Agency Resource Guide

For Over 40 Years JFS Has Been Here for People of All Ages and Beliefs

For additional information on all of our services, contact:
Call: 561.852.3333 | Email: info@ralesjfs.org | Visit: www.ralesjfs.org
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Belford Family Volunteer Department

Give the gift of time. It’s priceless.
JFS seeks volunteers of all abilities.

For additional information on volunteering, contact:
Kim Edelberg, MSW, MPA, Co-Director of the Belford Family Volunteer Department
Direct: 561.852.3178 | Email: kime@ralesjfs.org
BECOMING A VOLUNTEER  JFS seeks volunteers of all abilities. Visit our website at www.ralesjfs.org/volunteer to view all current opportunities and set up your user profile on our volunteer connect website.

SCHEDULING TIME TO VOLUNTEER  The opportunities are available on weekdays, weekends, evenings, and holidays to accommodate all types of schedules. Volunteers can choose a recurring or one-time, special event opportunity.

VOLUNTEER OPPORTUNITIES  Volunteers serve the community in many ways, including senior services, food and financial assistance, counseling and mental health services, career and employment services, a community mentoring program, and special needs families.

WHO CAN BECOME A VOLUNTEER  If you are a student in need of community service hours, an organization participating as a group, a family, or an individual, we have volunteer opportunities for everyone. We will review your interests and skills with you to match you with a rewarding volunteer experience.

GETTING STARTED AS A JFS VOLUNTEER  Once volunteers have set up their user profile and completed their initial interview, they must provide the qualifications necessary to be matched with their volunteer opportunity of interest. These include but are not limited to signing the JFS volunteer handbook and completing a background check. Orientation and training are provided by the program manager of the selected volunteer opportunity.
From first-time job seekers to those in career transition, JFS’ Career & Employment Services (CES) provides free employment-related workshops, individual career counseling, mock interviews, and resources for furthering education and training.

For additional information on Career & Employment Services, contact:
Career & Employment services
Phone: 561.852.5057 | E-mail: CES@ralesjfs.org
WEBINAR AND IN-PERSON WORKSHOP SERIES is a FREE service including topics like:

- Marketing Your Personal Brand
- Creating a Resume that Pops
- Improve Your Interviewing Skills
- How to Grow your Professional Network
- How to Land that Promotion at Work
- Preparing for the Virtual Interview
- How to Avoid Ageism in your Job Search
- How to Develop a LinkedIn Profile

These are just some of the webinars and workshops that will help participants prepare for interviews, develop LinkedIn profiles and so much more.

CAREER COUNSELING AND JOB DEVELOPMENT provides candidates with FREE one-on-one career counseling with our trained Career Strategists to help clients resolve any barriers to employment, create a targeted resume, and improve interviewing skills to prepare for a new job search or re-entry into the workforce.

COMEBACK CAREER PROGRAM is a FREE comprehensive program designed to help women re-enter today’s workforce with confidence, following a gap in employment due to caregiving responsibilities.
MOCK INTERVIEWS can help clients gain confidence to sell their unique skill-set. Mock interview sessions are offered on a weekly basis with a trained professional with immediate feedback providing opportunities for improvement and accolades.

PROFESSIONAL PORTFOLIO SERVICES can help develop a professional portfolio by helping collect and prepare the essential tools such as a cover letter, resume, LinkedIn profile, and any certifications or certificates that will enable you to showcase your experience to an employer.

A LA CARTE SERVICES are additional stand-alone services provided at a low cost. These include a resume writing service, LinkedIn profile creation and an in-depth career assessment. Visit CES online for additional information.
Community Outreach
Center for Families & Children

Through partnerships with synagogues, day schools, and other community-based organizations, outreach professionals bring JFS’ programs and services into the community, helping families gain access to the available supports as easily and efficiently as possible.

