



SHIRLEY & BARTON WEISMAN
DELRAY COMMUNITY CENTER
Ruth & Norman Rales Jewish Family Services

July 2024 Calendar of Events at the Weisman Delray Community Center

The Center is closed on July 4th and 5th

Mondays

Silver Sneakers Classic – 9:30 am – 10:15 am ** (weekly)

Senior Voices Expressing Yourself Through Poetry – 10:00 am – 11:15 am

(July 1 and July 15)

Chit Chat – 10:00 am – 11:00 am (weekly) (No class July 29)

Fascinating Readings – 10:00 am – 11:00 am (weekly)

Backgammon Learn & Play – 11:00 am – 12:45 pm

Pick Your Topic – 11:30 am – 12:30 pm (weekly)

WDCC Book Chat – 11:30 am – 12:45 pm (July 15)

Canasta or Mahjongg – 11:30 am – 2:00 pm (weekly)

The Schmooze – 1:00 pm – 2:00 pm (weekly)

The Right Stuff (Current Events) – 1:00 pm – 2:15 pm (weekly)

Learn Canasta – 1:00 pm – 2:15 pm (weekly)

Creative Writing – 1:00 pm – 3:00 pm (weekly)

Creative Conversations – 2:30 pm – 3:30 pm (weekly)

Men's Group – 2:30 pm – 3:30 pm (weekly)

Scrabble It – 2:30 pm – 4:00 pm (weekly)

Chair Yoga – 4:00 pm – 5:00 pm ** (weekly)

Tuesdays

Diamond Club – 9:45 am – 12:15 pm ** (weekly)

Bridge Club – 12:30 pm – 3:00 pm (weekly)

Women's Support Group – 12:30 pm – 1:45 pm (weekly)

Tuesdays (Continued)

The Week That Was – 1:00 pm – 2:00 pm (weekly) (No class in July)

Weisman Movies – 1:45 pm – 3:45 pm (weekly)

Trivia Time – 2:00 pm – 3:15 pm (weekly) (No class in July)

Gin Rummy – 2:00 pm – 4:00 pm (weekly)

Wednesdays

Let's Talk Politics – 9:30 am – 11:00 am (weekly)

Learn Mahjongg – 10:00 am – 11:30 am (weekly)

Sit and Be Fit – 10:30 am – 11:15 am ** (weekly)

Nutrition for You – 11:00 am – 12:00 pm (July 10)

A Year in Review (weekly) – 11:15 am – 12:15 pm

Mindful Breathing & Meditation – 11:15 am – 12:00 pm (July 3 and July 17)

International Folk Dance – 11:30 am – 1:15 pm ** (weekly)

Mahjongg – 12:30 pm – 3:00 pm (weekly)

Rummikub Learn & Play – 1:00 pm – 3:00 pm (weekly)

Beginner Spanish – 1:30 pm – 3:00 pm (weekly) (no class July and August)

Chair Yoga – 3:00 pm – 4:00 pm ** (weekly)

APDA Parkinson's Support Group – 3:00 pm – 4:30 pm (July 17)

Advanced Beginner Spanish – 3:00 pm – 4:30 pm (weekly) (no class July and August)

Getting to Know You – 3:15 pm – 4:30 pm (weekly)

Thursdays

Watercolor Painting – 10:00 am – 12:00 pm (weekly)

Silver Sneakers Classic – 10:30 am – 11:15 am ** (weekly)

Current Events on the Issues Only – 11:30 am – 12:45 pm

Keep it Short – 11:00 am – 12:15 pm (see below for story) (July 11 and July 25)

Canasta Players – 11:30 am – 2:00 pm (weekly)

Knitting & Crochet – 1:00 pm – 3:00 pm (weekly)

Guest Speaker: Physical Therapy vs. Exercise – 1:00 pm – 2:00 pm (July 18) **SPECIAL**

Broadway on Film – 1:45 pm – 3:00 pm (July 11 and July 25) **SPECIAL**

Gin Rummy – 1:30 pm – 3:30 pm (weekly)

Real Talk for Women – 3:15 pm – 4:15 pm (weekly)

Fridays

Canasta Basics – 9:15 am – 10:45 am (weekly)

Yiddish Club – 10:00 am – 11:30 am (weekly) (No class July and August)

Sit and Be Fit – 10:30 am – 11:15 am ** (weekly)

Fridays at the Improv – 10:30 am – 12:00 pm (weekly)

Positively Pittleman – 11:30 am – 12:45 pm (weekly)

Bridge Club – 12:30 pm – 3:00 pm (weekly)

Kickin' Karaoke – 12:45 pm – 1:45 pm (July 19 and July 26)

Poker Play – 1:00 pm – 3:15 pm (weekly)

Bingo – 1:45 pm – 3:15 pm ** (weekly)

Weisman Movies – 1:45 pm – 3:45 pm (weekly)

Specials

WDCC Book Chat (once a month book club)

- Monday, July 15, 11:30 am – 12:45 pm
- Book – 'The Art Of Racing In The Rain' by Garth Stein'

Chef Demo

- Monday, July 29, 10:00 am – 11:00 am

APDA Parkinson's Support Group (3rd Wednesday of the month)

- Wednesday, July 17, 3:00 pm – 4:30 pm

Guest Speaker: Physical Therapy vs. Exercise

- Thursday, July 18, 1:00 pm – 2:00 pm

Broadway on Film

- Thursday, July 11, 1:00 pm – 3:30 pm
 - Anything Goes (2021)
- Thursday, July 25, 1:00 pm – 3:30 pm
 - Kiss Me Kate (2003)

Specials Continued on next page

Specials Continued

Keep it Short (Short Story Club)

- Thursdays, July 11 and July 25, 11:00 am – 12:15 pm
- Story for July 11: **'Hills Like White Elephants ' by Ernest Hemmingway**
- Story for July 25: **'Spring In Fialta ' by Vladimir Nabokov**

*** Programs are subject to change.** Errors sometimes happen; we apologize in advance.

**** Fee** is associated with these classes