



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
|  | | | | |
| | | | 1 | 2 |
| | | | 10:00 - 11:00 Current Events/Brenda 10:00 - 12:00 Musical Theater Workshop 11:00 - 12:00 Men's Club 11:00 - 12:00 Sing-a-long 12:00 - 1:00 Book Club 12:15 - 1:00 Ageless Grace 12:30 - 2:00 Positive Thoughts bring Outcomes 12:30 - 3:00 Chorus 1:00 - 3:00 Knit 1, Chain 2 1:15 - 3:15 Music Appreciation/Gene 2:15 - 3:15 Weisman Conversationalists 3:15 - 4:45 Let's Talk With Joanne 3:30 - 5:00 Senior Singles | 10:00 - 12:00 Caregiver Support Group 10:00 - 12:00 Art Lovers I 10:00 - 12:00 Yiddish Club 10:30 - 12:00 "C" City Improv 11:00 - 12:00 Silver Sneakers 11:00 - 12:00 Caregiver Resource Workshop 12:30 - 2:30 Canasta/Mah Jongg 1:00 - 3:00 Art Lovers IV 1:00 - 3:00 Weisman Movies "Our Souls at Night" |
| 5 | 6 | 7 | 8 | 9 |
| 9:45 - 1:00 Diamond Club 10:00 - 1:00 Technology Help Desk 11:30 - 12:30 Living Today Through Torah 12:15 - 3:15 Bridge Club 1:00 - 2:00 The Movie Club 1:00 - 2:30 Creative Writing 1:00 - 3:00 Knit & Crochet 2:30 - 4:00 Valencia Isles Chorus 4:30 - 5:30 Yoga with Edwin | 9:30 - 11:00 Beginner Speech Reading Class 9:30 - 10:30 Zumba 9:45 - 11:45 Cameo Barbershop Quartet 10:00 - 11:00 Current Events 10:00 - 12:00 Art Lovers III 10:00 - 12:00 Musical Theater Workshop 10:30 - 12:30 Israeli & Intl Folk Dancing 11:30 - 1:00 Advanced Speech Reading Class 11:30 - 1:30 Movies With Scott "Romeo & Juliet" 12:30 - 2:00 Women's Support Group I 12:30 - 2:30 Canasta Beginners 1:00 - 1:45 Men's Issues 1:00 - 3:00 Art Lovers II 1:15 - 3:15 Canasta Players 2:00 - 3:30 Caregiver Support Group 2:00 - 4:00 Gin Players | 9:15 - 11:00 Let's Talk Politics 9:30 - 10:30 Cardio Sculpt 9:30 - 11:30 Watercolors with Iris 10:00 - 12:00 Mah Jongg 11:15 - 12:00 Silver Sneakers 12:00 - 1:00 TLC 12:00 - 1:00 Nutrition for You 12:15 - 2:45 Bridge Club 1:00 - 2:00 Women's Support Group II 1:00 - 2:00 Women of Wisdom WOW 1:00 - 2:00 Healthy Conversations - DMC 1:00 - 2:30 Early Bereavement 2:15 - 3:15 Point of View 3:00 - 4:30 Moving On 3:30 - 5:00 Deep Brain Stimultaion (APDA DBS) 4:00 - 5:30 "Broadway Blockbuster" Show | 10:00 - 11:00 Current Events/Brenda 10:00 - 12:00 Musical Theater Workshop 11:00 - 12:00 Men's Club 11:15 - 12:15 Bintel Briefs 12:15 - 1:00 Ageless Grace 12:30 - 2:00 Concepts 12:30 - 3:00 Chorus 1:00 - 3:00 Knit 1, Chain 2 1:15 - 3:15 Music Appreciation/Gene 2:15 - 3:15 Weisman Conversationalists 3:30 - 4:30 Taste of New England | 10:00 - 11:00 Caregiver Support Group 10:00 - 12:00 Yiddish Club 10:00 - 12:00 Art Lovers I 10:30 - 12:00 "C" City Improv 11:00 - 12:00 Silver Sneakers 11:00 - 12:30 Caregiver Resource Workshop 12:30 - 2:30 Canasta/Mah Jongg 1:00 - 3:00 Art Lovers IV 1:15 - 3:15 Gin Players 1:30 - 3:30 "Broadway Blockbuster" Show 2:30 - 4:30 Open Game Play 3:45 - 4:45 Yoga with Edwin |
| 12 | 13 | 14 | 15 | 16 |