For additional information on Community Outreach, contact:
Danielle Greenblatt, LCSW, Director of Community Outreach
Direct: 561.852.3151 | Email: danielleg@ralesjfs.org
FINANCIAL ASSISTANCE JFS is a lifeline to individuals and families in crisis, providing emergency funds in times of need. Examples of the kind of assistance we provide include appliance repair, car insurance, car payment, car repair, dental expenses, medical supplies including eyeglasses and hearing aids, HOA fees and mortgage, rent and utilities.

COMMUNITY PARTNERSHIPS In addition to financial assistance, JFS provides free services such as brief counseling, support groups, and referrals to all JFS services. We also have co-located therapists at 2 public elementary schools and 1 public middle school.

SUPPORT GROUPS JFS facilitates free support groups on a wide variety of topics such as bereavement, caregiving, parenting, special needs, anxiety, and stress. We have also facilitated groups in the community, as needed, to help the community cope after a tragedy has occurred.

JFS CARES COMMUNITY AWARENESS RESOURCES AND EDUCATION FOR SUBSTANCE-USE ISSUES The JFS Substance-Use Outreach Coordinator is available for information and referrals for people and families in need and to address the impact of substance use and related disorders on families. JFS engages with local spiritual leaders, professionals, and educators to raise awareness and reduce the stigma associated with this mental health issue.
JFS Domestic Abuse Education & Action Department (DAEA) offers a holistic approach toward ending domestic violence through case management, education, and crisis counseling.

For information on Domestic Abuse Education & Action, contact:
Lorrie Conglose, MS, RMHCl, Director of Domestic Abuse Education & Action
Direct: 561.852.3356 | Email: lorriec@ralesjfs.org
CASE MANAGEMENT provides clients with coaching and safety planning, information and community referrals, and advocacy for legal and other issues.

CRISIS COUNSELING provides clients with up to 5 crisis counseling sessions providing domestic violence education on the cycle and dynamics of abuse, self-care, and empowerment.

FINANCIAL ASSISTANCE is available for qualified clients for relocation, transportation, utilities, and/or rental assistance.

PREVENTION & EDUCATION DAEA creates and facilitates educational workshops and programs for elementary, middle, and high school students designed to bring awareness and to prevent relationship, dating, and domestic abuse.
School Readiness
Center for Families & Children

JFS offers financial assistance to families seeking assistance with Summer Camp Scholarships, College Book Scholarships, and SAT/ACT Test Prep.

For additional information on School Readiness Programs, contact: Jaclyn Tureff, LCSW, VP of Financial Services and Meals on Wheels Program
Direct: 561.852.3171 | Email: jaclynt@ralesjfs.org
**SUMMER CAMP SCHOLARSHIPS** are available to families who reside within South Palm Beach County (Boca Raton, Delray Beach, and Highland Beach). Families may select the camp of their choice for children from pre-K through high school, for day or overnight camps, in or out of state.

**COLLEGE BOOK SCHOLARSHIPS** JFS provides an annual book stipend to qualified college-bound freshman identified through community partnerships.

**SAT/ACT TEST PREP** Free SAT/ACT college entrance exam preparation is offered to help improve students’ scores and provide them with the opportunity to gain acceptance into the best colleges. The course is offered at South Palm Beach County high schools to students who meet the financial qualifications.

**BERNARD SHERMAN PROGRAM TO ENHANCE JEWISH IDENTITY** Connects children and young adults, including those with special needs, to their Jewish identity by providing financial assistance for Jewish enrichment experiences like: Israel Experiences, Jewish Advocacy Conferences, Jewish Youth Group Conventions and March of the Living.

**JEWISH EDUCATION LOAN FUND (JELF)** JFS partners with JELF to provide interest-free educational loans to Jewish students for post-secondary study at accredited institutions.
JFS recognizes the enormous emotional and financial challenges special needs families face. JFS offers several supports for parents, siblings, and caregivers of a family member with special needs.

