

2023-2024

ILLUMINATION

Ruth & Norman Rales Jewish Family Services Magazine

ASHLEY JUDD

to Headline 2023
Reflections of Hope Luncheon

CENTURY RISK ADVISORS

Earns Corporate Leadership Award

JUDY RABINOWITZ (Z"L)

Memorial Garden

**JILL
VINER** *To receive
Rales Humanitarian
of the Year Award*



Ruth & Norman Rales
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**Congratulations to Century's Chairman
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ILLUMINATION

Letter from the President & CEO

Dear Friends and Supporters,

I hope you all had an enjoyable summer! You may have noticed a new cover design for this edition of Illumination Magazine. This is just one of several enhancements as we continue to refresh our branding throughout the agency. You will be seeing other updated pieces coming out of the Marketing and Communications Department. This includes a newly designed website with updated content to enhance the user experience.

As I sit down to write this letter during the hot days of summer here in Florida, the almost daily heavy rainstorms are a constant reminder that we are definitely in hurricane season. Thankfully, we are all blessed to live in a caring community, ready to assist those during their times of greatest need – just like we would for our own families. That concept – we are family – extends to everyone touched by Rales JFS. Clients and donors, volunteers and members – no matter your affiliation, you are our family, and we are here to help you when times get tough.

We have been diligently planning our calendar for the coming season, and I am so excited to announce Jill Viner as this year's Rales Humanitarian of the Year Award recipient! Jill has been a very important supporter of this agency for over 25 years and I am so thrilled that we will be honoring her, along with Corporate Leadership Award Recipient Century Risk Advisors/Ron Reshefsky, at this year's Annual JFS Gala (Read more on pages 5 & 6).

I cannot emphasize enough how vital your support and participation is to ensuring we are able to adequately care for those in our community. Thank you for your passion, commitment, volunteerism and philanthropy. I look forward to working alongside all of you to ensure our ability to meet the ever-evolving needs of the community as they present themselves.



Happy Reading!

Danielle N. Hartman
President & CEO

Thank You



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Mail Pouch

Client Messages & Comments



THE TOBY AND LEON COOPERMAN THERAPY & FAMILY RESOURCE CENTER

Dear JFS,

I wanted to thank you for coordinating our services at the Cooperman Center. Having a "One-Stop Shop" is invaluable for us, especially since we just moved to a new community. In addition, we greatly appreciate the financial assistance we have received. Having a child with special needs costs a lot of money. Thanks to the Cooperman Center, we now have top-quality care for our son at prices that we can work within our budget.

-Matt & Samantha

SENIOR SERVICES CASE MANAGEMENT

Dear JFS,

Thank you; I don't think anyone can verbalize how much you and your organization have helped my father. While he suffered greatly in his life, it is people like you with compassion and passion for helping those last few survivors that restores one's faith in G-d. My father lived 100 years on his terms. Now, he is with my mother and all the family he has waited to see for 85 years. Thank you again for everything you have done and continue to do.

-Steve

THE SHIRLEY & BARTON WEISMAN DELRAY COMMUNITY CENTER

Dear JFS,

Wonderful to see you after a 2½ year hiatus. The Center seems more vibrant than ever! Coming to the Weisman Center brings me such joy and a sense of community. The staff does a great job and deserves a big thank you!

-Frank

BEREAVEMENT GROUP

Dear JFS,

Your bereavement group facilitator is excellent and makes it easier for the group members to deal with their grieving process. Having been President of a successful company, I would describe her as one of your more important assets that does not show on your organization's balance sheet.

-Burt

MEALS ON WHEELS

Dear JFS,

Thank you so much for the meals! They came at a time when I most needed them. I was always independent and took care of myself and my family, but now that I can no longer cook and have no one to cook for me, these cooked meals are the only hot meals I have. I'm so grateful for them. I don't know what I would do without them. Also, the driver who delivers my meals is so kind and helpful. Thank you, thank you!

-Norma

Get to Know the Rales Humanitarian of the Year

JILL VINER

Written by Nancy Teitelbaum, VP of Marketing & Communications, Rales JFS

Recently, I had the opportunity to interview this year's Rales Humanitarian of the Year Award Recipient, Jill Viner, to learn more about what sparked her interest in philanthropy and Rales JFS. Here's what I found out:

Growing up in Connecticut, Jill Viner was raised with a strong Jewish identity. Her family belonged to three synagogues and was very involved in United Jewish Appeal (UJA), a Jewish philanthropic umbrella organization that existed from its creation in 1939 until it was renamed The Jewish Federations of North America in 2009. Jill's mother was born in Germany. She arrived to the United States at the young age of fourteen, never knowing whether or not she would see her parents again. The family made the harrowing decision to send Jill's mother to New York, where she

lived with a family for several years and began working at Woolworths, saving money for her parents to come over.

It was during her time in New York that Jill's mother learned of the atrocities that befell her parents back in Germany. Her mother was hit over the head by the Nazis on Kristallnacht and forever had a drooping eye. Her father, Alfred, was dragged into a concentration camp. However, his wife was able to facilitate his release by going to the mayor of the town with the credentials of honor that he received during the WWI. Once Alfred was released, he went into hiding in Italy and then arrived in the country through HIAS-The Hebrew Immigrant Aid Society.

Like so many Jews born to those like her grandparents and mother, who survived and escaped Nazi

Germany, Jill grew up with a sense of commitment and responsibility to carry on her family's traditions, values and inner strength. Her sense of pride in where she came from and her dedication to helping others was ingrained in her by the stories she heard from her mother, which formed her earliest memories.

FAST FORWARD to Boca Raton, Florida, around 30 years ago... Jill wanted to start a summer camp for underprivileged children. And it was then, with the formation of the JFS "Camp Breakaway" Program that she first began supporting this agency, giving rise to strong, beautiful ties that have endured for years.



Q&A with Jill Viner

Q: What initially attracted you to Rales JFS?

A: Originally, I wanted to provide underprivileged children a safe and nurturing summer camp experience while giving their parent(s) a much-needed break for a week.

Q: Is there a program or service that is most near and dear to your heart?

A: Do I have to choose just one? There are so many important programs! I think they are all impactful, whether it's the Behavioral Health department, Domestic Abuse Education and Action, Senior Services...I have a very special place in my heart for Holocaust survivors, which is my reason for supporting Café Europa through the years. My respect for survivors, the hardships they have overcome, and their strength is an inspiration to me. Our precious survivors are examples of drive, determination and spirit that is unmatched. They are pioneers and builders that made it on their own! They're

an incredible generation of people that didn't ask for anything. They make me proud!

Q: If you were telling others about Rales JFS, what would you tell them?

A: Rales JFS is a social service agency that provides outstanding programs and services for everyone, not just Jewish people, not just seniors, not just those in need. JFS serves people of every age bracket, economic status and background. In addition, when I make a financial donation, I know where it is going. I can see and experience the difference my contribution makes. Boca is such a thriving community with a multitude of charitable organizations. I feel it's important to participate. Whether you give your time and/or financial support. My connection to Rales JFS allows me to feel like I'm part of the fabric of the community. I feel very lucky.

ASHLEY JUDD

to Headline 2024 Reflections of Hope

Tuesday, February 13, 2024



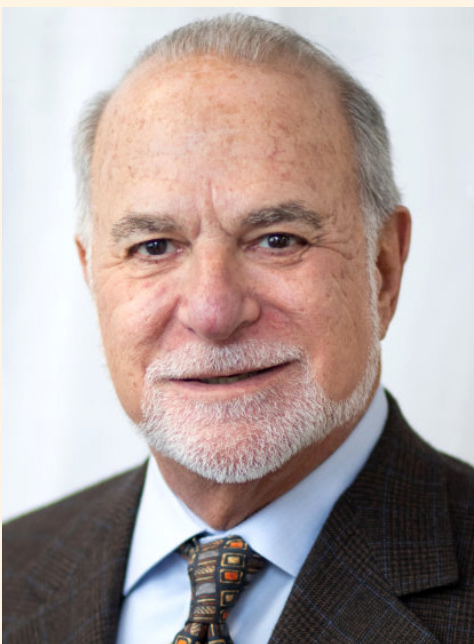
Ashley is a Golden Globe and Emmy-nominated actress who adroitly stars in both indie gems and box office hits. A feminist and social justice humanitarian, she is the UNFPA Goodwill Ambassador, advocating for the sexual and reproductive rights and health for girls and women worldwide. She has traveled to 22 countries, spending time in brothels, refugee camps, hospices, and slums, learning directly from the vulnerable and resilient about male sexual violence and how to overcome gender inequality. Her New York Times bestselling book, *All That Is Bitter & Sweet*, chronicles these journeys.

Ashley graduated from the honors program at the University of Kentucky and earned an MPA from Harvard University's John F. Kennedy School of Government. Her paper, "Gender Violence: Law and Social Justice", was awarded the Dean's Scholar Award at Harvard Law School. She has been leader in residence at the Women and Public Policy Program at Harvard's Kennedy School.

She serves on several boards, including the International Center for Research on Women, the Rape and Incest National Network, Demand Abolition, the Gloria Steinem Sex Equality Fund to End Trafficking in Women, and is ambassador for Culture Reframed (focusing on the public health crisis of pornography). She is chairperson of the Women's Media Center Speak Project: Curbing Abuse, Expanding Freedom. Her TED Talk about online misogyny has over two million views.

Ashley was Time Magazine's Person of the Year in 2017 as one of the Silence Breakers. In 2019, the United Nations honored her as Global Advocate of the Year.

Ashley lives part of each year in the Central African rain forest in Democratic Republic of the Congo, where her partner has a bonobo research camp. Bonobos, our closest living relatives, are egalitarian, matriarchal, and free from male sexual violence. Their stable and peaceful societies give her hope.