| 9:45 - 1:00 Diamond Club 10:00 - 1:00 Technology Help Desk 11:30 - 12:30 Living Today Through Torah 12:15 - 3:15 Bridge Club 12:30 - 2:30 Broadway on Film 1:00 - 2:30 Creative Writing 1:00 - 3:00 Knit & Crochet 1:30 - 3:30 Palm Beach Israeli Film Series "Your Honor" 4:30 - 5:30 Yoga with Edwin | 9:30 - 10:30 Zumba 9:30 - 11:00 Beginner Speech Reading Class 9:45 - 11:45 Cameo Barbershop Quartet 10:00 - 11:00 Current Events 10:00 - 12:00 Musical Theater Workshop 10:00 - 12:00 Art Lovers III 10:30 - 12:30 Israeli & Intl Folk Dancing 11:15 - 12:15 Jewish Giants and Geniuses of 20th Century 11:30 - 1:00 Advanced Speech Reading Class 12:30 - 2:00 Women's Support Group I 12:30 - 2:30 Canasta Beginners 1:00 - 1:45 Men's Issues 1:00 - 3:00 Art Lovers II 1:15 - 3:15 Canasta Players 2:00 - 3:30 Caregiver Support Group 2:00 - 4:00 Gin Players | 9:15 - 11:00 Let's Talk Politics 9:30 - 10:30 Cardio Sculpt 9:30 - 11:30 Watercolors with Iris 10:00 - 11:00 Stock Savvy 10:00 - 12:00 Mah Jongg 11:15 - 12:00 Silver Sneakers 12:00 - 1:00 TLC 12:15 - 3:15 Bridge Club 1:00 - 2:00 Healthy Conversations - DMC 1:00 - 2:00 Women's Support Group II 1:00 - 2:00 Women of Wisdom WOW 1:00 - 2:30 Early Bereavement 1:00 - 2:30 One on One with Nurse Brenda 2:30 - 3:30 U.S. Constitution 2:30 - 4:00 Bingo 2:45 - 4:15 Parkinson's Power Hour 3:00 - 4:30 Moving On | 10:00 - 11:00 Current Events/Brenda 10:00 - 12:00 Musical Theater Workshop 11:00 - 12:00 Men's Club 11:00 - 12:30 Gems of Jazz - Billie Holiday 12:15 - 1:00 Ageless Grace 12:30 - 3:00 Chorus 1:00 - 3:00 Knit 1, Chain 2 1:15 - 3:15 Music Appreciation/Gene 2:15 - 3:15 Weisman Conversationalists 3:30 - 5:00 Senior Singles | 10:00 - 11:00 Caregiver Support Group 10:00 - 12:00 Art Lovers I 10:00 - 12:00 Yiddish Club 10:30 - 12:00 "C" City Improv 11:00 - 12:00 Silver Sneakers 11:00 - 12:00 Caregiver Resource Workshop 11:00 - 12:00 Nutrition for You 12:30 - 2:30 Canasta/Mah Jongg 1:00 - 3:00 Art Lovers IV 1:00 - 3:00 Weisman Movies "Ghosts of Mississippi" 1:15 - 3:15 Gin Players 2:30 - 4:30 Open Game Play 3:45 - 4:45 Yoga with Edwin |
| 19 | 20 | 21 | 22 | 23 |
| 9:45 - 1:00 Diamond Club 10:00 - 1:00 Technology Help Desk 11:30 - 12:30 Living Today Through Torah 12:15 - 3:15 Bridge Club 1:00 - 2:00 The Movie Club 1:00 - 2:30 Creative Writing 1:00 - 3:00 Knit & Crochet 2:30 - 4:30 Weisman Movies "Lion" 4:30 - 5:30 Yoga with Edwin | 9:30 - 10:30 Zumba 9:30 - 11:00 Beginner Speech Reading Class 9:45 - 11:45 Cameo Barbershop Quartet 10:00 - 11:00 Current Events 10:00 - 12:00 Art Lovers III 10:00 - 12:00 Musical Theater Workshop 10:30 - 12:30 Israeli & Intl Folk Dancing 11:30 - 1:00 Advanced Speech Reading Class 11:30 - 1:30 Movies With Scott - "The Informer" 12:30 - 2:00 Women's Support Group I 12:30 - 2:30 Canasta Beginners 1:00 - 1:45 Men's Issues 1:00 - 3:00 Art Lovers II 1:15 - 3:15 Canasta Players 2:00 - 3:30 Caregiver Support Group 2:00 - 4:00 Gin Players | 9:15 - 11:00 Let's Talk Politics 9:30 - 10:30 Cardio Sculpt 9:30 - 11:30 Watercolors with Iris 10:00 - 12:00 Mah Jongg 11:15 - 12:00 Silver Sneakers 11:30 - 12:45 "Address Unknown" 12:00 - 1:00 TLC 12:15 - 3:15 Bridge Club 1:00 - 2:00 Healthy Conversations - DMC 1:00 - 2:00 Women's Support Group II 1:00 - 2:00 Women of Wisdom WOW 1:00 - 2:30 Early Bereavement 2:00 - 3:00 Point of View 3:00 - 4:30 Moving On | 10:00 - 11:00 Current Events/Brenda 10:00 - 12:00 Musical Theater Workshop 11:00 - 12:00 Men's Club 12:00 - 1:30 "Address Unknown" 12:15 - 1:00 Ageless Grace 12:30 - 2:00 Concepts 12:30 - 3:00 Chorus 1:00 - 3:00 Knit 1, Chain 2 1:15 - 3:15 Music Appreciation/Gene 2:15 - 3:15 Weisman Conversationalists | 10:00 - 11:00 Caregiver Support Group 10:00 - 12:00 Art Lovers I 10:00 - 12:00 Yiddish Club 11:00 - 12:00 Silver Sneakers 11:00 - 12:00 Caregiver Resource Workshop 11:00 - 12:30 "Address Unknown" 12:30 - 2:30 Canasta/Mah Jongg 1:00 - 3:00 Art Lovers IV 1:00 - 3:00 Weisman Movies "The Light Between Oceans" 1:15 - 3:15 Gin Players 2:30 - 4:30 Open Game Play 3:45 - 4:45 Yoga with Edwin |
| 26 | 27 | 28 | 29 | 30 |
| 9:45 - 1:00 Diamond Club 10:00 - 1:00 Technology Help Desk 11:30 - 12:30 Living Today Through Torah 12:15 - 3:15 Bridge Club 12:30 - 2:30 Broadway on Film 1:00 - 2:30 Creative Writing 1:00 - 3:00 Knit & Crochet 1:30 - 3:30 Palm Beach Israeli Film Series "The Cousin" 4:30 - 5:30 Yoga with Edwin | 9:30 - 10:30 Zumba 9:30 - 11:00 Beginner Speech Reading Class 9:45 - 11:45 Cameo Barbershop Quartet 10:00 - 11:00 Current Events 10:00 - 12:00 Art Lovers III 10:00 - 12:00 Musical Theater Workshop 10:30 - 12:15 Israeli & Intl Folk Dancing 11:30 - 1:00 Advanced Speech Reading Class 11:30 - 1:30 Movies With Scott "Room Service" 12:30 - 2:00 Women's Support Group I 12:30 - 2:30 Canasta Beginners 1:00 - 1:45 Men's Issues 1:00 - 3:00 Art Lovers II 1:15 - 3:15 Canasta Players 2:00 - 3:30 Caregiver Support Group 2:00 - 4:00 Gin Players | 9:15 - 11:00 Let's Talk Politics 9:30 - 10:30 Cardio Sculpt 9:30 - 11:30 Watercolors with Iris 10:00 - 11:00 Stock Savvy 10:00 - 12:00 Mah Jongg 11:15 - 12:00 Silver Sneakers 12:00 - 1:00 TLC 12:15 - 3:15 Bridge Club 1:00 - 2:00 Healthy Conversations - DMC 1:00 - 2:00 Women's Support Group II 1:00 - 2:00 Women of Wisdom WOW 1:00 - 2:30 Early Bereavement 1:00 - 2:30 One on One with Nurse Brenda 2:30 - 3:30 U.S. Constitution 2:30 - 4:00 Bingo 3:00 - 4:30 Moving On | 10:00 - 11:00 Current Events/Brenda 10:00 - 12:00 Musical Theater Workshop 11:00 - 12:00 Men's Club 12:15 - 1:00 Ageless Grace 12:30 - 3:00 Chorus 1:00 - 3:00 Knit 1, Chain 2 1:15 - 3:15 Music Appreciation/Gene 2:15 - 3:15 Weisman Conversationalists 3:30 - 5:00 Senior Singles | 10:00 - 12:00 Caregiver Support Group 10:00 - 12:00 Art Lovers I 10:00 - 12:00 Yiddish Club 10:30 - 12:00 "C" City Improv 11:00 - 12:00 Silver Sneakers 11:00 - 12:00 Caregiver Resource Workshop EREV PASSOVER CLOSE at 1 pm  |
| WEISMAN MOVIES Mondays 2:30 - 4:30 March 2nd "Our Souls at Night" March 19th "Lion" Fridays 1:00 - 3:00 March 2nd "Our Souls at Night" March 16th "Ghosts of Mississippi" March 23rd "The Light Between Oceans" | | MOVIES WITH SCOTT Thursdays 11:30 - 1:30 March 6th "Romeo & Juliet" March 20th "The Informer" March 27th "Room Service" | | Palm Beach Israeli Film Series Monday 1:30 - 3:30 March 12th "Your Honor" |