For information on Special Needs Programs, contact:
Tzippi Rosen, LCSW, Special Needs Community Liaison/Outreach Coordinator
Direct: 561.852.3112 | Email: tzippir@ralesjfs.org
FINANCIAL ASSISTANCE is offered to families and individuals with special needs for a variety of services including, but not limited to, ABA therapy (Applied Behavioral Analysis), speech therapy, occupational therapy, physical therapy, tutoring, special learning programs, shadows, respite care, equipment, ramps, and rent and utilities.

SUPPORT GROUPS are offered weekly for parents and grandparents during the day as well as a bi-weekly evening parent support group. We are also offering monthly Sibshops that provides young brothers and sisters with peer support and information in a lively, recreational setting.

SOUTH PALM BEACH COUNTY JEWISH ABILITIES ALLIANCE is an online resource guide committed to the advocacy of a child with a disability and navigating them to the transition of adulthood. The vision of the Jewish Abilities Alliance (JAA) is to promote an inclusive, spirited environment that celebrates the diversity in our community and the uniqueness of every member. The website serves as a user-friendly gateway to resources in the Jewish or general community for people with disabilities. The JAA is the Jewish community’s network that links individuals with disabilities, and their families, to resources, services, support groups, workshops, and clinics and recreational programs within their community. This “how to” resource was developed by a team of skilled disability-service providers. Information on early identification, behavior management, special education, health services, financial resources and benefits, housing, legal resources, transportation and so much more make JAA a unique one-stop-shop for families.

INFORMATION & REFERRAL Families often need assistance in navigating the world of special needs for their loved ones. JFS helps them find the right path with information and referrals to services available in the community. The South Palm Beach County Jewish Abilities Alliance (https://southpalmbeach.jewishabilities.org/) is an online resource guide to assist families in finding the referrals they need. Interested in posting about a special needs event in your agency? Please contact JAA@bocafed.org.
Toby and Leon Cooperman Therapy & Family Resource Center (TFRC) offers a variety of therapy options, support groups, classes, and workshops for the whole family. Our team of professionals help guide you through your journey of raising a child with special needs. With a variety of services and therapies provided under one roof, our center is a welcoming “home” for families of special needs individuals. These programs provide services for children with special needs from birth to 22 years of age and their families.

For information on TFRC Services, contact:
Aliyah Longhurst, LMFT, BCBA Director,
Toby and Leon Cooperman Therapy & Family Resource Center
Direct: 561.852.5099 | Email: Aliyahl@ralesjfs.org
FINANCIAL ASSISTANCE is available so that no family in need of services will be turned away. JFS is one of the only non-profit organizations serving Palm Beach County that offers fees on a sliding scale, providing those with and without insurance, much-needed access to affordable special need services.

QUALITY THERAPEUTIC SERVICES provides children with varying needs and abilities with affordable access to treatment and therapies, promoting their maximum developmental, educational, and personal potential. Therapies available include ABA, occupational, physical, sensory, and speech & language therapies.

PARENT EDUCATION to equip parents and other caregivers with the necessary information and support to ensure a therapeutic continuum. Parent education includes a variety of parental educational workshops, one-on-one-coaching, and training, as well as education advocacy. TFRC provides the education and guidance needed to build stronger families.

STATE-OF-THE-ART sensory room where children will gain hands-on sensory experiences using equipment, activities, games, and exercises that will be used to both stimulate and/or calm participants. A variety of techniques are utilized to teach children autonomy and management of their emotions, enhancing their ability to socialize, participate, and learn both in and out of school.
Counseling & Mental Health Services

JFS offers affordable counseling and mental health services to individuals and families (including children) in a caring, comfortable, and therapeutic environment.

Our multidisciplinary clinical team consists of therapists, psychologists and psychiatrists who are available for appointments in our Boca Raton and Delray Beach locations.

For additional information on Counseling & Mental Health Services, contact:
Ronald Corbin, LCSW, VP of Mental Health Services
Direct: 561.852.3385 | Email: ronaldc@ralesjfs.org
COUNSELING Both children and adults have access to individual, group, and family therapy, where they will receive help overcoming personal challenges.

PSYCHIATRY Psychiatric evaluations and medication management are available for children, adolescents, and adults. Clients have access to cost-effective, quality psychiatric services with minimal wait time for appointments. In 2020, JFS expanded its psychiatry services to include child and adolescent psychiatry through our partnership with Florida Atlantic University’s (FAU) Charles E. Schmidt College of Medicine.

PSYCHOLOGY Psychological testing is comprised of a series of evaluations designed to gather information on an individual’s cognitive, academic, behavioral, and emotional strengths and weaknesses. Evaluations can assess for: Gifted/IQ, ADHD, extended time for testing, and other learning disabilities.

WELCOME HOME PROGRAM is a drop-in day center in Delray Beach for adults with persistent psychiatric illnesses. The program is facilitated by a licensed clinical social worker. Programming includes coping, nutrition, social and other life skills, and activities including crafts, games, parties, and field trips (when possible).
Financial Support
Food & Financial Assistance

JFS is a lifeline to individuals and families in crisis providing emergency funds in times of need. Examples of the kind of assistance we provide include appliance repair, car insurance, car payment, car repair, medical and dental expenses, medical supplies including eyeglasses and hearing aids, prescription assistance, HOA and mortgage, rent and utilities. Limited funds are also available for Jewish life enrichment experiences. Interest-free loans are also available.

For additional information on Financial Assistance, contact:
Jaclyn Tureff, LCSW, VP of Financial Services and Meals on Wheels Program
Direct: 561.852.3171 | Email: jaclynt@ralesjfs.org
HEBREW FREE LOAN SOCIETY (HFLS) provides interest-free loans to assist individuals and families unable to secure a bank loan. Funds may be used for expenses including the repair or purchase of a car, home repairs, education, or other medical or emergency expenses.

HANDS ON TZEDAKAH (HOT) SENIOR ASSISTANCE PROGRAM partners with JFS to assist clients, 50 and older, with financial assistance for medical and household expenses. The Program also assists Jacobson Family Food Pantry clients who qualify financially by providing monthly gift cards.

LONG/SHORT-TERM IN-HOME ASSISTANCE provides financial assistance to seniors who require long or short term, in-home care services due to a recent hospitalization, rehabilitation center stay, and other medical situations.

SENIOR HOUSING SERVICES AND RESOURCE PROGRAM provides seniors, 60 years and older, with financial assistance for rent/living expenses, security deposits/first month’s rent and referrals to community resources with the help of a JFS Housing Specialist. JFS’ Home Sharing Program finds to qualified seniors affordable room rentals within a shared home.

COVID–19 RELIEF provides those who are unemployed, currently looking for a job, laid off or furloughed and unable to work due to COVID-19, with financial assistance through JFS COVID Relief Funds.

HANDS ON TZEDAKAH (HOT) SENIOR ASSISTANCE PROGRAM partners with JFS to assist clients, 50 and older, with financial assistance for medical and household expenses. The Program also assists Jacobson Family Food Pantry clients who qualify financially by providing monthly gift cards.

WEINBERGER SENIOR PRESCRIPTION ASSISTANCE PROGRAM provides JFS clients who are 65 and older, and qualify, with financial assistance for their medications.
Food Programs

Food & Financial Assistance

JFS is here to help alleviate the burden of hunger so those in our community experiencing this challenge can direct their efforts toward improving their situation. JFS provides for those who lack the means to afford basic needs.

For additional information on Food Programs, contact:
Jaclyn Tureff, LCSW, VP of Financial Services and Meals on Wheels Program
Direct: 561.852.3171 | Email: jaclynt@ralesjfs.org

Julie Weisberg, Senior Director of the
Jacobson Family Food Pantry & Food Pantry Outreach
Direct: 561.274.1940 | Email: juliew@ralesjfs.org
JACOBSON FAMILY FOOD PANTRY The mission of the Jacobson Family Food Pantry is to ensure that no individual or family in our community goes hungry. We accomplish this by delivering non-perishable groceries, produce, and challah every other week to clients experiencing serious financial difficulties. Clients either receive their items via delivery or pick up at the pantry. (Kosher food options are available).

ADELE LOEB & LES NACKMAN MEALS ON WHEELS PROGRAM provides delivery of nutritionally balanced, prepared kosher meals to homebound seniors living in South Palm Beach County. A financial subsidy is available for those who qualify. This program allows participants to connect to our JFS family and access a variety of other programs and services with the overall goal of enhancing and improving their quality of life.
Senior Services

As people age, concerns about meeting day-to-day needs and health care increase. Families face many challenges in coping with the changing circumstances of elderly parents and loved ones.

JFS is committed to the concept of “aging in place” by enabling older individuals to maintain independent lives in the community for as long as possible.

For additional information on Senior Services, contact:
Alice Tennis, MSW, VP of Senior Services
Direct: 561.558.2153 | Email: alicet@ralesjfs.org
INFORMATION AND REFERRAL is available to families who have questions about navigating the world of health care and senior services for their aging loved ones. Staff can provide information and consultation about challenging situations. Referrals to specific community resources are also available.

HOLOCAUST SURVIVORS ASSISTANCE PROGRAM provides home care and other vital services that enable Holocaust survivors to age in place with independence, health, and safety. Funding is provided by the Claims Conference (The Conference on Material Claims Against Germany). Additional emergency funding is provided by KAVOD SHEF in partnership with Seed the Dream Foundation.

CAREGIVER RESOURCES AND RESPITE PROGRAM offers caregiver education, support, and respite to individuals caring for a loved one with dementia and other chronic conditions. Services may be provided in individual and group formats.

UNIPER PROJECT reduces senior isolation through a technology platform that provides social connections, education, spiritual, and wellness opportunities.
Shirley & Barton Weisman
Delray Community Center

The Shirley and Barton Weisman Delray Community Center is a beautiful state-of-the-art gathering place for seniors over 60 to stay active, learn, and socialize with peers.

For additional information on the Weisman Center, contact:
Risa Demato, VP of the Weisman Center
Direct: 561.558.2158 | Email: risad@ralesjfs.org
EDUCATIONAL & SOCIAL PROGRAMS include lectures on a variety of topics ranging from history and art to science and Judaica. Discussion groups cover current events, philosophy, and nostalgia. Classes and organized play are offered for a range of games.

MUSIC, ARTS & ENTERTAINMENT events include classical music, fine arts, films, chorus and musical theater.

HEALTH & WELLNESS “Age in Place” events and activities such as exercise, nutrition, meditation, mindfulness, and medical lectures are offered. Through partnerships with community organizations, the Weisman Center brings in expert speakers on timely topics. Various support groups provide a safe space to share. Individual counseling is also available.

FELDMAN FAMILY DIAMOND & ADVENTURE CLUBS provide enjoyable presentations, live entertainment, and socialization through the weekly Diamond Club. Adventure Club provides a pleasurable day out to museums, ballet, theater and tours.

BLUME CAFÉ provides a place to gather before, after, and in between classes. The social hub is ORB (kosher) certified. Meet, chat, and eat while making new friends.
JFS at Home was established in 2016 as a private duty Home Health Agency, licensed in Palm Beach County. The mission of JFS at Home is to help seniors age in place safely and with dignity.

For additional information about JFS at Home, contact:
Marissa Gordon, MPA, Administrator
Direct: 561.558.2163 | Email: marissag@jfshome.org
NON-MEDICAL HOME CARE Certified Nursing Assistants (CNA’s) and Home Health Aides (HHA’s) provide assistance with personal care and activities of daily living, including showering, dressing, transferring, ambulating, meal preparation, medication reminders, light housekeeping, and transportation.

COMPANION SERVICES Provides seniors with socialization and recreation, transportation to medical appointments and shopping, meal preparation, and light housekeeping. Training is offered in partnership with the JFS’ Career and Employment Services.

CARELINK - GERIATRIC CARE MANAGEMENT A Licensed Clinical Social Worker, seasoned in geriatric care management, provides coordinated care for older adults including an assessment, advocacy, care planning, monitoring, and communication with client families. Services include, but are not limited to, determining eligibility for government benefits, information and referrals, and review of long-term care insurance policies.

JFS at Home is an independent home care agency affiliated with Ruth & Norman Rales Jewish Family Services
JFS Office Locations

Main Office
21300 Ruth & Baron Coleman Boulevard, Boca Raton, FL 33428-1757
P: 561.852.3333 • F: 561.852.3332

Satellite Offices
Shirley & Barton Weisman Delray Community Center
7091 West Atlantic Avenue, Delray Beach, FL 33446
P: 561.558.2100 • F: 561.558.2176

Jacobson Family Food Pantry
430 S Congress Avenue, Unit 1C, Delray Beach, FL 33445
P: 561.274.1940

JFS at Home
21300 Ruth & Baron Coleman Boulevard, Boca Raton, FL 33428-1757
P: 561.852.HOME (4663) • F: 561.852.6040
Program Contacts

Belford Family Volunteer Department
Kim Edelberg, MSW, MPA, Co-Director Belford Family Volunteer Department
561.852.3178 | kime@ralesjfs.org

Career & Employment Services
561.852.5057 | ces@ralesjfs.org

Community Outreach
Danielle Greenblatt, LCSW, Director of Community Outreach
561.852.3151 | danielleg@ralesjfs.org

Counseling & Mental Health Services
Ronald Corbin, LCSW, VP of Mental Health Services
561.852.3385 | ronaldc@ralesjfs.org

Domestic Abuse Education & Action
Lorrie Conglose, MS, LMHC, Director of Domestic Abuse Education & Action
561.852.3356 | lorriec@ralesjfs.org

Financial Assistance & Meals on Wheels
Jadyn Tureff, LCSW, VP of Financial Services and Meals on Wheels Program
561.852.3171 | jaclynt@ralesjfs.org
Program Contacts

**Food Programs – Jacobson Family Food Pantry**
Julie Weisberg, Senior Director of the Jacobson Family Food Pantry & Food Pantry Outreach
561.274.1940 | juliew@ralesjfs.org

**JFS at Home**
JFS at Home, Marissa Gordon, MPA, Administrator
561.558.2163 | marissag@jfshome.org

**School Readiness**
Jaclyn Tureff, LCSW, VP of Financial Services and Meals on Wheels Program
561.852.3171 | jaclynt@ralesjfs.org

**Senior Services**
Alice Tennis, MSW, VP of Senior Services
561.558.2153 | alicet@ralesjfs.org

**Special Needs**
Tzippi Rosen, LCSW, Special Needs Community Liaison/Outreach Coordinator
561.852.3112 | Email: tzippir@ralesjfs.org

**Toby and Leon Cooperman Therapy & Family Resource Center**
Aliyah Longhurst, LMFT, BCBA Director, Toby and Leon Cooperman Therapy & Family Resource Center
Direct: 561.852.5099 | Email: Aliyahl@ralesjfs.org

**Weisman Delray Community Center**
Risa Demato, VP of the Weisman Center
561.558.2158 | risad@ralesjfs.org
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JFS at Home
facebook.com/jfshome.org
Mission Statement

Since 1979, Ruth & Norman Rales Jewish Family Services (JFS) has offered help, hope and humanity through our comprehensive range of programs and services which support people of all ages and beliefs.

With locations in Boca Raton and Delray Beach, JFS programs and services include food & financial assistance, senior services, counseling & mental health services, career & employment services, family & children’s services, and many volunteer opportunities.

Funding is provided by individuals, corporations, grants, special events, and donors who support our mission and bring hope to thousands in need.

Vision Statement

Ruth & Norman Rales Jewish Family Services (JFS) will continue as the premier human service agency in South Palm Beach County providing a continuum of services for individuals and families at all stages of life.