



May 2024 Calendar of Events

The Center is closed on May 27th for Memorial Day

Mondays

Silver Sneakers Classic – 9:30 am – 10:15 am ** (weekly)

Senior Voices Expressing Yourself Through Poetry – 10:00 am – 11:15 am

(May 6, no group May 20 – see Fridays below for makeup)

Chef Demo – 10:00 am – 11:00 am (May 20) **SPECIAL**

Chit Chat – 10:00 am – 11:00 am (weekly) (no class May 13 and May 20)

Fascinating Readings – 10:15 am – 11:15 am (weekly)

Pick Your Topic – 11:30 am – 12:30 pm (weekly)

WDCC Book Chat – 11:30 am – 12:45 pm (May 20, see below for book info)

Backgammon Learn & Play – 11:30 am – 12:45 pm (starts May 6) **NEW**

Canasta or Mahjongg – 11:30 am – 2:00 pm (weekly)

The Right Stuff (Current Events) – 1:00 pm – 2:15 pm (weekly)

Learn Canasta – 1:00 pm – 2:15 pm (weekly)

Creative Writing – 1:00 pm – 3:00 pm (weekly)

Creative Conversations – 2:30 pm – 3:30 pm (weekly)

Men's Group – 2:30 pm – 3:30 pm (weekly)

Scrabble It – 2:30 pm – 4:00 pm (weekly)

Chair Yoga – 4:00 pm – 5:00 pm ** (weekly)

Tuesdays

Diamond Club – 9:45 am – 12:15 pm ** (weekly)

Feldman Club Denim and Diamonds Party (May 14) – 10:00 AM – 2:00 PM **SPECIAL**

Valiant Players – 9:45 am – 12:45 pm (No group May 14)

Bridge Club – 12:30 pm – 3:00 pm (weekly)

Women's Support Group – 12:30 pm – 1:45 pm (weekly) (No class May 14)

The Week That Was – 1:00 pm – 2:00 pm (weekly) (No class May 14)

Tuesdays (Continued)

University of Miami Brain Health Research – (May 21) 1:00 pm – 4:00 pm

(Must sign up in advance) **SPECIAL**

Weisman Movies – 1:45 pm – 3:45 pm (weekly)

Trivia Time – 2:00 pm – 3:15 pm (weekly) (No class May 14)

Gin Rummy – 2:00 pm – 4:00 pm (weekly)

Wednesdays

Let's Talk Politics – 9:30 am – 11:00 am (weekly)

Learn Mahjongg – 10:00 am – 11:30 am (weekly)

Sit and Be Fit – 10:30 am – 11:15 am ** (weekly)

Nutrition for You – 11:00 am – 12:00 pm (May 8)

Tech Savvy Seniors – 11:00 am – 1:00 pm (May 8 and May 22)

A Year in Review (weekly) – 11:15 am – 12:15 pm

Mindful Breathing & Meditation – 11:15 am – 12:00 pm (May 1 and May 15)

International Folk Dance – 11:30 am – 1:15 pm ** (weekly) (no class May 22)

Mahjongg – 12:30 pm – 3:00 pm (weekly)

Tech Desk with Rick – 1:00 pm – 3:30 pm (May 1) (Bring Your Device, Ask Questions)

Rummikub Learn & Play – 1:00 pm – 3:00 pm (weekly)

Beginner Spanish – 1:30 pm – 3:00 pm (weekly)

Chair Yoga – 3:00 pm – 4:00 pm ** (weekly)

APDA Parkinson's Support Group – 3:00 pm – 4:30 pm (May 22)

Advanced Beginner Spanish – 3:00 pm – 4:30 pm (weekly)

Getting to Know You – 3:15 pm – 4:30 pm (weekly)

Thursdays

Watercolor Painting – 10:00 am – 12:00 pm (weekly)

Silver Sneakers Classic – 10:30 am – 11:15 am ** (weekly)

Current Events on the Issues Only – 11:30 am – 12:45 pm

Keep it Short – 11:00 am – 12:15 pm (see below for story) (May 16 and May 23)

Canasta Players – 11:30 am – 2:00 pm (weekly)

Valiant Players – 12:00 pm – 3:00 pm (weekly)

Knitting & Crochet – 1:00 pm – 3:00 pm (weekly)

Broadway on Film – 1:00 pm – 3:30 pm (May 2, May 16 and May 30) **SPECIAL**

Classical Thursdays – 1:00 pm – 3:30 pm (May 9 and May 23) **SPECIAL**

Gin Rummy – 1:30 pm – 3:30 pm (weekly)

Real Talk for Women – 3:15 pm – 4:15 pm (weekly)

Fridays

Canasta Basics – 9:15 am – 10:45 am (weekly) (**NEW TIME**) **Lessons for all**

Senior Voices Expressing Yourself Through Poetry – 9:30 am – 10:40 am (**May 17 only**)

Yiddish Club – 10:00 am – 11:30 am (weekly) (**Yiddish Film on May 10 and May 24**)

Sit and Be Fit – 10:30 am – 11:15 am ** (weekly)

Fridays at the Improv – 10:30 am – 12:00 pm (weekly)

Positively Pittleman – 11:30 am – 12:45 pm (weekly)

Bridge Club – 12:30 pm – 3:00 pm (weekly)

Skits and Songs Performance – 12:45 pm – 1:30 pm **SPECIAL**

Kickin' Karaoke – 12:45 pm – 1:45 pm (**May 17**)

Poker Play – 1:30 pm – 3:15 pm (weekly)

Bingo – 1:45 pm – 3:15 pm ** (weekly)

Weisman Movies – 1:45 pm – 3:45 pm (weekly)

Specials

Chef Demo

- Monday, May 20, 10:00 am – 11:00 am
- Chef Alan Bergman

WDCC Book Chat (once a month book club)

- Monday, May 20, 11:30 am – 12:45 pm
- Book – **'West with Giraffes' by Lynda Rutledge**

Diamond Club Denim and Diamonds Party

- Tuesday, May 14, 10:00 am – 2:00 pm
- Sign up and pay in office starting May 1, 9:00am – 4:00 pm

University of Miami Brain Health Research

- Tuesday, May 21, 1:00 pm – 4:00 pm
- Must sign up in advance

APDA Parkinson's Support Group (3rd Wednesday of the month)

- Wednesday, May 22, 3:00 pm – 4:30 pm

Specials (Continued)

Classical Thursdays

- Thursday, May 9, 1:00 pm – 3:30 pm
 - The Sleeping Beauty
- Thursday, May 23, 1:00 pm – 4:00 pm
 - The Merry Wives of Windsor

Broadway on Film Series

- Thursday, May 2, 1:00 pm – 3:30pm
 - Tommy Battles the Silver Sea Dragon
- Thursday, May 16, 1:00 – 3:30 pm
 - Rodgers & Hammerstein's Flower Drum Song
- Thursday, May 30, 1:00 pm – 3:30 pm
 - Little Women: The Musical

Keep it Short (Short Story Club)

- Thursdays, May 16 and May 23, 11:00 am – 12:15 pm
- Story for May 16: **'The Night Came Slowly' by Kate Chopin**
- Story for May 23: **'Cathedral' by Raymond Carver**

Skits and Songs Performance

- Friday, May 3 - 12:45 pm – 1:30 pm
- Free to All Members

*** Programs are subject to change.** Errors sometimes happen; we apologize in advance.

**** Fee** is associated with these classes