Ron Reshefsky | Century Risk Advisors Corporate Leadership Award

Insurance brokerage veteran, Ron Reshefsky is the chairman of Century Risk Advisors. Over the past 10 years, Century has provided businesses and successful families with the highest level of insurance and risk management services. Ron, a Virginia native, obtained his Bachelor of Arts degree from the University of Miami and, in 1972, began his insurance career in Florida. During his career, he has founded several successful companies.

Ron has long been active in the Jewish community. He has served as the past chair of Jewish Family Services, director of the Jewish Federation of South Palm Beach County, director and officer of Temple Beth El Boca Raton, and chairman of State of Israel Bonds. Last year he and his wife, Amy, celebrated their 50th wedding anniversary. They have three wonderful children and are proud grandparents of eight grandchildren. Ron & CRA are proud to be honored with the JFS Corporate Leadership Award.



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Rales JFS Garden Dedication in Memory of Judy Rabinowitz (Z"L)

Recently, Rales JFS had the honor and privilege of dedicating a beautiful new garden to the memory of Judy Rabinowitz (Z"L), an avid supporter and former president of Ruth & Norman Rales JFS from 1998-2000. Lovingly donated by her husband, Manny, and her family, the garden features a beautiful sculpture called "Pomegranate" as the focal point, surrounded by lush greenery and flowers, creating a peaceful, warm space that can be seen from both the first and second floors of the JFS offices.

"Judy touched so many people and her dedication and leadership will be forever remembered for generations to come," said Danielle Hartman, president & CEO, "Everyone entering our building will now be able to enjoy the beautiful garden in the rotunda, built in her honor."

Her husband Manny explained, "The pomegranate is mentioned

in the Bible. It's native to Israel and symbolizes fertility, blessings, and prosperity." Further research into the symbolism of the pomegranate says that the seeds of the pomegranate symbolize the 613 sacred obligations (mitzvot) in the Torah, which form the foundation of traditional Jewish practice. "Judy's love for Rales JFS was deep, and I am so pleased to be able to honor her memory with this meaningful garden," added Manny.

The artist, Brad Howe, said "Pomegranate" was inspired by his deep appreciation for zen gardens. He wanted light and air to pass through it so that it allowed the viewer to experience it like a window, something that framed a view of what is on the other side. Brad finished the stainless-steel surface with layered striation to have the feel of rushing water, wood grain, or even muscle, like a heart. A very fitting tribute to Judy, an extraordinary woman who led with her heart!



New Van Donated to the Food Pantry

We are incredibly grateful to Marilyn and Jay Weinberg, whose generous donation has enabled us to acquire a second reliable van that significantly benefits our clients and enhances our ability to serve the community. This second van has had a transformative impact on our operations, allowing us to deliver essential supplies to a larger number of households and efficiently pick up more donations. With the pantry clientele growing by over

75 households in the past year, our total number of households served is over 670, including many young working families. The new van and additional staff ensures that we can effectively meet the growing demand. We are thrilled to share photos from the van's ribbon-cutting ceremony, capturing the spirit of gratitude and commitment shared by our donors, staff, and community as we work together to make a positive impact.



Top Image: Julie Weisberg, VP of the Jacobson Family Food Pantry thanks Jay Weinberg for his generous van donation.

Bottom Image: (L to R) Jay & Marilyn Weinberg, Rales JFS Pres. & CEO Danielle Hartman, VP of the Jacobson Family Food Pantry Julie Weisberg, COO Beth Levine.



Ruth & Norman Rales
Jewish Family Services

Save The Dates

2023-2024

Special Events

SAVE THESE DATES
as the best is yet to come!

We hope you will join us as we party with a purpose while providing support to thousands in need in our community! We look forward to celebrating with you and your families at these four memorable events.

FOR MORE INFORMATION,
call Jill Waldman at 561-852-5013
or email jillw@ralesjfs.org

NOT YOUR MOTHER'S GAME NIGHT

DATE: Thursday, October 26, 2023

TIME: 6:30 PM Vendor Shopping
7:00 PM Game Time

LOCATION: St. Andrews Country Club

CO-CHAIRS:
Melissa Hoffman & Barbara Glasband
Debra Minoff & Vicki Weinstein



ANNUAL GALA 2023

DATE: Thursday, December 14, 2023

TIME: 6:30 PM

LOCATION: Broken Sound Country Club

HONOREES:
Jill Viner – Rales Humanitarian
of the Year Award
Century Risk Advisors/Ron Reshefsky –
Corporate Leadership Award

REFLECTIONS OF HOPE LUNCHEON 2024

DATE: Tuesday, February 13, 2024

TIME: 11:00 AM Reception
11:45 AM Luncheon

LOCATION: Boca West Country Club

KEYNOTE SPEAKER:
Award Winning Actress
Ashley Judd

GRAND BENEFACTORS:
Abbe & Steven Becker
Lori & Gregg Gottsegen
Robin & Gary Rubin
Olivia & Gerald Shapiro



GREAT GOLF FOR A GREAT CAUSE 2024

DATE: Monday, March 18, 2024

TIME:
11:00 AM Registration/Lunch
12:45 PM Shotgun Start
5:00 PM Cocktails & Dinner

LOCATION: St. Andrews Country Club



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2022 Thanksgiving Banquet Was A Smashing Success!



For our 25th Annual Thanksgiving Banquet, Ruth & Norman Rales Jewish Family Services hosted around 350 local residents on Thanksgiving Day, who would otherwise have been alone for the holiday. This year's banquet, which was the first in-person event since before the pandemic in 2019, included special guests such as Ukrainian families who recently came to South Palm Beach County to escape their war-torn nation, as well

as Holocaust survivors, seniors and adults with developmental disabilities. The annual banquet, held in The Sports and Wellness Building, was generously underwritten by Edith Stein and Etta and Raymond Zimmerman. The festive event included a traditional Thanksgiving meal served by 125 community volunteers and staff members.

If you wish to assist with the 2023 Banquet, please contact kime@ralesjfs.org.



2022 | Woodfield Feeds The Hungry A Thanksgiving to Remember

The 14th Annual Woodfield Feeds the Hungry event held on November 23, 2022, at the Jacobson Family Food Pantry, was a display of community support and generosity. Event Co-chairs Larry Blair, Michele Fisher and Lori & Jason Solodkin brought together local volunteers to provide Thanksgiving meals to those in need. Numerous volunteers and community members came together to contribute their time and efforts. The Jacobson Family Food Pantry

served as the distribution center for the Thanksgiving meals, which were thoughtfully packed in beautifully decorated boxes alongside handmade cards. These combined efforts showcased the spirit of unity and compassion that exists within our community.

The impact of Woodfield Feeds the Hungry extended beyond just providing meals. Through our collective efforts, \$30,000 was raised, and hundreds of pounds

of fresh food and produce were donated. These contributions undoubtedly made a difference in the lives of those struggling with food insecurity during the holiday season. In expressing gratitude, we acknowledge the selflessness of the Woodfield families who stepped up to make this event a grand success. The event served as a reminder that when individuals come together with a common goal, they can make a real and meaningful difference in the lives of others.



Seniors Had A (Matzoh) Ball at The Rales JFS

PASSOVER MODEL SEDER

On Thursday, March 30th, Rales JFS held a Model Seder at B'nai Torah Congregation with over 200 people in attendance! To kick off the event, Debbie Rales sang a beautiful rendition of Hatikvah and the National Anthem. Rabbi Greg Weisman and Illana Dwek led the Seder along with students from FAU Hillel. Preschoolers from B'nai Torah Congregation delighted the audience with Passover songs, including "Dayenu".

If you'd like to volunteer to assist at our upcoming 2023 Seder, contact kime@ralesjfs.org.

In the top left, Jonah (Z"l), pictured with VP of Senior Services Alice Tennis, celebrated his 100th birthday with us! We could not have asked for a better Seder!

JFS & Hands On Tzedakah (HOT)

Senior Assistance Program Partner to Help Our Community

Rales JFS was made aware of an 81-year-old survivor from the former Soviet Union. Eligible for only a one-time payment instead of a pension, he was left with only Social Security as his main source of income. Unfortunately, like many survivors, his Social Security payment fell below the average retirement amount. This financial strain made it difficult to afford even the most essential expenses, including a new air conditioning (A/C) system in his Century Village condo. However, the burden of the cost proved overwhelming, threatening to disrupt his comfort and well-being in the South Florida heat.

Recognizing the client's needs, Hands on Tzedakah provided help and the client was finally able to get the much-needed A/C unit. The client was overwhelmed with gratitude, expressing heartfelt thanks for the help he received. This assistance not only addressed his immediate need for a new A/C system, but also renewed his spirit, reminding him that he is not alone.

This story is a testament to the profound impact that even a single act of kindness can have on someone's life. Rales JFS continues to help survivors, ensuring that their years are filled with dignity, comfort, and a sense of belonging.



Food Pantry at JFS Expands Service with Florida Blue Foundation Grant

Since 1996, the Jacobson Family Food Pantry at Rales JFS has been working to alleviate hunger in Boca Raton and Delray Beach. Following the pandemic, the skyrocketing cost of food, housing and other essentials has placed an even bigger burden on low-income residents, as well as caused a major increase in food insecurity throughout the community. Fortunately, Rales JFS received a generous three-year grant for over \$325,000 from the Florida Blue Foundation which will increase the agency's capacity to address rising food insecurity in our community. Through the grant, the Jacobson Family Food Pantry is able to feed more people and provide them with additional food. The grant also made it possible to add a second delivery driver as well as enabled better utilization of the Pantry space for storage and staff.

The number of households receiving groceries every other week has increased exponentially, to more than 670 households, including more locations and an increasing number of families with children. Last year, the Pantry distributed over 205,000 pounds of food, a number that is sure to increase significantly this year. Biweekly, each household

receives non-perishable groceries, fresh fruits and vegetables, bread and a paper product. Now, with commercial coolers on the trucks and more capacity, the delivery clients can also receive chicken and dairy products that had previously been available only for clients who were able to come in and "shop" at the Pantry.

