Elizabeth Vargas, co-anchor 20/20, to deliver keynote address at Reflections of Hope Luncheon.
See page 5 for details.

JFS is Proud to Recognize All Past Rales Humanitarian of the Year Recipients.
See page 5 for details.

Honoring the Life & Legacy of Ruth & Norman Rales at This Year’s 40th Anniversary Gala
See page 5 for details.
It can be scary out there!

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Dear Friends:

We are happy to present to you our current edition of Illumination Magazine. This issue is dedicated to our 40th Anniversary and highlights many new programs at JFS. Also in this issue we get a sneak peak at our upcoming fundraising and event season (page 5) including our 40th Anniversary Fund which is in full swing! We continue to celebrate our 40th Anniversary at specific agency sponsored events and look forward to celebrating the success of our 40th Anniversary Fund with everyone in January (page 28).

Thank you to all of you who helped make the 2018-19 year so special for the agency, and we look forward to a fantastic 2019-20 season. I look forward to continuing our positive trajectory which enables us to continue helping so many in our community.

Happy Reading!

Sincerely,

Danielle N. Hartman
President & CEO
**EMERGENCY FINANCIAL ASSISTANCE**

Dear JFS:

I want to say that due to your agency’s help, I have been able to pay my deposit for housing, save my son’s service dog, get my son’s glasses, keep my car, and basically restart my life!!! I am truly grateful for everything. I couldn’t have even imagined being in this position 6 months ago.

-Tami

**CAREGIVER RESOURCES & RESPITE**

Dear JFS,

Thank you for your warm welcome to the Caregiver Resources & Respite Program.

Both Manny and I have been enjoying and benefitting so much from the Program. Manny also loves your pizza and tuna salad lunches! The Program has reduced anxiety for both of us and brought new happiness. We look forward to coming to the Weisman Center every Friday!

Thanks again.

-Teresa

**COUNSELING & MENTAL HEALTH SERVICES**

Dear JFS:

Feeling hopeless about my future, I began to feel bad about myself. I was unable to work because I couldn’t concentrate or focus and constantly doubting my own abilities. Based upon a friend’s recommendation, I reached out to JFS for help.

Never having experienced therapy, I was initially very nervous. Once I met with my therapist, I felt hopeful. She was kind and understood me. Throughout my therapy, she challenged me to be more positive in a caring way. I was taught how to identify and evaluate my thoughts in a way that made me feel positive about myself. I am now working again, my relationships have grown, and I am enjoying many of the activities that I had stopped doing. I am a much happier person and the skills that I learned during therapy are ones that I will use for the rest of my life. Thanks JFS!

-Jennifer

**CARELINK, GERIATRIC CARE MANAGEMENT**

Dear JFS:

I need to reach out to you to let you know how much your CareLink Care Manager has meant to my mother-in-law, Doris. She is truly an “Aishet Chayil” (Woman of Valor) as she has made a huge difference in the quality of Doris’ life, ensuring Doris’ emotional and physical well-being. As Doris moves through the last chapter of her life, she has felt increasingly burdened by unspoken memories of her Holocaust trauma and your Care Manager has enabled her to find some significant closure to these pressing thoughts. Her skill and empathy in helping Doris express these painful memories is remarkable.

The relationship formed and the mutual love they feel for each other is a beautiful thing to witness.

We are grateful to JFS for being able to assist our family in such a loving way.

-Rhonda
JFS to Honor the Life & Legacy of Ruth and Norman Rales at 40th Anniversary Gala.

In celebration of our 40th Anniversary, JFS will honor the life & legacy of Ruth and Norman Rales and their family’s commitment to the agency.

The Rales’ sons shared “Our parents came from humble roots. Neither of them could afford to attend college, and our father was raised in an orphanage in New York City during the Depression. As a couple, Norman and Ruth Rales’ ambition was not solely to achieve the American dream for themselves and their children, but to assist others less fortunate in achieving the same dream.”

JFS was established in 1979. A decade later, in recognition of a magnificent donation by Norman Rales, the Agency was re-named Ruth Rales Jewish Family Service in honor his wife Ruth. In 2012, after Norman Rales’ passing and in recognition of his commitment to JFS, the Agency was re-named Ruth & Norman Rales Jewish Family Services. The Rales family continued in their parent’s philanthropic footsteps by providing a transformative gift that allowed JFS to create the “Center for Families and Children”.

The family, through the Rales Foundation, continues to build upon the legacy of Ruth and Norman and JFS is committed to do the same.

JFS Is Proud to Recognize All Past Rales Humanitarian of the Year Award Recipients:

<table>
<thead>
<tr>
<th>Year</th>
<th>Recipients</th>
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<tbody>
<tr>
<td>2009</td>
<td>Meryl &amp; Ron Gallatin</td>
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<tr>
<td>2010</td>
<td>Diane &amp; Larry Feldman</td>
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<tr>
<td>2011</td>
<td>Larry Phillips (z'l)</td>
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<td>2012</td>
<td>Isabel &amp; Arnie Friedman</td>
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<td>2013</td>
<td>Laurence I. Blair</td>
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<td>2014</td>
<td>Shirley &amp; Bart Weisman</td>
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<td>2015</td>
<td>Anne &amp; Norman Jacobson</td>
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<tr>
<td>2016</td>
<td>Jane &amp; Alan Cornell</td>
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<tr>
<td>2017</td>
<td>Marilyn &amp; Jay Weinberg</td>
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<tr>
<td>2018</td>
<td>Toby &amp; Leon Cooperman</td>
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Elizabeth Vargas, Award-winning Anchor and Correspondent, and Co-anchor of ABC’s 20/20 to Keynote Reflections of Hope Luncheon

Award-winning anchor and correspondent, and co-anchor of ABC’s 20/20, Elizabeth Vargas, will be the keynote speaker at this year’s Reflections of Hope Luncheon taking place on Thursday, February 13th at Boca West Country Club. Vargas, who has covered breaking news stories, and known for her in-depth investigations and conducting newsmaker interviews, is credited by The New York Times for reinvigorating 20/20’s newsmagazine format with her “intellectually brave” reporting.

Elizabeth Vargas will bravely discuss how alcoholism has affected her life and career, and why she chose to publicly share her struggle with the disease and her ongoing recovery. With her signature candor and insight, Vargas gives audiences a behind-the-scenes look at today’s live news reporting and ever-evolving media. She shares her experiences breaking some of the biggest stories and reporting from the front lines around the world, from Hurricane Katrina, to the war in Iraq, to the crisis in Beslan, Russia, and back to the White House.
JFS and HOT Enable Woman to Age In Place

Susan, an 87 year old senior, lives in Boca Raton with her daughter. Susan suffers from Alzheimer’s disease. Her daughter Linda has stopped working in order to be her primary caregiver. Linda, feeling that it is important for Susan to age in place at home, has dedicated herself to her mother’s care. Susan is a large woman and she is no longer able to move herself on her own. The purchase of a lift device assists Linda with moving her from her bed, chairs, toilet and car. It is also utilized as a wheelchair service. Because of funds provided through Hands on Tzedaka (HOT), Linda is able to safely care for her mother and allow her mother to age in place, in her own home, where she feels safe and comfortable.

10th Annual Woodfield Feeds the Hungry

The 10th Annual Woodfield Feeds the Hungry, which takes place every year immediately prior to Thanksgiving, raised a record total of over $15,500, along with hundreds of pounds of food, all donated by the residents of Woodfield Country Club. Volunteers spent an entire morning assembling Thanksgiving meals and food packages that they then delivered to home bound seniors for Thanksgiving.

Polo Club Cards for Kids

The Polo Club of Boca Raton recently presented JFS with a check for $14,000 (the largest ever) benefiting Cards for Kids, an important program that provides Target gift cards for local families in need.

The Jacobson Family Food Pantry Needs You!

The Jacobson Family Food Pantry relies on your donations to help meet the needs of our community. If you or your organization would like to host a food drive, contact Julie Weisberg, Food Pantry Outreach Coordinator at 561.852.3333 or JulieW@ralesjfs.org.
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The Shops At Boca Center
Chanukah Meals Brighten the Lives of Clients

The holiday was made brighter for clients of the Jacobson Family Food Pantry thanks to the generosity of the Paul Markhoff Foundation. The Foundation provided Chanukah meals to all clients of the Jacobson Family Food Pantry.

Passover Food Parade

Thank you to students at Donna Klein Jewish Academy, Katz Hillel Day School and Katz Yeshiva High School for volunteering to sort the 1,515 pounds of food collected during the schools’ Pre-Passover food drives. Their efforts helped provide food for our neighbors through the Jacobson Family Food Pantry. Pictured: Students from Donna Klein Jewish Academy (top); Students from Katz Hillel Day School (middle); Students from Katz Yeshiva High School (bottom).

Passover Food Delivery

Thanks to Addison Reserve Country Club, over 450 bags of Passover food and supplies were purchased, sorted, packed and delivered to Jacobson Family Food Pantry clients prior to Passover. Pictured: Volunteers from Addison Reserve Country Club.

HERO OPPORTUNITY

For additional volunteer opportunities at the Jacobson Family Food Pantry, please contact Kim Edelberg, Volunteer Department Manager at 561.852.3333 or KimE@ralesjfs.org.

JFS has several Holiday Food Program underwriting opportunities available. Contact Cindy Orbach Nimhauser, JFS Senior VP and Chief Development Officer to find out more at 561.852.3333 or CindyN@ralesjfs.org.

CONTACT

Shari Cohen | Vice President of Financial Services and Food Programs | 561.852.5048 | ShariW@ralesjfs.org
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JFS Offers Affordable Psychological Testing Services

Psychological and Psychoeducational evaluations of children are methods of gathering information regarding a child’s cognitive, academic, behavioral, and emotional strengths and weaknesses to ensure that he or she receives the correct placement, assistance, or accommodations to maximize their daily functioning and academic performance. The results of an evaluation are vital to understanding students’ learning style and/or needs, unlocking their academic potential, and enabling them to experience success inside and outside of the classroom.

All testing will be supervised by one of our licensed psychologists, Heather Kuhl, PsyD, LMFT or Oren Schwartz, PsyD. Dr. Kuhl, our senior psychologist who oversees the testing program, has vast experience in working with children, adolescents, adults, and families from varied backgrounds. Testing and evaluations conducted at JFS include: Gifted/IQ Evaluations, Learning Disabilities, Psychoeducational Evaluations, and Psychological Evaluations.

Expanded Psychiatry Program to Launch Through the Financial Support of the Norman and Ruth Rales Foundation

In order to meet the current needs for affordable psychiatry services in our community, JFS is launching an expanded Psychiatry Program. While JFS has had part-time psychiatrist Dr. John Schosheim on staff for the last five years, the community’s needs far exceed Dr. Schosheim’s availability. Funded through the Norman and Ruth Rales Foundation, JFS will be adding a full-time psychiatrist (with a focus on seniors) and offer services on a sliding fee scale. Additionally, JFS will be consulting with Dr. Susan Lehmann, Associate Professor in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine. Over the next year, she will guide JFS as it creates and develops an expanded Psychiatry Program. JFS is also collaborating with Florida Atlantic University to establish a community based practicum site for its psychiatry students beginning in the summer of 2020.
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JFS’ CareLink is Here When You Can’t Be

Do you live away from your loved ones in South Florida? Do you worry about them? JFS’ geriatric care management program, CareLink, will be there when you can’t. CareLink, a fee for service program, provides seamless connections for your loved ones to local elder care professionals and services. Whatever the geographic distance, compassionate experts are just a phone call or email away to listen, help assess needs, and coordinate care. Get peace of mind knowing CareLink's masters level social workers will provide you with complete, accurate and continual updates.

If your loved one returns home after a hospital stay, CareLink can coordinate the home-care and monitor the recovery process. If your loved one seems unsteady or disoriented, CareLink can arrange for a doctor’s visit, or if you and your siblings can’t agree on your loved one’s care, CareLink can send in a neutral professional to perform an assessment and develop a plan of care. CareLink often serves as a liaison between siblings to maintain a positive flow of communication.

Stop worrying and call, JFS Senior Services, at 561-852-3333, to learn how CareLink can ease your mind.

Making a Difference One Smile at a Time

DASH (Dentists Assisting Survivors of the Holocaust) is a volunteer program for dentists, which operates under the Senior Services Department of JFS. Currently, there are 17 dentists actively participating in the Program, which makes a huge difference in the lives of the fragile and precious Survivors living in our community. By providing pro-bono dental services, these special doctors combine the gift of giving with the gift of Healing.

Dr. Ronald L. Rubin, DMD of Boca Raton has been participating in JFS’ DASH Program since the Program’s inception in 2014 and is grateful to have the opportunity to help our Survivors stay as healthy as possible. Dr. Rubin stated, “These very brave people survived the horrific and demonic onslaught of the Holocaust. As they age and move into their final years, I am so grateful that I can provide treatment and help them avoid oral pain without them having any financial concerns.”

If you are a dentist and wish to participate in DASH, please reach out to Susi Price, MSW, JFS Geriatric Case Manager and DASH Program Manager. Susi can be reached at 561-852-3333 or SusanP@ralesjfs.org.

JFS Partners with Bet Tzedeck, Greenberg Traurig and Nelson Mullins, to Provide Local Holocaust Survivors with Estate Planning Services

Through the assistance of Bet Tzedeck, JFS worked with the Boca Raton office of Nelson Mullins, a law firm with 25 offices nationwide, and for the second year, the Ft. Lauderdale office of global law firm Greenberg Traurig, LLP, to provide south Palm Beach County Holocaust survivors with pro bono advance planning (estate planning) services in an effort to help combat the stigma survivors often associate with advance planning. The goal is to help survivors feel comfortable that their dignity will be preserved in times of illness or incapacity. A grant from the Jewish Federations of North America made it possible for Bet Tzedeck, a Los Angeles based non-profit law firm, to expand the free legal services offered by its Holocaust Survivors Justice Network (HSJN) to include advance-planning services for Holocaust survivors nationwide.

Holocaust survivors in the Boca Raton and Delray Beach area who are interested in participating in a future legal clinic should contact Ellen Ullman, MSW, JFS Geriatric Care Manager at 561.825.3333 or EllenU@ralesjfs.org.
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Professionally and personally, Jewish Family Services has come to mean something deeply and profoundly gratifying in my life. Being part of the Jewish Community of Boca Raton is and will continue to be an integral part of our mission.
What the Weisman Center Means to Us

“We wish every community had a Weisman Center.” These are the words echoed by friends Anita & Bess, two “regulars” at the Weisman Center. Anita Silverman has been coming to the center since it opened 8 years ago. Although legally blind, she participates in the Feldman Family Diamond Club, current events discussions, and comedy improv classes, which she says are great for her memory.

Anita attributes the Center with providing her a sense of purpose and inspiration to wake up every morning. She says, “I love the way Carlos (the security guard) greets me. Every morning he tells me ‘Good Morning, Mrs. Sunshine’.”

Anita became friends with Bess Levine 2 years ago when Bess relocated to the area after her husband passed. The transition was very difficult for Bess. She says, “After my husband passed, I felt lost. After getting involved at the Weisman Center, I now feel like my life has been extended. I greet visitors and mentor new members.”

The advice both Anita and Bess share to seniors, “Don’t stay home! Come to meet people in a similar situation. This is a place where seniors feel not only welcomed, but also needed.”

Spotlight on Legacy Giving at the Weisman Center

My membership at the Shirley & Barton Weisman Delray Community Center has meant so much more to me than I ever expected. Along with so many other participants of the center, it has become a “beacon of hope” for the future.

I decided through my estate planning I could create a legacy to help ensure the continuation of its wonderful programs for the next generation of seniors who will pass through this amazing place.

It is my hope that other members will see how easy it is to make a difference and help by including the Weisman Center in their estate plans.

- Rachelle Lipman

Blume Café-Stop in for a Quick Bite!

Did you know?

• The Blume Café’ at the Weisman Center is currently the only kosher (ORB supervised) sit-down restaurant in Delray Beach and Boynton Beach.

• It is open to the public (you do not need to be a Weisman Center Member to dine at the Cafe) from 9 a.m. - 3 p.m. Monday-Friday.

• Menu features reasonably priced sandwiches, salads, soups and pastries.
Proud to be part of the

JFS DASH Program
Dentists Assisting Survivors of the Holocaust

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Domestic Abuse Education & Action Expands

In an effort to meet the needs of the community, JFS has expanded the Domestic Abuse Education & Action Program to its own department. Formerly under the umbrella of the Outreach Department, the expanded unit will have two full-time staff to address the epidemic proportion of domestic abuse occurring in our community. Statistics show that 1 in 4 women will experience domestic violence at some point during their lives. Is it your quiet co-worker, your neighbor, or even a close friend? Would you know what to do if you suspected someone was being abused?

The Domestic Abuse Education and Action Department works to identify and build relationships with local organizations such as AVDA (Aid to Victims of Domestic Abuse), and Legal Aid Society of Palm Beach County, to educate and provide assistance to as many survivors as possible. Working in conjunction with local schools, houses of worship, youth organizations, hospitals and more, the expanded department will provide education through our TARA (Teens Against Relationship Abuse) Program and perhaps prevent abuse before it occurs.

To learn more, please contact Lorrie Conglose, RMHCI, Domestic Abuse Education & Action Director at 561-852-3333 or LorrieC@ralesjfs.org.

Record Number of Families Receive Summer Camp Scholarship Assistance

Summer camp is synonymous with fun, and no parent wants to tell their child that they cannot attend camp because the family can’t afford it. Yet, this happens in numerous homes in our community. Through the Center for Families & Children, JFS provided over $200K in summer camp scholarships enabling close to 300 children to grow, build self-esteem, and create life-long memories by attending summer camp. JFS’ partnerships with JAFCO’s Camp Kehilla and the Levis JCC Marleen Forkas Camps, among others, demonstrate how our agency joins forces within our community to ensure the needs of local children and families are met.

Please consider helping our children by making a donation at ralesjfs.org/donate. If you notate “Summer Camp” in the comments section, your donation will be directed towards summer camp scholarships.
Career & Employment Services Introduces Two New Services

Whether you are a recent graduate, currently employed or returning to the workforce, Career & Employment Services can help.

In addition to our monthly workshop series Steps to Success, Career & Employment Services now offers a Resume Writing and LinkedIn Profile Writing Service. These fee for service programs include up to four in person meetings to capture your professional experience. With technology playing an important part of the initial screening process, a carefully crafted resume that captures keywords is essential. A JFS Career Strategist will create a personalized resume that includes keywords used in applicant tracking systems. Your new resume will highlight your most important skills and experience.

Your online presence is as important as an amazing resume. LinkedIn is a great way to increase your professional network and find out about career opportunities. Career & Employment Services can create a LinkedIn profile that includes a bio, professional history, education, professional memberships, skills and endorsements. We’ll also coach you on how to effectively use LinkedIn to expand your network. With each service, you can feel confident that you are putting your best professional foot forward.

Career & Employment Services Candidates Benefit Through JFS Partnership with Levis JCC Resale Boutique

Thanks to a partnership between JFS and the Levis JCC Resale Boutique, candidates who are referred from Career & Employment Services are able to visit the boutique and shop at the Jewish Federation of South Palm Beach County’s “Business & Professional Cabinet Closet” project.

Job-seeking candidates are able to shop and select interview attire and work wardrobes at no charge. This partnership empowers candidates to look their best so that they approach the job market with self-confidence and poise. “Career & Employment Services candidates are very appreciative of receiving interview clothing. It gives candidates the boost they need to put their best foot forward during the interview process” stated Angelica Sandoval, VP of Career & Employment Services.

“It is truly heartwarming and gratifying to be able to assist many people through the Boutique,” noted Eric Goldman, Senior Manager of the Levis JCC Resale Boutique. “Watching someone come in and choose a wardrobe, knowing that they are setting off on a new chapter in their lives, is a wonderful feeling. The thank you letters, emails, and phone calls that we receive show us that the work we do here is making a lasting impact.”

CONTACT
Angelica Sandoval, LMHC | Vice President of Career & Employment Services | 561.852.5057 | AngelicaS@ralesjfs.org

Eric Goldman, Levis JCC Resale Boutique Senior Manager, and Angelica Sandoval, VP, JFS Career & Employment Services (CES), assemble an outfit for a CES candidate from the clothes provided to the Boutique through the Federation's Business & Professional Cabinet Closet project.
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Please Give the Gift of Time

VOLUNTEER OPPORTUNITIES

Volunteers are a vital component of our programs. We would not be able to provide many of our services without your gift of time and talent.

• Opportunities available to accommodate all types of schedules, whether it is one hour a week or a month, we need you!
• Perfect for year-round residents, snowbirds and snowflakes!
• All volunteer opportunities are within the Boca Raton and Delray Beach area.

Career & Employment Services
Help transform individuals into job ready candidates by conducting mock interviews, assisting in crafting resumes and much more.

Community Mentoring Program for Children
Make a difference in a child’s life by spending time and encouraging them along their journey to becoming confident, productive adults. Most children are from single family homes.

Friendly Visitors for Seniors
Visit with an isolated home bound senior in our community 2 to 4 times a month for socialization and conversation.

Jacobson Family Food Pantry
Assist in weekly bagging of groceries or help deliver food to needy residents in our community, bi-monthly on Thursday and Friday mornings.

2017 JFS Volunteer of the Year – Yolanda Holiber

Yolanda Holiber was named JFS Volunteer of the Year at the Agency’s Annual Volunteer Appreciation Luncheon. The Luncheon honors volunteers who dedicate their time so generously during the course of the year.

Yolanda, a volunteer driver for the Kibbitz and Ride program, is the sheer definition of selfless. With over 1,100 miles driven in 2018 alone, Yolanda has provided unparalleled service by driving several clients to countless doctor appointments and grocery store visits. Yolanda is always ready and willing to help whenever possible, even rescheduling her own commitments to help get a client where they need to be.

Yolanda also volunteers for the Adele Loeb and Les Nackman Meals on Wheels program, delivering food to those in need in our community. Yolanda is a prime example of someone investing time and talent to provide outstanding service to the clients of JFS.
Kibbitz & Ride - Drivers for Seniors
Enrich the lives of seniors in our community who are no longer able to drive. Drive seniors to medical appointments, food shopping, and other errands, which are arranged in advance. Not only is this a driving program, but the time the driver spends with the clients gives them companionship, conversation, and may be the only person they see that day. Flexible weekday schedules are available.

Meals on Wheels Delivery Drivers
Deliver nutritionally balanced prepared meals to homebound seniors, weekly or monthly on Friday mornings.

Parachaplaincy - Shabbat Services
Spend an hour of time in nursing homes and assisted/independent living facilities to conduct Friday afternoon Shabbat Services.

Special Events
As you can see by reading Illumination, JFS hosts many special events throughout the year. Volunteer to help at particular event(s) that interest you:
• Annual Thanksgiving Banquet
• Cafe Europa (semi-Annual, held in June and December)
• Passover Model Seder

Telephone Reassurance for Seniors
Become a phone friend to a homebound senior by making calls from the Weisman Delray Community Center once a week for two hours weekday mornings.

Weisman Delray Community Center
Teach a class or help with special events and programs, serve light meals in the café, greet visitors, provide tours, register attendees for classes and so much more!

VOLUNTEER TOGETHER
Families
Volunteer to bag food, spend time with a homebound senior or deliver meals as part of the Meals on Wheels program.

Groups
Whether work, social, schools, or residential communities, collaborate to establish food drives or collect funds for a dedicated giving opportunity.

B’nai Mitzvot
Enhance your celebration by remembering those in need. Organize a collection for food, toiletries, toys or anything else you can think of as a way to give-back as part of your special day.
Staff Summer Retreat and Team Building

Each summer, JFS staff comes together for a fun team building event. Recently all JFS staff gathered at the Shirley & Barton Weisman Delray Community Center to participate in interactive exercises to help reduce stress and build communication skills. It was a great bonding experience.
For Helen, There’s No Place Like Home

And that’s the way it should be. Helen called JFS at Home and was matched with a pre-screened, quality caregiver so she can continue to age in place with the dignity and independence she deserves.

WE CAN DO THE SAME FOR YOU!

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FOOD & FINANCIAL ASSISTANCE
• Adele Loeb & Les Nackman Meals on Wheels Program
• Bernard Sherman Fund to Enhance Jewish Identity
• Financial Assistance
• Hebrew Free Loan Society
• HOT Senior Assistance Program (Available to Food Pantry clients who qualify)
• Information & Referral
• Jacobson Family Food Pantry
• Jewish Educational Loan Fund
• Subsidized Home Care

COUNSELING & MENTAL HEALTH SERVICES
• Assessment, Information & Referral Services
• Individual, Couples and Family Therapy
• In Home Therapy (for those who qualify)
• Group Counseling
• LGBTQ Dedicated Specialist
• Psychiatric Assessment and Ongoing Medication Management
• Psychological Testing Services
• Welcome Home Program

SENIOR SERVICES
• Adele Loeb & Les Nackman Meals on Wheels Program
• Caregiver Resources & Respite Program
• CareLink – Geriatric Care Management Services
• Financial Assistance
• Friendly Visitors
• Holocaust Survivor Assistance Program
• HOT Senior Assistance Program
• Information & Referral
• Jacobson Family Food Pantry
• Kibbitz & Ride Transportation
• Senior Companions (through JFS at Home)
• Socialization
• Telephone Reassurance

SHIRLEY & BARTON WEISMAN DELRAY COMMUNITY CENTER
• Blume Café
• Caregiver Resources & Respite Program
• Case Management Services
• Computer Classes
• Cultural, Social and Recreational Programs
• Educational Lectures & Workshops
• Feldman Family Clubs
• Health & Wellness Activities
• Individual & Group Therapy
• Movie & Theater Events
• Rales Rides Transportation
• Volunteer Opportunities

Need HELP? Want HELP? REACH OUT TO JFS
(561) 852-3333 | INFO@RALESJFS.ORG

3632 Ocean Blvd, Delray Beach, FL 33483
175,000 pounds of food distributed through The Jacobson Family Food Pantry
8,500 sessions of individual & family therapy, counseling, psychiatry and psychological testing
Over 400 Holocaust survivors helped through the Holocaust Survivor Assistance Program
Over 1,300 members participate in the many socialization programs offered
CENTER FOR FAMILIES & CHILDREN

- Bernard Sherman Fund to Enhance Jewish Identity
- Career & Employment Services
- Community Outreach - in schools, synagogues and community organizations
- Domestic Abuse Education & Action
- JFS CARES - Substance use disorders education and outreach
- Financial Assistance
  - SAT/ACT Prep Courses
  - Summer Camp Scholarships
- Special Needs Services
  - Case Management
  - Individual Counseling
  - Information & Referral
- Financial Assistance includes, but not limited to:
  - ABA (Applied Behavior Analysis) Therapy
  - Adaptive Equipment
  - Camps Including Summer & After School
  - Emergency Financial Assistance
  - Occupational, Physical and Speech Therapies
  - Respite Care
  - Supportive Shadows
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BELFORD FAMILY VOLUNTEER DEPARTMENT

- Adele Loeb & Les Nackman Meals on Wheels Delivery Drivers
- Community Mentoring Program for Children
- Friendly Visitors for Seniors
- Jacobson Family Food Pantry
- Kibbitz & Ride - Drivers for Seniors
- Parachaplaincy - Lead Shabbat Services
- Telephone Reassurance for Seniors
- Weisman Delray Community Center

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15,000
CLIENTS HELPED ANNUALLY
Message from Cindy Orbach Nimhauser  
Chief Development Officer, Senior Vice President  

Our 40th Anniversary year has been a time of reflection and review. We have looked back at the past four decades at JFS with amazement and pride. We are truly amazed by the breadth and scope of services that we offer our community today; we are so proud of how far we have come since we first opened our doors. JFS recognizes the need to be flexible to adapt to the changing needs of our community, while maintaining the essence of who we are as an agency.

Who are we? We are that first phone call when crisis strikes, for help in putting your world back together.

We offer a hand up …not a hand out… to our neighbors who never imagined they would need help.

JFS has been offering help, hope and humanity for over 40 years to all who need it in our area, and we will continue to be here for the next 40 years and beyond.

Help us continue the important work we do for those who come through our doors. A donation to our 40th Anniversary Fund (which is being matched up to $400,000) will ensure that JFS will continue to do its transformational work.

IMAGINE A FUTURE WHERE YOUR VALUES OF HELP, HOPE, AND HUMANITY LIVE ON.

With Create a Jewish Legacy, you ensure the things you value are sustained for future generations. Through a planned gift or endowment, you will:

• Ensure the viability of JFS and its programs
• Enable JFS to continue to serve the growing needs in the community
• Ensure that JFS will always be a beacon of hope in a time of crisis for those in need

Learn more about how you can establish a planned gift or endowment. Consult your trusted financial or legal advisor to discuss how legacy gifts can positively impact your estate plan, while ensuring the future of the community you love.

For a legacy conversation, contact Cindy Orbach Nimhauser, Chief Development Officer, Senior VP at 561-852-3279 or CindyN@ralesjfs.org
SEEING IS BELIEVING
Judi & Craig Donoff have seen first-hand how the many JFS programs assist our community from children to seniors; that’s why the Donoffs have chosen to convert their Donor Advised Fund into a permanent endowment to ensure the continuity of these programs after their lifetime.

GIVING IS A FAMILY TRADITION
Illana and Samy Dwek wanted to continue their family’s tradition of supporting their local community and always giving to those most in need. That is why the Dweks chose to make a bequest in their will to JFS, ensuring the continuity of our programs after their lifetime.

HOW BLESSED ARE WE?
This question is frequently posed by Diane & Larry Feldman when surrounded by the seniors they support through the Feldman Family Diamond & Adventure Clubs. That is why the Feldmans chose to make a bequest in their will to JFS, ensuring the continuity of their programs after their lifetime.

MAKING AN IMPACT
Michele and David Katzman are dedicated to helping others. In order to ensure the continuity of their impact after their lifetime, they chose to name JFS as a beneficiary in their IRA.

YOU CAN TOO. FIND OUT HOW.
Contact Cindy Orbach Nimhauser, JD, Chief Development Officer, Senior Vice President
Call 561.852.3279 | Email CindyN@ralesjfs.org | Visit ralesjfs.org
Because you only turn 40, once.

You are cordially invited to celebrate with us!

JFS will be hosting a special reception for all donors who have made gifts of $1,000 or more to our 40th Anniversary Fund.

Donations to the JFS 40th Anniversary Fund will be used to support current and future programs of the agency. In celebration of our 40th year, the Estate of Madeline (z’l) and Eugene Pargh (z’l) have made a generous $400K gift to kick-off the Fund. JFS is asking the community to match their donation dollar for dollar with new and one-time gifts.

With your contribution to the 40th Anniversary Fund, we will be able to continue offering the quality programs and services you have come to expect, which help people of all ages and beliefs during their time of greatest need.

JANUARY 14, 2020 | 5:30 P.M.

Shirley & Barton Weisman Delray Community Center
7091 W. Atlantic Ave. Delray Beach, Florida 33446
Dietary laws observed.

Without YOU, we would not be able to embark on our NEXT 40 YEARS of serving the community.
THANK YOU TO OUR 40TH ANNIVERSARY FUND DONORS*

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*As of 8/26/19

TO BE A PART OF JFS’ 40TH ANNIVERSARY FUND

CONTACT: Cindy Orbach Nimhauser, JD
Chief Development Officer, Senior Vice President | 561.852.3279 | CindyN@ralesjfs.org

Donations can also be made online at www.ralesjfs.org/donate
A Look Back at Our Last 40 Years…

JFS IS BORN
JFS Becomes the first beneficiary agency of the Jewish Federation of South Palm Beach County. Counseling services were initially offered by a part-time social worker from a small storefront office on Federal Highway in Boca Raton. Eventually, offices moved to Spanish River Blvd. before relocating to the current campus in 1991.

1979
Berenice Shankerman (z’l) is named the first President of the JFS Board of Directors

1985
Spencer Gellert is hired as the first Executive Director
M. Rawler, K. Epstein (z’l), D. Ganesh, M. Bobick, S. Gellert

1989
The annual Thanksgiving Banquet for seniors with no place to go, begins. Originally funded by Larry Phillips (z’l) and Ellen R. Sarnoff (z’l), today this annual event feeds over 700 people with the help of 300 volunteers

1994
The Kibbitz and Ride program is started. Recognizing how difficult it can be when seniors give up the keys to their cars for safety, JFS started a program to use volunteers to drive seniors to shopping and doctor appointments. This program still exists.

1996

1999

JFS is renamed Ruth Rales Jewish Family Service with a gift from Norman Rales (z’l). Having grown up in the Hebrew Orphan’s Asylum (HOA), Norman Rales never forgot the importance of helping those less fortunate.

A. Wahrnfeld, B. Lovine, J. Genadin (z’l)
Recognizing the many hungry families living in our community, JFS opens a food pantry on the Federation campus feeding 32 families.

Norman (z’l) and Ruth Rales (z’l)

Celebrating with us!
Visit ralesjfs.org/40 to learn more.

Call: (561) 852.3333 | E-Mail: info@ralesjfs.org | Visit: ralesjfs.org
JFS won the Area Agency on Aging’s Outstanding Provider Award for dedication and excellence in serving seniors during Hurricane Wilma. JFS continues to be an integral part of hurricane response both pre-and post major weather events.

As a result of the significant increase in deaths due to opioid overdoses within our community, JFS, in partnership with the Jewish Federation, launches JFS CARES (Community Awareness, Resources and Education for Jewish families with loved ones with Substance Use Disorders) and hires our first certified addictions counselor. The program provides support to families, as well as educational opportunities throughout the community.

JFS renames the agency to include Norman Rales’ name to honor his legacy of financial and personal support for the agency, and his commitment and passion for helping those less fortunate. The agency is now called Ruth & Norman Rales Jewish Family Services. Josh Rales, one of Norman and Ruth’s four sons, attends the ribbon cutting ceremony unveiling the new name.

JFS breaks ground on a community center to serve the residents in the area. One year later, the Shirley and Barton Weisman Delray Community Center opened with a generous gift from the Weismans. Now a focal point for seniors in the area, the Weisman Center has close to 1500 members.

As an investment in our future, by making your gift to the JFS 40th Anniversary Fund, we can continue to provide services to those in need.

Food & Financial Assistance | Senior Services | Counseling & Mental Health Services | Career & Employment Services | Family & Children’s Services | Volunteer Opportunities
Pargh Family Grocery Named

As a way to honor Madeline and Eugene Pargh (z’l), a designated gift has been made by their estate to JFS’ Jacobson Family Food Pantry. In recognition of this donation, the non-perishable food section at the Pantry has been named the “Pargh Family Grocery.”

Lisa Goodman, JFS Board President, said “Madeline couldn’t bear the thought that her neighbors were going to bed hungry, so she marshalled her friends and helped create the pantry.”

Andy Pargh said of his parents, “They always placed a priority on helping others in need. Naming this section of the food pantry in their memory (or honor) is a beautiful way to remember their commitment to JFS.”

Since 1996, the food pantry has grown from feeding 32 households to currently serving over 600. Thanks to the generosity of the Parghs, JFS will be able to continue to meet the community’s needs.

JFS Renames Meals on Wheels Program

In recognition of a generous gift designated to benefit the Meals on Wheels Program, JFS unveiled the new name of the Program as, “The Adele Loeb & Les Nackman Meals on Wheels Program.”

The Program provides weekly deliveries of nutritionally balanced meals to homebound seniors. Deliveries are made by volunteers and the meals are prepared in partnership with the catering program at JARC.

Many homebound seniors either don’t have access to, or are not capable of, preparing nutritious meals. Currently, JFS delivers 39,000 meals annually, all of which are kosher (ORB certified), low sodium, and include a protein and two side dishes.

Both Adele and Les expressed their hope that other people will follow their lead, “whether it is through donations or through volunteerism.”
True Treasures has 3 stores in Palm Beach County to sell your True Treasures:

Donate items to Ruth & Norman Rales Jewish Family Services. You receive a tax deduction and JFS receives the proceeds!

Call Paul Shine @ 561-625-9569 to discuss your True Treasures.

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Imagine creating a lasting testament to the value that you hold most dear. Creating your legacy is not only deeply fulfilling, it also requires far less out-of-pocket funding than you may realize. In fact, legacy gifts come with tax breaks and benefits that make it a smart move for anyone’s estate plans. The JFS Visionary Society recognizes individuals who have secured our future through a planned gift commitment of $100,000 or more. Please join the following donors who have notified us of their plans to include JFS in their estate plans:

**VISIONARY SOCIETY**

- JACK ALEXANDER*
- ANONYMOUS
- LARRY BLAIR
- THE ESTATE OF HARRIET BRYER*
- JEFFREY & RICHARD BRYER
- TONY & LEON COOPERMAN
- JANE & ALAN CORNELL
- THE ESTATE OF KAROLA EPSTEIN*
- DIANE LARRY FELDMAN
- MERYL & RON GALLATIN
- ANNE & NORMAN JACOBSON
- LISA KAUFMAN
- BETTY & JON KIMMEL
- DEBRA & GERALD KRAMER
- APRIL & ROGER LEAVY
- ROXANE FRECHIE LIPTON
- ADELE LOEB & LES NACKMAN
- MADELINE* & EUGENE* PARGH
- NORMAN* & RUTH* RALES FOUNDATION
- ALISON & DAVID SCHIMEL
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- BERENICE SHANKERMAN*
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- THE ESTATE OF ETHEL SNYDER*
- SHIRLEY & BARTON WEISMAN
- ILENE & PETER WOHLGEMUTH
- JACQUELINE & SIDNEY* WOLGIN

**CREATE A JEWISH LEGACY**

- ANONYMOUS (9)
- CINDY & ALAN BERGMAN
- LARRY BLAIR
- SHIRLEY BRENNER*
- THE ESTATE OF ROSE BRESLOFF*
- JUDITH CHASON
- LAUREN A. COHEN
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- JUDI & CRAIG DONOFF
- ILLANA & SAMY DWEEK
- KAROLA EPSTEIN*
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- ELYSSA KUPFERBERG
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- THE ESTATE OF MILDRED SCHAIKOWITZ*
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* OF BLESSED MEMORY

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Ruth & Norman Rales Jewish Family Services
“The Greatest Show” 2018 Annual Gala

Ruth & Norman Rales Jewish Family Services (JFS) 2018 Annual Gala, themed “The Greatest Show,” honored Toby & Leon Cooperman with the Rales Humanitarian of the Year Award and Linda & Ralph Behmoiras/The Boca Raton Observer were presented with the JFS Corporate Leadership Award. With over 425 people were in attendance, the 2018 Gala was the largest ever. The dedication of Gala Co-Chairs Illana & Samy Dwek, Isabel & Arnie Friedman, and April & Roger Leavy created an evening of fun and philanthropy that will be remembered for a long time. The funds raised at the Gala will be used to assist residents of Boca Raton, Delray Beach and Highland Beach who are in need of Financial Assistance, Counseling & Mental Health Services, Senior Services including dedicated funds to help Holocaust survivors, Family & Children’s Services, and Career & Employment Services.

THANK YOU TO OUR GALA SPONSORS:

GALA HEROES
Thanks to Gala Co-Chairs Illana & Samy Dwek, Isabel & Arnie Friedman and April & Roger Leavy for creating an evening of fun and philanthropy that will be remembered for a long time.
Jeannette Walls, Best Selling Author of *The Glass Castle*, Delivers Keynote Address at JFS Reflections of Hope Luncheon

Celebrated author, Jeannette Walls, known for her best-selling memoir *The Glass Castle*, was the keynote speaker at Ruth & Norman Rales Jewish Family Services (JFS) 7th Annual Reflections of Hope Luncheon: Breaking the Stigma of Mental Illness. The Luncheon took place February 13th at the Boca West Country Club. Jeannette Walls opened her heart and shared her personal story, showing us while mental illness affects so many, it is hope that truly brings us all together and that there is beauty in all situations.

Reflections of Hope was created in an effort to break the stigma associated with mental illness, a critical issue affecting one in four adults and benefits the JFS Welcome Home Program and JFS Counseling & Mental Health Services. Grand Benefactors of Reflections of Hope were Robin & Gary Rubin and Olivia & Gerald Shapiro. Luncheon Co-Chairs were Abbe Becker, Lori Gottsegen, and Lorraine Udwin, along with Honorary Co-Chairs Nancy and Marvin Schiller. The event was once again emceed by WPTV Channel 5 Meteorologist, Glenn Glazer.

JFS Counseling & