch@ralesjfs.org or (561) 558-2542 to register & obtain Zoom link.

In person: Sept 5th at 11:00 a.m. Sept 13th at 10:00 a.m. Sept 20th at 10:00 a.m.

Hosted at the Weisman Delray Community Center.

Cancer Support Group

Sept 10th & 24th, 11:30 a.m. - 12:30 p.m. Every 2nd & 4th Tuesday of the month at the Weisman Center. Contact: ArielleB@ralesjfs.org

Women's Support Group Fridays, 12:00 p.m. Meeting ID: 817 2286 8563 Passcode: 633044 Call (561) 852-3333 to register to attend.

Bereavement Contact: BryanL@ralesjfs.org or (561) 852-3357 for info.

Silver Pride: LGBTQ+ Senior Support Monday, Sept 9th at 1:00 p.m. Every 1st Monday of the month at the Weisman Center. Contact: BiancaM@ralesifs.org

The Weisman Center • 7091 West Atlantic Avenue, Delray Beach, FL 33446 | (561) 558-2100

TOBY AND LEON COOPERMAN THERAPY & FAMILY RESOURCE CENTER | CLICK ON YOUR SERVICE

Social Skills Group

Learn & practice social / emotional awareness skills with fun games, therapeutic activities & play! Sundays, Ages 2.5 - 4: 10:30 a.m. - 11:30 a.m. Ages 5 - 8: 9:00 a.m. - 10:15 a.m.

Sensory Movement Group Sensory exploration session in the sensory gym. Wednesdays, Ages 5 - 8: 3:30 p.m. - 4:30 p.m.

Contact Cooperman Center for more information | \$25 Group Drop-In Rate. Call for discounted series rate! The Cooperman Center • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 | (561) 852-5099

Handwriting & Fine Motor Group Integration of fine motor fun skills, manual dexterity & visual motor coordination skills, as well as engaging & interactive time in the sensory gym. Tuesdays, Ages 5 - 8: 3:30 p.m. - 4:30 p.m.

> *All therapeutic groups are led by licensed therapists

FOR SUPPORT GROUP (561) 852-3333