"When we improve access and affordability of healthy foods, we help mitigate associated costly issues that can be detrimental to health, development and well-being," said Susan Towler, executive director of the Florida Blue Foundation. "That is why we joined forces with Ruth & Norman Rales Jewish Family Services on this important program that will make nutritious food available to more Floridians."

In addition, as a result of this additional funding, Rales JFS has started nutritional education and programming with Celebrity Chef Alan Bergman. Celebrity Chef Alan's cooking demonstrations held at the Weisman Delray Community Center proved a resounding success, drawing a crowd of enthusiastic participants to each session. The Chef's interactive demonstrations offered a wonderful opportunity for attendees to learn new recipes

using ingredients sourced from the food pantry.

Beyond mastering culinary skills, participants gained valuable insight into the nutritional value of pantry items. Undoubtedly, the highlight of the event were the delectable tastings. The feedback from the participants was overwhelmingly positive, with everyone surveyed expressing their enjoyment, appreciation for the learning experience, and keen interest in participating in future cooking demonstrations. Chef Alan's professional demos not only imparted practical cooking knowledge, but cultivated a strong sense of community and culinary exploration among the participants as well.



JFS Volunteers Delivered Hurricane Supplies to Hundreds of Clients in Boca Raton & Delray Beach

In order to help their neighbors prepare for the 2023 hurricane season, volunteers delivered the nearly 950 bags of hurricane supplies that were packed by our dedicated volunteers. President and CEO, Danielle Hartman said, "In addition to preparing and delivering these emergency supplies to our clients before a hurricane, Rales JFS, has kicked off our Storm Alert Team, and we encourage seniors living alone in Boca Raton, Delray Beach and Highland Beach to register with Rales JFS now, before any major

weather event, so someone can check on them when needed. Although Rales JFS is not a first responder agency, we take our responsibility to help our clients and the general community, many of whom live alone with no family to take care of them, very seriously." Hartman continued, "We want every senior in South Palm Beach County to be safe and to have the support they need before and after a crisis." Those wishing to volunteer on the JFS Storm Recovery Team can do so by visiting www.ralesjfs.org/stormvol.

CREATE YOUR OWN FOOD DRIVE!

IT'S SIMPLE AND FUN!

STEP 1:

Who will be the food drive organizer?

This person will be responsible for coordinating all aspects of the food drive to complete it successfully.

STEP 2:

Determine the items you would like to collect.

YEAR-ROUND FOOD PANTRY NEEDS INCLUDE:

- Tuna/Salmon
- Pasta
- Vegetarian Soup
- Peanut Butter
- Tomato Sauce
- Vegetarian Beans
- Jelly
- Rice/Quinoa/Couscous
- Instant Mashed Potatoes
- Canned Fruit
- Canned Vegetables
- Cereal/oatmeal

STEP 3:

Decide where and when your food drive will take place.

STEP 4:

Register for your food drive and receive a JFS Food Drive Kit to help you get started.

STEP 5:

Collect, Collect, Collect!

Contact: Julie Weisberg, Vice President of the Jacobson Family Food Pantry and Food Pantry Outreach
561.852.3333 or JulieW@ralesjfs.org



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JFS Goes Green for Mental Health Awareness Month

In recognition of May being Mental Health Awareness Month, JFS and our Behavioral Health Services hosted a “Get Your Green On,” event on Thursday, May 18th. This campus-wide event served to raise awareness and reduce the stigma surrounding mental health and trauma. The fun-filled plans included all ages served by JFS Behavioral Health Services, from adults to adolescents to children. The festivities

included turning the campus fountains green, green decorations, green refreshments, mental health education, games, prizes and fun selfie opportunities. We also took our “Get Your Green On” event to Sinai Residences, where our JFS Behavioral Health clinicians have an office to provide convenient onsite counseling and psychiatric services to the seniors who reside there.

Ruth & Norman Rales Jewish Family Services and FAU Forge Innovative Partnership in Mental Health Care

Ruth & Norman Rales Jewish Family Services has joined forces with Florida Atlantic University's Schmidt School of Medicine to expand our Behavioral Health Services. This unique collaboration brings together the expertise of seasoned professionals and psychiatry residents to enhance behavioral health care in the community.

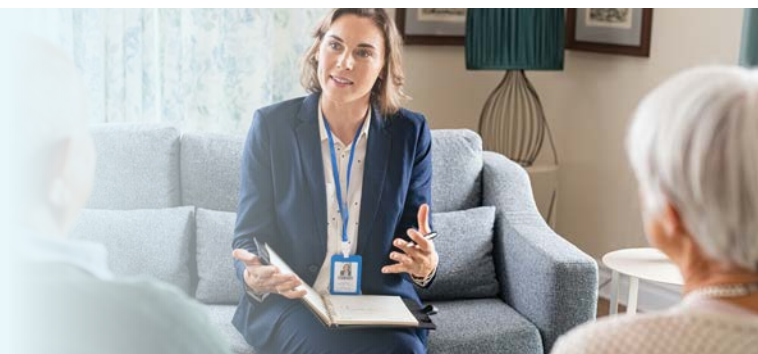
The partnership began in 2020 and has already witnessed growth, with the introduction of new leadership and an expanded level of community access to services. Dr. Gavin Rose, a highly accomplished psychiatrist with 40 years of extensive education and experience, has taken the reins as the new director of the program.

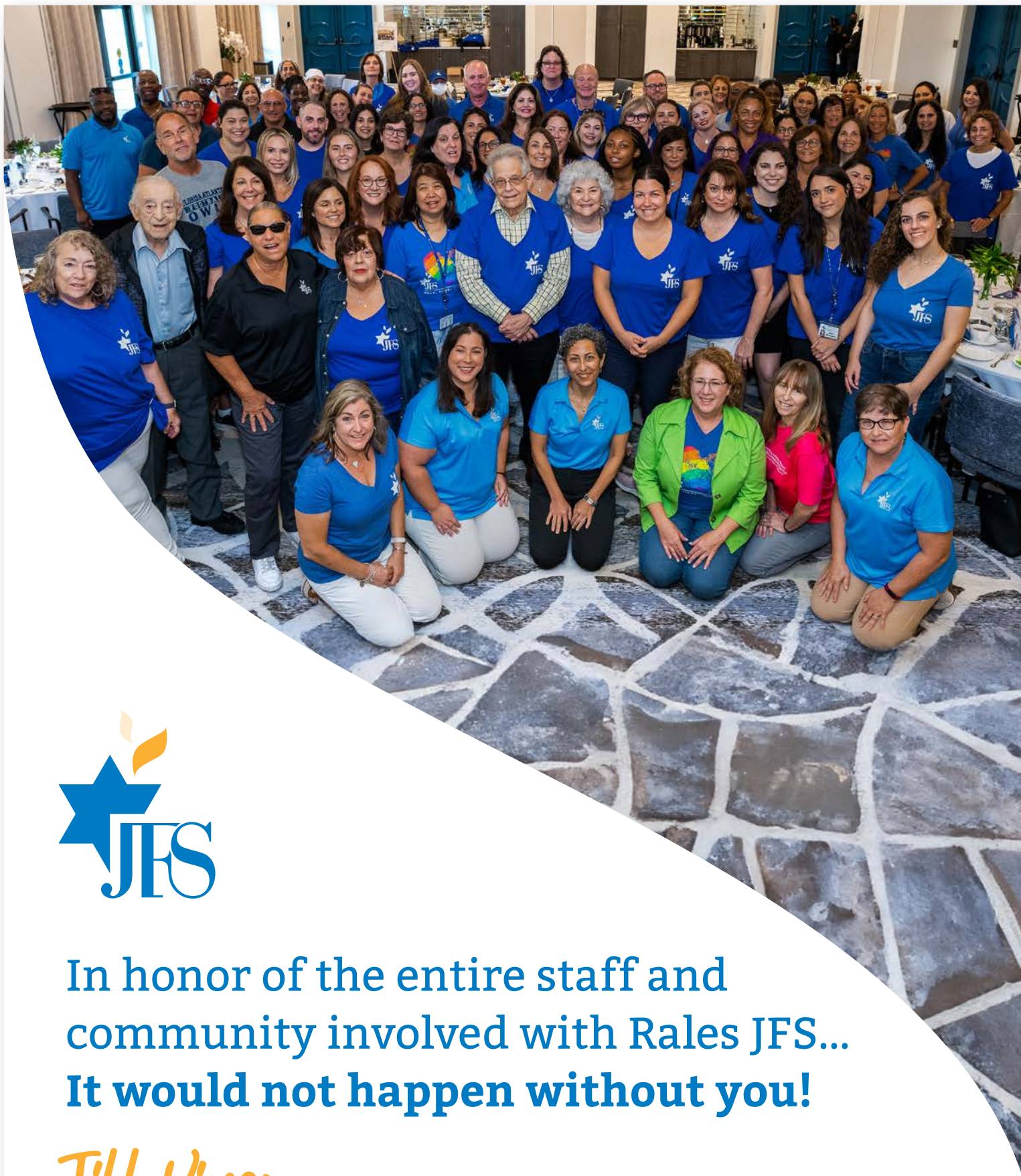
JFS is one of the few non-profits serving Palm Beach County that offers fees on a sliding scale, enabling those with and without insurance much needed access to affordable and high-quality behavioral health services. Rales JFS employs four third-year psychiatry residents from FAU annually. The residents contribute to the holistic treatment approach at Rales JFS, enriching their educational experience as they work under the mentorship of established professionals.

This partnership has expanded services to pediatric and geriatric psychiatry. Since July 2020, JFS has been providing specialized care for children, adolescents, and the elderly, catering to the

unique behavioral health needs of varying age groups. Clients seeking psychiatry services at JFS are presented with the option to collaborate with a resident, a testament to the organization's commitment to innovation and education.

This collaboration between Ruth & Norman Rales Jewish Family Services and FAU was nominated for the prestigious 2023 Hats Off Nonprofit Community Collaborators Award, standing as a shining example of how innovative partnerships can reshape and enhance behavioral health care delivery, benefiting both patients and the future of behavioral health professionals.





In honor of the entire staff and
community involved with Rales JFS...
It would not happen without you!

Jill Viner

Celebrating Pride

On March 28, 2023, the Rales JFS team participated in Palm Beach Pride in Lake Worth, celebrating the LGBTQ+ Community, equality, and respect! Our team shared information about JFS' excellent services and programs; we are so happy to have been a part of it!

As an ally, we advocate for inclusion, and our Behavioral Health Services provide the LGBTQ+ community a safe space!

For more information on the services we provide to the LGBTQ+ Community, call us at (561) 852-3333, or email info@ralesjfs.org



LGBTQ+ Community Outreach Program



Through a dedicated Community Outreach Coordinator, JFS assists the LGBTQ+ Community and their families by providing:

- Gender Affirming Mental Health Care, including individual counseling, support groups, and psychiatric services, with clinical staff sensitive to LGBTQ+ clients
- Teen LGBTQ+ Social Support Group (in collaboration with the Faulk Center)
- LGBTQ+ Resources and Referral Service with Gender-Affirming Community Partners
- Participation in LGBTQ+ Community Events
- Ongoing LGBTQ+ staff training

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Wish of a Lifetime

Ida's Wish of a Lifetime Story began in 1935 in Ukraine, during a time of uncertainty and political upheaval. Her family faced adversity during World War II, evacuating their home and enduring the darkest moments of the Holocaust. The loss of loved ones and friends marked their journey, but they eventually found refuge in the United States, with Ida's sister Betty settling in Israel. Despite the challenges, Ida remained resilient, cherishing memories of hope and beauty from her past.

Now at the age of 88, Ida is a proud survivor of the Holocaust and a devoted caregiver to her husband. A heartfelt wish to reunite with her sister Betty after two decades led Wish of a Lifetime to intervene. With their help, Ida's dream came true as they arranged a journey to

Haifa, Israel, where Betty resides. The reunion was emotional and heartwarming, providing Ida with a sense of closure and immense happiness.

During her visit to Haifa, Ida also had the chance to meet a long-lost cousin she hadn't seen in over four decades. The trip allowed her to focus on herself after years of caregiving and find solace in the company of loved ones. For Ida, the reunion carried profound meaning, assuring her that her sister was safe and content.

Despite the weight of tragedy and loss in her past, Ida's story demonstrates the strength of the human spirit and the power of love. The journey to reunite with Betty became a beacon of light in her life, providing hope for the future as she continues on her remarkable journey.



Caregiver Resources and Respite Program

Ruth and Norman Rales Jewish Family Services has offered caregiver support since 2014. Jackie, an 83-year-old woman, joined recently when she struggled to care for her Alzheimer's-afflicted husband. Despite her efforts, her husband's challenging behaviors made it hard for her to provide the best care for him. Overwhelmed emotionally and physically, Jackie turned to JFS after community friends recommended their caregiver services. Becoming part of the group, she found solace in shared experiences, learned about available resources, and embraced the importance of self-care. With the group's support, Jackie made the difficult decision to place her husband in a memory care facility. Although guilt weighed on her, she visited him daily, draining herself. The support group guided her toward seeking both JFS counseling and individual therapy to establish healthier boundaries. Jackie engaged in individual counseling, equipping herself with self-care knowledge. She continued to participate in the group, sharing, receiving advice, and finding encouragement. Both Jackie and her husband are grateful to JFS for aiding them in achieving a more peaceful and healthy life.



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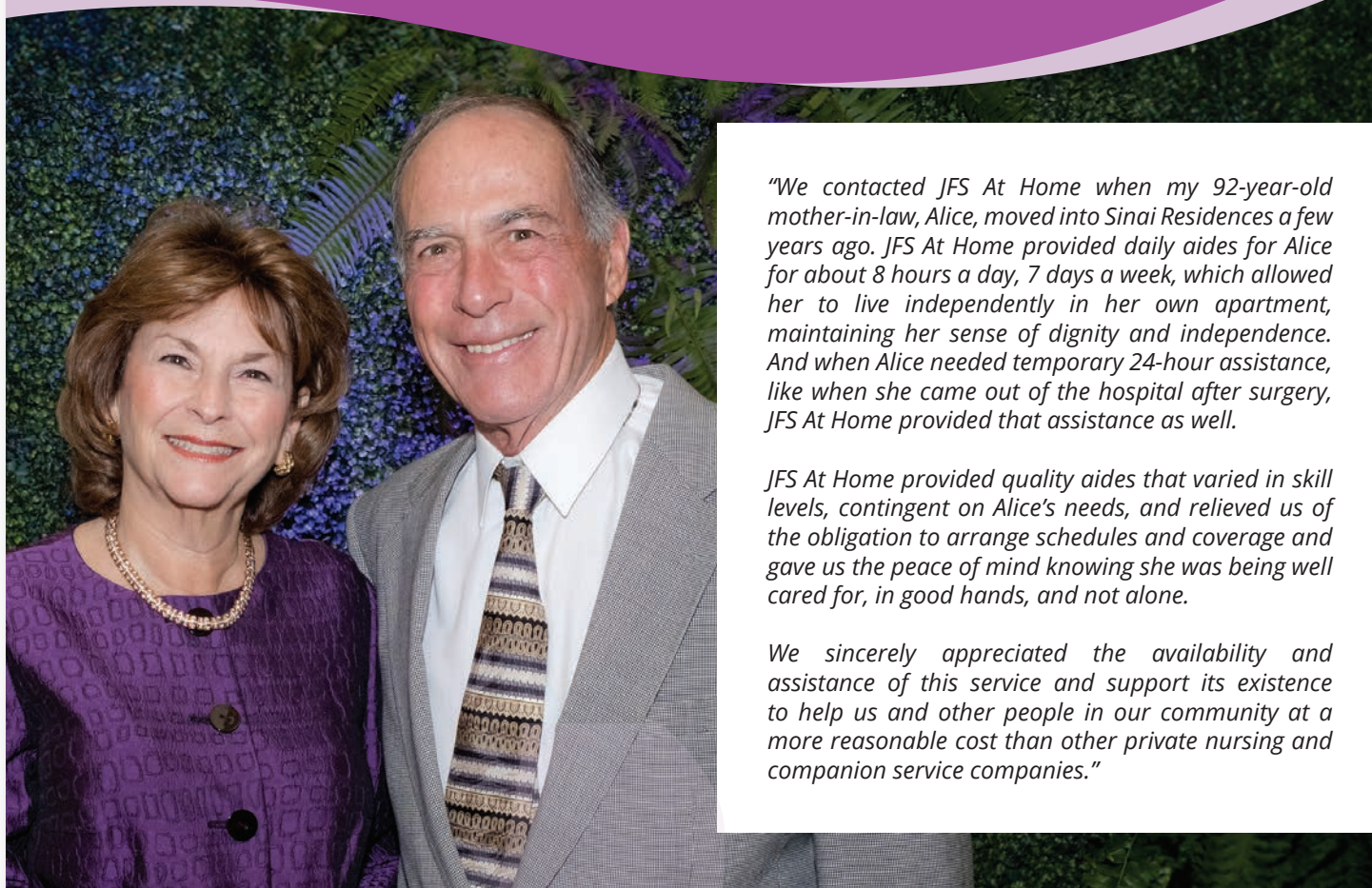
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When Vic and Vicki Weinstein needed homecare for their mom, their first call was to JFS at Home.



"We contacted JFS At Home when my 92-year-old mother-in-law, Alice, moved into Sinai Residences a few years ago. JFS At Home provided daily aides for Alice for about 8 hours a day, 7 days a week, which allowed her to live independently in her own apartment, maintaining her sense of dignity and independence. And when Alice needed temporary 24-hour assistance, like when she came out of the hospital after surgery, JFS At Home provided that assistance as well.

JFS At Home provided quality aides that varied in skill levels, contingent on Alice's needs, and relieved us of the obligation to arrange schedules and coverage and gave us the peace of mind knowing she was being well cared for, in good hands, and not alone.

We sincerely appreciated the availability and assistance of this service and support its existence to help us and other people in our community at a more reasonable cost than other private nursing and companion service companies."



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Shirley & Barton Weisman

Delray Community Center

Keeping Connected

Over twelve years ago, the Shirley & Barton Weisman Delray Community Center opened its doors with the neighborhood wondering what this beautiful space was about. As the program grew, it became apparent that the most-attended classes were the discussion groups where people could connect on all levels.

“Real Talk for Women” started during the Covid closure as a way for woman to bond and talk about their feelings of loneliness and isolation during that time. Facilitated by Regina Packer,

Feldman Family Coordinator at the Center, it has become a valued time for all. Topics include generational differences, sibling relationships and parenting issues. In-depth conversations ensue, which help people share about their lives in a way they never have before. Vocalizing their story and their feelings is cathartic.

Informative subjects arise as well. Women in the group share their experiences and personal knowledge on medical conditions such as macular degeneration,

heart health and breast cancer. The benefits of behavioral health and the firsthand accounts help break the stigma of attending therapy or support groups.

There is a “hot seat” at the front of the room for anyone who wants to start a topic and engage the group. The women, all seniors, share an understanding of this period in their lives. They can relate in so many ways and they know that their truths stay in the room creating a safe space for all.

Forming Friendships

Men like to get together too and join in on the bonding time. According to a study at the University of California, Berkeley, male friendships help men cope with stress and handle stressful situations better. Robert Littman, volunteer facilitator, started coming to the Weisman Center years ago with his father to keep him active. Herb was a kind,

people person with a million-dollar smile, and he passed those traits down to his son.

Family is a main topic in the Men’s Club, and they truly appreciate having family in their lives that care about their well-being. Conversations about unconditional love take place often as each person values how that makes them feel

safe. Of course, nostalgia about good times, sports and prior memorable outings abound. Rob facilitates this by allowing each attendee the opportunity to have the microphone and share. For Rob, these men with compassion and warmth remind him of his dad and he never forgets to remind them how much they are treasured as well.



Summer Jam | 2023

On June 13th, the Shirley & Barton Weisman Delray Community Center held an Annual Summer Jam event for seniors to enjoy lunch, entertainment, and dancing in celebration of the start of summer.

The participants had a spectacular time, thanks to everyone who made this event possible!

If you or a loved one, age 65 or older, would like to visit the Shirley & Barton Weisman Delray Community Center to check out all our clubs, activities, outings, interactive discussion groups, support groups, counseling offices, and more, call (561) 558-2100.

Bottom Image: (L to R) Beth Levine, COO; Danielle Hartman, CEO; Larry & Diane Feldman, our dedicated supporters!

Tribute Bricks



Ruth & Norman Rales
Jewish Family Services



Shirley & Barton Weisman
Delray Community Center
Walkway Tribute Bricks

We are pleased to offer you an opportunity to honor a loved one, remember a special occasion or show your support for the agency with a personalized message on a tribute brick. Brick are available for \$180 each.
Help pave the walkway to the Community Center.

Please contact Cindy Orbach Nimhauser, JD, Chief Development Officer, Senior VP 561.852.3379 or CindyN@ralesjfs.org for more information

Dr. Andrea Corn, Psy.D.



BOCA RATON PSYCHOLOGIST

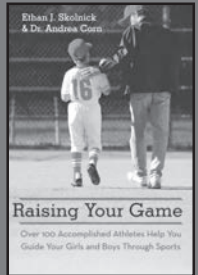
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Dr. Andrea Corn ("Dr. Andrea") is a licensed clinical psychologist who has spent over 26 years assisting children, adolescents and adults on a wide range of psychological issues. **Dr. Andrea** has appeared in the media discussing various mental, emotional and behavioral health issues. With Ethan J. Skolnick, Dr. Andrea co-authored the highly acclaimed youth sport/parenting book, *Raising Your Game—Over 100 Accomplished Athletes Help you Guide your Girls and Boys Through Sports*.



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Rooms are available to rent, weekdays and weekends at the Weisman Center.

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Please contact Risa Demato, VP of the Weisman Center 561.558.2100 or RisaD@ralesjfs.org for more information.

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Forbes' Best-in-State Women Wealth Advisors, February 2, 2023, based on the 12-month period ending September 30 of the year prior to publication, and *Forbes'* Best-in-State Wealth Advisors, April 4, 2023, based on the 12-month period ending June 30 of the year prior to publication. Rankings are based on the opinions of SHOOK Research, LLC and selected from a pool of nominations as indicated in the methodology. *Forbes* is a registered trademark of Forbes, Inc. All rights reserved. *AdvisorHub's* Advisors to Watch, June 20, 2023, based on the 12-month period ending December 31 of the year prior to publication, are selected from a pool of nominations as indicated in the methodology. Neither SHOOK Research, *Forbes*, nor *AdvisorHub* receive compensation from the advisors or their firms in exchange for placement on a ranking. The rankings may not be representative of any one client's experience and are not indicative of the financial advisor's future performance. Investment performance is not a criterion for selection. For more information on the selection methodology, see www.stifel.info/award-disclosures.

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Cooperman Center is thriving as we reach the One-Year Milestone

Since opening our doors at the end of May 2022, the Cooperman Center has serviced over 175 children, providing OT, PT, Speech and ABA therapies and therapeutic groups. We have expanded our services to assist clients at the center, as well as in eight different schools both on and off the Jewish Federation campus. The Center continues to provide bus transportation for students attending Katz Hillel Day School.

Our Sunday social skills groups have grown, as we are now offering two groups for ages 3's and 4's, led by a licensed speech language pathologist, as well as groups for age 5 and up, led by behavior therapists. We have offered afterschool sensory-movement and fine motor enrichments to students attending Donna Klein Jewish Academy, as well as early morning fine motor and sensory

enrichments for students attending Levis JCC Zale Preschool.

The Cooperman Center has been able to streamline accessing psychological and psychoeducational testing for students in partnering schools, as well as current clients, working with families to access the recommended services at a reduced fee rate. We have offered free OT and speech screenings to the community, as well as professional development training to three community partners, free of charge.

Collaborating with Disability Inclusion Services, we continue to offer parent support groups, a grandparent group, and SibShops sibling support group for families, free of charge.



"Aliyah,

I wanted to send, yet another email 😊, to let you know how thankful I am to have found the Cooperman Center. Everyone has been so nice, and has gone above and beyond with Mason and myself. I also just want you to know how wonderful and amazingly comprehensive the staff has been. I'm so impressed by how thorough everyone is, and how helpful the such detailed "Plan of Care" is to me. That alone has helped me understand where his delays are, and what I can do to help him. I appreciate you and your whole staff. Many thanks to you all!"

-Rachel





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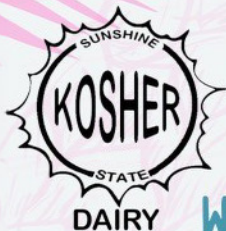
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JFS Outreach Department Brings Vital Programs and Services to the Community

The JFS Community Outreach Program serves all residents in Boca Raton, Delray Beach and Highland Beach. By working with community partners, including synagogues, day schools, and other organizations, Outreach team members are social workers who bring all JFS programs and services into the community to help families gain access to the available supports as easily and efficiently as possible.

Recently, a rabbi from a local partner synagogue reached out to the JFS Outreach Department, sharing concerning information about a Boca family in need. The wife had urgently contacted the rabbi, revealing that her husband had experienced a severe medical crisis. Shockingly, it was uncovered that he had been concealing all details regarding the family's financial situation, including expenses and income, from his wife. This resulted in a dire situation where he had depleted all their resources, leaving bills unpaid for several months. The repercussions were significant; one of their older children had to discontinue the semester

at school due to unpaid tuition, despite the father's assurances to the contrary. The husband's last communication to his wife, before being hospitalized and involving the police, was an urgent plea for her to safeguard their cars from repossession.

Responding swiftly, the rabbi sought financial assistance and the involvement of a skilled social worker from the Outreach Department to help navigate the complex challenges thrust upon the wife. Upon direct conversation with the wife, the outreach director learned that the family consisted of four children, the youngest being just 11 years old and still living at home. Addressing immediate concerns, arrangements were made to settle outstanding water and electricity bills, providing the family with a lifeline. In a coordinated effort with the Food Pantry, the family received essential groceries, alongside enrollment in ongoing support services.

Understanding the pressing need for employment, both for the

mother and the older children, the outreach director facilitated a referral to CES for job opportunities, while also extending access to counseling through the Behavioral Health Department. To alleviate the family's daily needs, Walmart gift cards were provided, offering practical assistance. Remarkably, a recent achievement involved securing a JFS scholarship for their youngest daughter, granting her the opportunity to attend summer camp.

Throughout this challenging period, the Outreach Department not only offered vital immediate aid but also connected the family with external agencies for specialized support within the community. Additionally, they guided the wife towards exploring potential resources available through her husband's service in the US Military. Presently, this client maintains regular communication with the director of outreach, as the family endeavors to forge a new path forward amidst these circumstances.

CONTACT: Danielle Greenblatt | DanielleG@ralesjfs.org | (561) 852-3151

Domestic Abuse Education & Action



The Rales Jewish Family Services Domestic Abuse Education & Action Program helps create a centralized place for victims to get the support they need to break the pattern of abuse and begin the journey to recovery.

Anna, a devout Orthodox woman with 5 young children under 12 years of age, suffered in silence for years. Her husband refused to provide for his family and did not allow her to work either. When Anna contacted JFS, she was desperate for help. Anna was a victim of emotional, mental, and spiritual abuse. She reached out to her community for support but was directed back to her husband to work things out. When things escalated to violence, Anna made the extremely hard decision to leave her husband for her own safety and the safety of her children and temporarily live with family.

Anna was referred to our Domestic Abuse Program where she received safety planning, as well as education, to help her understand the emotional and mental

trauma she was experiencing. Anna was also provided referrals for community resources for legal services as well as a referral to ORCA to assist in her obtaining a GET (Jewish Divorce) as this was very important to her.

Anna was also referred to The Jacobson Family Food Pantry and is receiving much needed food for herself and her children. She is also participating in the JFS Fresh Start program in the Career & Employment Services department where she is currently working with a career strategist to help her gain the confidence and skills that she will need to sustain herself. Anna was also able to reach out to the JFS summer camp scholarship program for her older children, which allows her more time and freedom to work on the skills she needs to enter the workplace.

Anna has a long road ahead of her; however, she and her children are safe, and she can now see a brighter future for them all.

Career & Employment Services Provides Tools for the Ever-Changing Job Market



Family & Children's Services

The 2023 job market is challenging. You need to be motivated, intentional, and strategic in your efforts to find a new job. No longer are the days when you can hit the pavement, print your resume and go door to door for the chance to share your elevator pitch with the potential hiring manager. Due to advances and technology and economic reform due to the pandemic, the job market looks very different than how it looked in 2020.

We are now living in a very technologically advanced job market. Most businesses conveniently post their open positions online. Now people can easily use their computers, laptops, tablets, and mobile phones to apply for hundreds of jobs daily. In addition, many jobs are now hybrid or virtual.

This year the Career and Employment Services Department has focused on providing training, resources, and support to help job seekers obtain their next job. We have purchased laptops and offer computer classes weekly. Additionally, we offer workshops on-site and virtually to meet the needs of our clients. We provide group training and one-on-one coaching on topics such as job search, resume writing, interview skills, LinkedIn profiles, career assessments, and more. We have created new workshops to address the current trends such as Tips to Avoid Ageism, How to Fight Stress During Unemployment and How to Network from Home. The Career and Employment Services Department is focused on providing updated resources to help job seekers find new employment and excel in their job market.

