

# SAMPLE MENU

Month: \_\_\_\_\_, 2022

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

COMMUNITY \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

ADELE LOEB & LES NACKMAN MOW

YOU MUST BE HOME ON FRIDAY  
 BETWEEN 8:30-11:30am TO RECEIVE THE ORDER  
 IT WILL NOT BE LEFT AT THE DOOR

PLEASE INDICATE THE # OF MEALS PER EACH ENTRÉE YOU SELECT FOR THE WEEK  
 A STARCH AND VEGETABLE IS INCLUDED WITH EACH MEAL

MINIMUM ORDER OF 3 MEALS PER WEEK FOR DELIVERY MAXIMUM 14 MEALS PER PERSON PER WEEK

	Week 1	Week Ending 2	Week Ending 3	Week Ending 4	
1. TURKEY BURGER		1. TURKEY BURGER		1. TURKEY BURGER	
2. CHICKEN TENDERS		2. CHICKEN TENDERS		2. CHICKEN TENDERS	
3. BARBECUE CHICKEN		3. BARBECUE CHICKEN		3. BARBECUE CHICKEN	
4. BEEF STUFFED CABBAGE		4. BEEF STUFFED CABBAGE		4. BEEF STUFFED CABBAGE	
5. CREAMY TURKEY MEATBALLS		5. CREAMY TURKEY MEATBALLS		5. CREAMY TURKEY MEATBALLS	
6. BEEF MEATLOAF		6. BEEF MEATLOAF		6. BEEF MEATLOAF	
7. BAKED SALMON		7. BAKED SALMON		7. BAKED SALMON	
8. BAKED ZITI		8. BAKED ZITI		8. BAKED ZITI	
9. TUNA CASSEROLE		9. TUNA CASSEROLE		9. TUNA CASSEROLE	
10. CHILI CON CARNE		10. CHILI CON CARNE		10. CHILI CON CARNE	
11. MUSHROOM QUICHE		11. MUSHROOM QUICHE		11. MUSHROOM QUICHE	
12. VEGETARIAN PATTY		12. VEGETARIAN PATTY		12. VEGETARIAN PATTY	
13. TILAPIA BASIL TOMATO		13. TILAPIA BASIL TOMATO		13. TILAPIA BASIL TOMATO	
14. CHICKEN MARSALA		14. CHICKEN MARSALA		14. CHICKEN MARSALA	
Total Count		Total Count		Total Count	

PLEASE RETURN MENU TO:  
 RUTH & NORMAN RALES JEWISH FAMILY SERVICES

21300 COLEMAN BOULEVARD  
 BOCA RATON, FLORIDA 33428

ATTN: MOW

Fax #: 561-852-3332

PHONE # 561-852-3339

ORDERS MUST BE RECEIVED AT LEAST 8 DAYS BEFORE DELIVERY

MENU SHOULD BE RECEIVED BY THE 15th OF THE MONTH PRIOR