



SHIRLEY & BARTON WEISMAN
DELRAY COMMUNITY CENTER
Ruth & Norman Rales Jewish Family Services

February 2023 Calendar of Events at the Weisman Delray Community Center

Mondays Weekly/Bi-weekly

Silver Sneakers Classic – 9:30 am – 10:15 am **
Fascinating Readings – 10:00 am – 11:00 am
Chit Chat – 10:15 am – 11:15 am (no class Feb. 6)
Pick Your Topic – 11:30 am – 12:30 pm
Spirituality – 11:30 am – 12:45 pm (4 weeks left in session)
Canasta or Mahjongg – 1:00 pm – 3:30 pm
The Right Stuff (Current Events) – 1:00 pm – 2:15 pm
Learn Canasta – 1:00 pm – 2:15 pm
Creative Writing – 1:00 pm – 3:15 pm
Creative Conversations – 2:30 pm – 3:30 pm
Men's Group – 2:30 pm – 3:30 pm
Scrabble It – 2:30 pm – 4:00 pm
Happy For No Reason – 3:30 pm – 4:30 pm **NEW CLASS**
Chair Yoga – 4:00 pm – 5:00 pm **

Tuesdays Weekly/Bi-weekly

Diamond Club – 9:45 am – 12:15 pm ** (No Club Feb. 7)
Valiant Players Rehearsal – 10:00 am – 1:00 pm (Feb. 21/time change - 2 pm) No group Feb. 28
Thinking Out Loud – 11:30 am – 12:30 pm **NEW CLASS**
Bridge Club – 12:30 pm – 3:00 pm
Women's Support Group – 12:30 pm – 1:45 pm
Current Events, Wisdom and Humor to Cope – 1:00 pm – 2:30 pm
Weisman Movies – 1:45 pm – 3:45 pm
Psychology 101 – 2:45 pm – 4:00 pm (1st and 3rd week)
Second Cup with Me – 3:00 pm – 4:00 pm (2nd and 4th week)

Wednesdays Weekly/Bi-weekly

Let's Talk Politics – 9:30 am – 11:00 am

Learn Mahjongg – 10:00 am – 11:30 am

Stock Savvy – 10:00 am – 11:30 am (2nd and 4th week)

Sit and Be Fit – 10:30 am – 11:15 am ** (Feb 8 – time change to 9 am)

Tech Savvy Seniors – 11:00 am – 1:00 pm

A Year in Review – 11:15 am – 12:15 pm

International Folk Dance – 11:30 am – 1:15 pm **

Sports Happenings – 12:00 pm – 1:00 pm **NEW GROUP**

Mahjongg – 12:30 pm – 3:00 pm

X Network – 1:00 pm – 2:00 pm **NEW GROUP**

Make Music, Learn Piano – 1:00 pm – 2:30 pm

Rummikub Learn & Play – 1:30 pm – 3:00 pm

Chair Yoga – 3:00 pm – 4:00 pm **

Beginner Spanish – 3:00 pm – 4:30 pm (starts February 15) **NEW CLASS**

Getting to Know You – 3:15 pm – 4:30 pm

Thursdays Weekly/Bi-weekly

Watercolor Painting – 10:00 am – 12:00 pm **

Bintel Brief (February 23)

Role Players – 10:00 am – 11:00 am (February 2 and February 9)

Silver Sneakers Classic – 10:30 am – 11:15 am **

Current Events on the Issues Only – 11:00 am – 12:30 pm

Hebrew Learners – 11:00 am – 12:30 pm (starts February 9) **NEW CLASS**

“Keep it Short” – 11:00 am – 12:15 pm (see below for stories and dates)

Valiant Players Rehearsal – 11:30 am – 2:30 pm

Canasta Players – 12:30 pm – 3:00 pm

Knitting & Crochet – 1:00 pm – 3:00 pm

The Joy of Opera – 1:30 pm – 2:30 pm (1st and 3rd week)

Food For Thought/Nourishment for the Mind – 1:30 pm – 2:30 pm (2nd and 4th week)

Gin Rummy – 1:30 pm – 3:30 pm

Strength, Balance, Mind – 3:00 - 4:00 pm **

Real Talk for Women – 3:15 pm – 4:15 pm

Fridays Weekly/Bi-weekly

Yiddish Club – 10:00 am – 11:30 am (Film Week – February 17)

Sit and Be Fit – 10:30 am – 11:15 am ** (Feb 10 – time change to 9 am)

Fridays at the Improv – 10:30 am – 12:00 pm

Positively Pittleman – 11:30 am – 12:45 pm

Bridge Club – 12:30 pm – 3:00 pm

Bingo – 1:45 pm – 3:15 pm **

Weisman Movies – 1:45 pm – 3:45 pm

Specials

Karaoke Oldies

- Friday, February 3 at 12:45 pm – 1:45 pm
- Have Fun Singing with DJ Liora!

Cooking Demo

- Monday, February 6 at 10:15 am – 11:15 am
- Chef Alan Bergman with a healthy food cooking demo and tasting

Nutrition For You (once a month)

- Wednesday, February 8, 11:00 am – 12:00 pm
- Topic – “How to Help Your Heart”

Keep it Short (Short Story Club – twice a month)

- Thursday, February 2 and February 23, 11:00 am – 12:15 pm
- Story (2/2) – “Leo’s Dilemma” by Eli D. Greenbaum
- Story (2/23) – “A Perfect Day for Bananafish” by J.D. Salinger

WDCC Book Chat (once a month book club)

- Monday, February 20, 11:30 am – 12:45 pm
- Book - "The Marriage of Opposites" by Alice Hoffman

Good Vibrations (once a month live entertainment)

- Friday, February 24, 12:45 pm – 1:45 pm
- Ebonie Harmon – Jazz, R & B Hits and 70’s Dance Classics

APDA Parkinson’s Support Group (3rd Wednesday of the month)

- Wednesday, February 15, 3:00 pm – 4:30 pm

* **Programs are subject to change. Errors sometimes happen; we apologize in advance.**

** **Fee is associated with these classes**