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Please Give the Gift of Time

Volunteer Opportunities

JFS volunteers enable us to reach out into the community in ways that we never could with staff alone. The skill set, passion, and expertise of our volunteers make our programs extraordinary.

- JFS offers volunteer opportunities on weekdays, weekends, evenings, and holidays to accommodate all types of schedules.
- Our volunteers are comprised of snowbirds, snowflakes, teens, families, families with special needs, working professionals, and retirees.
- Rales JFS volunteer programs service the community in many different ways, including Behavioral Health Services, Family and Children's Services, Food and Financial Assistance, and Senior Services.

ADELE LOEB & LES NACKMAN MEALS ON WHEELS 🧑🧑🧑🌞

Volunteer drivers deliver prepared kosher meals every Friday morning to individuals who no longer cook. Designated routes are in the Boca Raton/Delray areas.

ADMINISTRATIVE & CLERICAL SUPPORT 🧑🧑🌞

Volunteers assist with filing, phone calls, and data entry as needed by the Volunteer Department or other JFS staff.

CAREER & EMPLOYMENT SERVICES 🧑🧑🌞

Volunteers assist clients with mock interviews and mentoring. There are also opportunities to facilitate job readiness workshops.

CHORE CORPS (ADULT & TEEN) 🧑🧑🌞🚫🚫

Volunteers are matched with JFS clients to perform minor household maintenance needs such as organizing a spice rack, changing light bulbs, decluttering, etc.



COMMUNITY MENTORING PROGRAM 🧑🧑🌞🚫🚫🚗

Volunteer mentors are matched with a child 6-18 years who is in need of a role model and friend and would benefit from a long-term, stable relationship with a non-parental adult. Our mentors and mentees meet regularly for a minimum of 4 hours each month and make a one-year commitment to the program.

HOLIDAY GREETING CARDS 🧑🧑🌞🌙🌸

Enhance the experience of the holidays by creating colorful cards for Rosh Hashanah, Thanksgiving, Chanukah, Passover, or even birthdays or other special occasions to be inserted into the grocery bags delivered to our food pantry clients. Write encouraging letters to seniors to uplift them and decrease feelings of isolation and depression.



COUNSELING SUPPORT GROUPS 🧑🧑🌞🌙🌸

Volunteers with a master's degree in any mental health field can help to co-facilitate support groups with a JFS staff person in the community. The volunteer works with the outreach coordinator assigned to that location, working together to plan and lead the group.

DOMESTIC ABUSE EDUCATION AND ACTION PROGRAM 🧑🧑🌞

Volunteers provide assistance to facilitate the support and compassion needed for those who are victims of all kinds of abuse. The TARA program (Teens Against Relationship Abuse) enables volunteers to learn how to identify the signs of abuse and how to protect themselves and others.

FELDMAN FAMILY DIAMOND ADVENTURE CLUBS 🧑🧑🌞

Volunteers meet every Monday morning at the Weisman Center in Delray Beach. This is a social group where volunteers assist by checking in guests, leading discussions on current events, setting up, and serving coffee and snacks. Volunteers also assist with outside group bus excursions.

FRIENDLY VISITOR

Volunteers "visit" an isolated senior in their home or assisted living facility for at least four hours a month for socialization and conversation. Volunteers and their clients determine the schedule and frequency of the visits.

HOLIDAY MEAL DELIVERIES

Volunteers deliver 3-5 holiday meal packages to households in the Boca/Delray area. These deliveries typically occur on Sunday mornings and last approximately two hours.

JACOBSON FAMILY FOOD PANTRY

Volunteers assist in the pantry, located in Delray Beach, restocking shelves and preparing food bags for home delivery. Volunteers deliver pre-bagged food packages every other Thursday morning to residents of Century Village in Boca Raton, and to the Gould and Weinberg residents on the campus of the Jewish Federation in West Boca Raton. Volunteers can also organize a community toiletry drive or food drive for the pantry.

KIBBITZ AND RIDE

Volunteers drive an individual in need of transportation to a variety of locations such as medical appointments, grocery shopping or other errands in the Boca/Delray areas. Trips are booked in advance and drivers are scheduled as available. Mileage reimbursement is provided to volunteers.

RUSSIAN CLUB

Russian-speaking volunteers assist the program director in locating new Holocaust survivors for the program and help organize and run this social club.

SHIRLEY & BARTON WEISMAN DELRAY COMMUNITY CENTER

Volunteers enhance the experience for members at the Center by teaching a class, helping with special events and programs, and assisting in the Blume Café or at the front desk reception area. Days and times are flexible. No weekends are required.

SHOP & SHARE

Volunteers grocery shop for clients who are no longer willing or able to shop for themselves. Volunteers receive the grocery list from the client over the phone in advance. They are reimbursed for items purchased by personal check upon delivery, where they help put the groceries away and spend time socializing. Volunteers and their clients determine the schedule and frequency of the trips. We recommend 2 shopping trips per month.

TECHNOLOGY SOS (ADULT & TEEN) SUPPORTING OUR SENIORS

Volunteers assist seniors who are not comfortable with technology, helping them use their cell phones, tablets or computers in their homes. Volunteers and their clients determine the schedule and frequency of the visits as needed. Russian-speaking volunteers needed to help with Russian-speaking clients.

TELEPHONE REASSURANCE



Volunteer as a special phone friend to homebound seniors by making calls 2-3 times a week. Call times and frequency can be determined between the volunteer and the client.

VOLUNTEER WITH CHILDREN WHO HAVE SPECIAL NEEDS

Volunteers assist our staff in providing extraordinary care to children with special needs. Volunteers will engage with special needs children alongside a JFS Therapist in a group setting to help these children realize their maximum development both educationally and personally. Groups consist of social skills training, music, school readiness, fine motor skills development, and many more.

JFS Special Event Volunteers

JFS hosts several in-person events to celebrate our local seniors and combat experience of loneliness among this population.

These include but are not limited to:

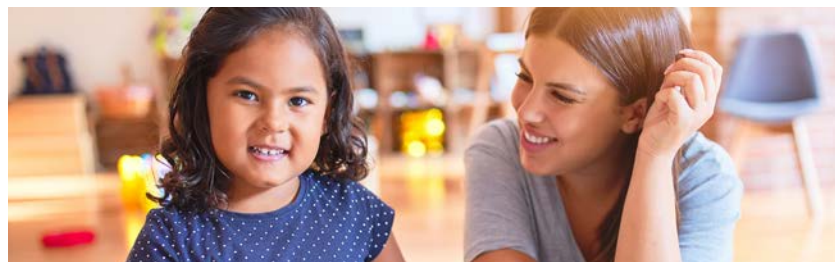
1. **Cafe Europa:** Local Holocaust survivors are invited to enjoy a luncheon to reconnect and celebrate (generally takes place during the week in Boca Raton)
2. **Nosh and Nachas:** Local Holocaust survivors are invited to enjoy a luncheon to reconnect and celebrate (generally takes place during the week in Delray Beach)
3. **Passover Seder:** A mock Seder and luncheon is provided to local seniors approximately 1 week prior to the actual holiday
4. **Thanksgiving Banquet:** Hundreds of local seniors in the community are invited to enjoy a Thanksgiving meal together in a festive environment. Volunteers who would like to participate will be asked to escort seniors from their bus/vehicle into the event venue, help to serve and pack up leftovers of food served, provide general assistance and aid in the festiveness of the event.

JFS Caregiver Respite Volunteers

Volunteers provide caregivers with an opportunity for respite in their home to offer support for those caring for an individual with Alzheimer's/dementia. Volunteers and their clients determine the schedule and frequency of the visits.

JFS Community Outreach Volunteers

Volunteers help JFS connect and check in with the community members. Volunteers may conduct client satisfaction surveys, provide storm response during hurricane season, act as community ambassadors, and respond to other community needs that may arise.



Level II background
check required



Day



Evening



Motor vehicle
check required



Weekend



Individual



Teen (Community
Service Hours
Provided)



Family



Groups

For more information or to fill out a volunteer application, visit www.ralejfs.org/volunteer or contact Kim Edelberg, Co-Director, Belford Volunteer Department, KimE@ralejfs.org | (561) 852-3178

Volunteer Appreciation Luncheon

This year's Volunteer Appreciation Luncheon was held at B'nai Torah Congregation on Thursday, April 27th, 2023. Debbie Belford, JFS Honorary Board Member who, along with her husband, Howard, are the naming Benefactors of the Volunteer Department, opened the event by acknowledging and recognizing the critical role of volunteers in making Ruth & Norman Rales Jewish Family Services what it is today. During the luncheon, a volunteer from each JFS program was highlighted. Gifts and prizes were given to volunteers who have been with us for a long

time, volunteers in multiple opportunities, and served the most hours. All volunteers who attended received the gift of a water bottle, which went along with the theme of the event, "It's so REFRESHING to have volunteers like you!" It was an honor spending the afternoon with our amazing volunteers who enable our agency to flourish because of their dedication, commitment and willingness to be counted on. It is because of their helping hands that we can offer such a diversity of programs and services and make such an impactful difference in our community.



Volunteer Spotlight



Meet Carmine Alfonso Tuosto. Carmine has been a volunteer with JFS for a year. Originally from Livingston, New Jersey, he has been in South Florida for three years now.

Carmine is always willing to lend a helping hand at JFS. He began volunteering at

our first return to in-person Thanksgiving event last November of 2022. He has since delivered holiday gifts to children in our Community Mentoring Program and conducts client satisfaction surveys for our Meals on Wheels and Food Pantry clients. At sixteen years old and a student of North Broward Preparatory School, Carmine is a true example of how volunteers

of all ages can give back and make a difference in the lives of those in need in our community.

When asked to volunteer, Carmine replied, "I want to give my time and abilities to help others. I want to meet new people that I wouldn't meet during normal circumstances. I feel like when I volunteer, I gain knowledge and understanding about people, the way they live and how I can continue to help." He further shared, "My family is of Sephardic ancestry. I wanted to be a part of an organization that not only helps Jews in the area but supports people of all ages, beliefs and backgrounds."

We are so grateful to have Carmine participate in the Belford Family Volunteer Services Department. If you or someone you know want information on volunteering opportunities, please call (561) 852-3333.



Letter from Cindy Orbach Nimhauser

Chief Development Officer, Senior Vice President

As I write this article, we are experiencing an epic heat wave. It makes one very grateful for Dr. John Gorrie, the inventor of the air conditioner (which is probably why his statue is in the U.S. Capitol Rotunda-representing Florida).

I am also grateful for something else.

I am grateful that, thanks to donors like you, we have funds available to repair and/or replace air conditioners for several of our clients this summer. Without your continuing generosity, this could not have been accomplished.

This past Season, we celebrated the Sandler Family's generosity and FAU and Dr. John Kelly at our Annual Gala (pages 32 & 33), heard from Andie McDowell, our speaker at the Reflections of Hope Luncheon (pages 34 & 35), and had a picture perfect day of golf at St. Andrew's Country Club (page 36). All of these events helped JFS raise much-needed funds for our community.

This year, our "Not Your Mother's Game Night", an intergenerational event bringing together women in our community for an evening of fun and philanthropy, will be Thursday, October 26, 2023 at St. Andrew's Country Club.

Our Gala, honoring the remarkable Jill Viner with the Rales Humanitarian of the Year Award (page 5), along with the Corporate Leadership Award recipient Century Risk Advisors/Ron Reshefsky (page 6), will be held on Thursday, December 14, 2023 at Broken Sound Country Club. It will be an evening to remember!

On Tuesday, February 13, 2024, we will be at Boca West Country Club for our Annual Reflections of Hope Luncheon. Our guest speaker this year will be Ashley Judd. This always meaningful event raises funds for our Behavioral Health Services counseling department.

Finally, rounding out our Season will be "Great Golf for a Great Cause" on Monday, March 18, 2024 at St. Andrews Country Club. It sells out every year, as it is a fabulous day!

While we are busy planning for next year's events and opportunities to make a difference, we are also cognizant of the fact that this has been a year to be proud of all that has been accomplished with your help.

So...as summer winds down, take a moment and reflect on the immortal words in the Seals and Crofts song "Summer Breeze," "Summer Breeze...makes me feel fine. Blowing through the jasmine in our mind".

Take that moment, enjoy the breeze (even if it is only by standing under an A/C vent) and look forward to a season ahead that promises to be filled with the joy that can only come from being the caring people that you all are!



My Very Best,

Cindy Orbach Nimhauser
Chief Development Officer

So Many *Ways to Give*

Annual Giving

Every contribution helps give hope to the people who need it most. Your annual donation supports the full range of vital programs and services Ruth & Norman Rales Jewish Family Services (JFS) provides to the community.

Memorial and Tribute Gifts

Gain the satisfaction of giving a truly meaningful gift by honoring a special occasion or making a gift in memory of someone with your tax-deductible tribute to JFS.

Legacy Gifts

A legacy commitment is your way to leave financial resources to JFS for the future needs of our community. Legacy commitments will help your family realize their philanthropic vision.

Corporate Sponsorship Programs

Many opportunities exist to become a corporate sponsor in support of the agency. Packages include support of events, departments, newsletters & more.

There Are Many Ways to Include JFS in Your Legacy Planning



Seeing Is Believing

Judi & Craig (z"l) Donoff have seen firsthand how the many JFS programs assist our community from children to seniors; that's why the Donoffs have chosen to convert their Donor Advised Fund into a permanent endowment to ensure the continuity of these programs after their lifetime.



Giving Is A Family Tradition

Illana and Samy Dwek wanted to continue their family's tradition of supporting their local community and always giving to those most in need. That is why the Dweks chose to make a bequest in their will to JFS, ensuring the continuity of our programs after their lifetime.



How Blessed Are We?

This question is frequently posed by Diane & Larry Feldman when surrounded by the seniors they support through the Feldman Family Diamond & Adventure Clubs. That is why the Feldmans chose to make a bequest in their will to JFS, ensuring the continuity of their programs after their lifetime.



Making An Impact

Michele and David Katzman are dedicated to helping others. In order to ensure the continuity of their impact after their lifetime, they chose to name JFS as a beneficiary in their IRA.

You can too. Find out how.

Contact Cindy Orbach Nimhauser, JD
Chief Development Officer, Senior Vice President
Call (561) 852-3279 | Email cindyn@ralesjfs.org | Visit ralesjfs.org



CREATE A JEWISH LEGACY

Planning for the Future by Supporting JFS Today!



Imagine creating a lasting testament to the value that you hold most dear. Creating your legacy is not only deeply fulfilling, it also requires far less out-of-pocket funding than you may realize. In fact, legacy gifts come with tax breaks and benefits that make it a smart move for anyone's estate plans. The JFS Visionary Society recognizes individuals who have secured our future through a planned gift commitment of \$100,000 or more. Please join the following donors who have notified us of their plans to include JFS in their estate plans:

Visionary Society

JACK ALEXANDER*
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ANONYMOUS
LAURENCE I. BLAIR
THE ESTATE OF HARRIET BRYER*
JEFFREY & RICHARD BRYER
COURTNEY COHEN
TOBY & LEON COOPERMAN
JANE & ALAN* CORNELL
THE ESTATE OF KAROLA EPSTEIN*
DIANE & LARRY FELDMAN
MIRIAM FRIEND*

MERYL & RON GALLATIN
ANNE & NORMAN JACOBSON
LISA KAUFMAN
BETTY & JON KIMMEL
DEBRA & GERALD KRAMER
APRIL & ROGER LEAVY
ROXANE FRECHIE LIPTON
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FOUNDATION
ALISON & DAVID SCHIMEL

DOROTHY* & SIDNEY* SCHUMAN
BERENICE SHANKERMAN*
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SHANKERMAN
THE ESTATE OF BERNARD
SHERMAN*
THE ESTATE OF ETHEL SNYDER*
SHIRLEY & BARTON* WEISMAN
ILENE & PETER WOHLGEMUTH
JACQUELINE & SIDNEY* WOLGIN

Create a Jewish Legacy

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CINDY & ALAN BERGMAN
LAURENCE I. BLAIR
ETHEL BLITZ
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COURTNEY COHEN
LAUREN A. COHEN
SHIRLEY A. COHEN
TOBY & LEON COOPERMAN
JANE & ALAN* CORNELL

JUDI & CRAIG* DONOFF
ILLANA & SAMY DWEK
KAROLA EPSTEIN*
DALE & ED FILHABER
BARBARA FINKELSTEIN
ALEX FINKLER*
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MERYL & RON GALLATIN
STEPHANIE & ADAM GINSBURG
DANIELLE HARTMAN
SHARON KAMBER
MICHELE & DAVID KATZMAN
LISA KAUFMAN
BETTY & JON KIMMEL
GAIL & KEITH KRONISH
ELYSSA KUPFERBERG
MATTHEW KUTCHER
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RACHELLE LIPMAN
ADELE LOEB & LES NACKMAN
MARVIN MILLER*

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NATALIE PELAVIN
SUSAN & BARRY PODOLSKY
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AMY & RONALD RESHEFSKY
RICHARD RIGGS*
HEIDE & JEFFREY RUTMAN
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CREATE A JEWISH LEGACY

As of 6/30/2023

* Of Blessed Memory

JF presents
A Night At
STUDIO 54
Annual Gala



The Sandler Family, Rales Humanitarian Awardees
Dr. John Kelly, Florida Atlantic University,
Corporate Leadership Honoree (2nd from right)



Anne Jacobson with President & CEO
Danielle N. Hartman



Marilyn & Jay Weinberg with Dr. John Kelly

For event tickets and information, contact jillw@ralesjfs.org



Abbe & Steven Becker



Toby & Leon Cooperman



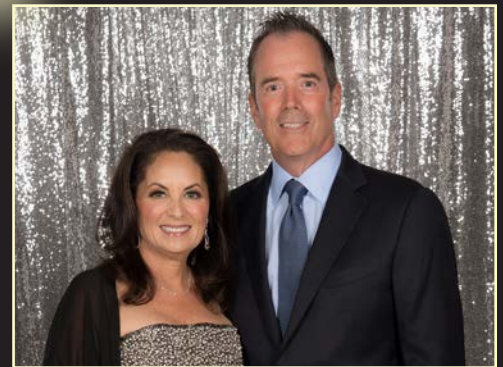
Joyce Fertig & Larry Blair



Meryl & Ron Gallatin



Lori & Gregg Gottsegen



Susan & Charles Emby



Lisa & Stephen Mendelsohn



Sherri Samuels & Thomas Samuels



Marcia Langley, Shirley Weisman,
Andrew Weisman

Ruth & Norman Rales Jewish Family Services (JFS) 2022 Annual Gala on December 8th at the Polo Club of Boca Raton was "A Night at Studio 54" to remember. Over 350 guests were in attendance, honoring the Sandler Family with the Rales Humanitarian of the Year Award, and Dr. John W. Kelly, Ph.D., and Florida Atlantic University as the Corporate Leadership Award recipient. It was a night where guests "boogied" the night away at the disco with delectable food, dynamic auctions and determined fundraising. Thanks to the dedication and talent of our Gala Co-Chairs, Susan & Charles Emby, Lori & Gregg Gottsegen, and Marilyn & Jay Weinberg, an evening of fun and philanthropy was created. JFS' Gala is the Agency's largest and most significant fundraiser of the year, raising more than \$1 million dollars throughout the evening. This year is more critical than ever before as our clients are experiencing double-digit increases in their most basic needs: food, rent, gas. All of the funds raised will go to providing essential services to our neighbors in need, including food and financial assistance, senior services, behavioral health services, career and employment services and more.

Reflections OF Hope

Luncheon



Keynote Speaker

**Andie
MacDowell**

Critically Acclaimed Actress and Model

On February 15, 2023, Rales Jewish Family Services (JFS) held its annual "Reflections of Hope" Luncheon at Boca West Country Club. Well-known actress and model, Andie MacDowell, presented the keynote address and Glenn Glazer, meteorologist for WPBF 25, was the emcee. Created to break the stigma associated with mental illness and benefit Behavioral Health Services at JFS, this year's luncheon welcomed 600 attendees and raised more than \$180,000.

Ms. MacDowell candidly shared the impactful ways she deals with her own struggles and sat down with Glenn Glazer for a Q & A. A few audience members showed such courage as they also shared some of their personal battles with mental illness and how turning to JFS for help had made a positive impact in their lives.

This event would not have been such a success if it weren't for the hard work and commitment of the event Co-Chairs Robin Baritz, Marcia Langley, and Lisa Schultz.

For event tickets and information, contact jillw@ralesjfs.org



Harriet & Ed Levine



Nancy Schiller, Keynote Speaker, Andie MacDowell & Judi Donoff



Marcia Langley, Lisa Schultz, Keynote Speaker, Andie MacDowell, Robin Baritz



Abbe Becker, Lori Gottsegen, Keynote Speaker, Andie MacDowell, Robin Rubin, Olivia Shapiro



Glenn Glazer, Keynote Speaker, Andie MacDowell & President & CEO Danielle N. Hartman



Keynote Speaker, Andie MacDowell & Marilyn Weinberg



David Katzman, Keynote Speaker, Andie MacDowell, Michele Katzman



Shirley Weisman, Keynote Speaker, Andie MacDowell & Marcia Langley



Meredith Becker, Keynote Speaker, Andie MacDowell, Abbe Becker



Marilyn Barry & Sheila Kirschner



Ed Trieber, Jo Renee Fine & Ed Levine



2023 GREAT GOLF FOR A GREAT CAUSE

For event tickets and information, contact jillw@ralesjfs.org

It was a wonderful day full of golf, food, and fun at our annual Great Golf for a Great Cause Tournament, held at St. Andrews Country Club on March 20th, 2023. Participants gathered for a day of excitement, competition, and philanthropy. This much-anticipated event brought together golf enthusiasts, community leaders, and supporters, all driven to make a positive impact through their love for the game.

The event served as a platform to raise crucial funds for the Ruth & Norman Rales JFS Programs and Services. Marilyn & Stanley Barry, Meryl & Ron Gallatin, the Harvey & Phyllis Sandler Foundation, Leslie & Bernard Friedman, and the Barton & Shirley Weisman Foundation stood as pillars of support as our Grand Benefactors. Their substantial contributions played a pivotal role in raising over \$100,000. These funds will serve as a

beacon of hope, enabling the Rales JFS Programs and Services to continue their essential work.

The impressive outcome of the tournament was all thanks to event Co-Chairs Larry Blair, Amy Ross, Arnie Friedman, and Bernard Friedman. Their tireless efforts and commitment ensured that the event was seamlessly executed, contributing to the overall success.

The Great Golf for a Great Cause Tournament served as a reminder that when individuals come together with a common purpose, they can turn a day on the golf course into an opportunity to transform lives and make a lasting difference. We thank our sponsors, underwriters, and golfers for their support and generosity!



2023 Annual Meeting Celebrated “Danielle’s Bat Mitzvah”

The 2023 JFS Annual Meeting was held on April 20, 2023. This was a special event that not only acknowledged outgoing Board Chair Stephen Mendelsohn and welcomed Incoming Board Chair, Richard Paul and several new members, but also celebrated Danielle N. Hartman’s 13 years as President & CEO of JFS. A huge thank you goes to Co-Chairs Lisa Goodman, Roger Leavy and Jeff Spero. They were actually the “Co-Hosts of Danielle’s Bat Mitzvah” and even included a “candle lighting” to highlight all that Danielle has achieved, while thanking those who helped to get us here. Melissa

Hoffman, Maynard Rabinowitz, Crystal Romero Sherman Andrew Thompson and Edward Trieber joined the board of directors. You can read about each one on page 38 as well as meet Richard Paul, board chair 2023-2024. We welcomed back two board members, Sheila Cohen Furr and Jeff Spero; both bringing many years of active participation on the board. In keeping with WE ARE FAMILY, our new JFS tagline, the 2023-2024 Board of Directors are an integral part of the family and very committed to the continued success of JFS.



Outgoing Chair Stephen Mendelsohn, President & CEO Danielle Hartman & Incoming Board Chair, Rick Paul



Roger Leavy, Manny Rabinowitz, Danielle Hartman & Jeff Spero



Meryl & Ron Gallatin with Danielle Hartman



Crystal Romero-Sherman & Danielle Hartman



Melissa Hoffman & Danielle Hartman



Andrew Thompson, Neil & Robin Baritz & Danielle Hartman



Incoming Board Chair Rick Paul with past JFS Board Chairs Lisa Goodman, Judi Donoff, Joy Binkovitz, Stephen Mendelsohn & Ilene Wohlgemuth



Lisa Goodman



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7:00 PM GAME TIME

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WHAT

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MELISSA HOFFMAN &
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MEET OUR New Board Chair & Board Members



Rick Paul

Ruth & Norman Rales JFS of South Palm Beach County Welcomes Rick Paul as Chairman of the Board.

Originally from Newton, Massachusetts Rick Paul received a B.A. in psychology from Ohio Wesleyan University and an M.B.A. from the University of Massachusetts. Rick spent his career in the women's retail business as president of MAST industries, the sourcing and production division of Limited Brands, owner of Victoria's Secret as well other retail sportswear brands.

In 2012, after retiring, Rick and his wife moved to Boca Raton after previously living in Columbus, Ohio, for 6 years and Hong Kong for 5 years. Rick has served on the Finance Committee and as the treasurer of the Rales JFS Board of Directors for the past two years. He is looking forward to serving as the chairman of the board for Rales JFS.

New Board Members



Melissa Hoffman

Melissa Hoffman has lived in Boca Raton for 8 ½ years. She graduated from Vanderbilt University and Emory University School of Law. Melissa previously practiced law at Weil, Gotshal & Manges LLP in the restructuring group.

Currently, Melissa is the bookkeeper for a construction company based in New York.

Her previous board experience includes serving on the Board of Governors for St. Andrews Country Club and for Project Preemie.



Manny Rabinowitz

Maynard (Manny) Rabinowitz graduated from Columbia College with a degree in mathematics and then attended Harvard University of Law. His career began as an associate at the firm of Cahill, Gordon and then at Kaye Scholer as well as London, Buttenweiser. He later became senior partner of Townsend, Rabinowitz, Pantaleoni & Valente, where he practiced primarily in the areas of finance, mergers and acquisitions.

From 1988 – 1998, Manny was the vice chair and vice president of Macfadden Trade Publishing, Inc., a company primarily engaged in the publication of trade magazines such as *Discount Merchandiser*, *Gourmet Retailer* and others. From 1989 until 1999, he was the executive vice president of American Media, Inc. where he was principally responsible for finance, administration, legal affairs and information technology. From 1996 - 2000, Manny was the vice chair of Palm Beach Radio Broadcasting, Inc.

Manny has served on the board of the Polo Club and Vintage Oaks and on the audit, finance and legal committees of the Polo Club. He is also involved in the Israel Tennis and Education Centers and Columbia College Hillel Foundation, as well as Rales JFS.



Crystal Romero-Sherman

Crystal Romero-Sherman serves as executive vice president of insurance and risk management at Century Risk Advisors. Prior to working at Century, Crystal was the regional marketing specialist for one of the largest national brokerage firms in the country. She is also bilingual and well versed in cross border relations.

Crystal has served as lay leader and special project team leader at

Temple Beth El, Boca Raton. She is also a participant in the Annual Signature Gives Back event, partnering with Boca Helping Hands. Crystal has served as a volunteer coach for Boca Raton Little League and is active in all her children's schools.

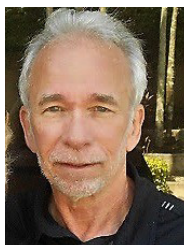


Andrew Thomson

Andy Thomson serves as senior counsel at Baritz & Colman LLP in the firm's Boca Raton office. Andy concentrates his practice on resolving business disputes. He represents a wide array of clients, from small local businesses and individuals, to some of the world's largest corporations. His cases involve securities, contract disputes, business tort claims, employment disputes, and probate and guardianship disputes. Andy has also devoted substantial time to his pro-bono clients.

Andy graduated from the Georgia Institute of Technology with a degree in electrical engineering before earning his law degree from the University of Miami School of Law. He previously served as a law clerk for Justice Kenneth Bell of the Florida Supreme Court. He is licensed to practice in Florida and before the U.S. Department of Veterans Affairs.

Florida Super Lawyers recognized Andy as a Rising Star in 2013-2018, and in 2016, the Legal Aid Society of Palm Beach County awarded Andy its Non-Profit Award. Andy has lectured on legal issues at Florida Atlantic University's College of Education and on guardianship issues for the Palm Beach County Bar Association's Guardianship Training Program. In 2018, Andy was elected to the Boca Raton City Council.



Edward Trieber

Eddie Trieber is a businessman, lawyer, and clinical psychologist, holding a J.D. and Ph.D. from New York University. He has been a lawyer for 50 years and a psychologist for over 30. As CEO of a behavioral health company that consulted with organizations of all sizes on their most sensitive people issues, he oversaw the establishment of mental health, childcare, and eldercare assistance programs. In 2012, he sold his company to Humana.

Eddie has served on a number of for-profit and non-profit boards and founded non-profit mental health referral service. Currently, he is active with the American Jewish Committee and volunteers at and supports Boca Helping Hands and the Israel Tennis and Educational Centers. He is involved in the St. Andrews Country Club community and has served on the Finance Committee, the Food and Beverage Committee, and as co-chair of the Technology Committee.



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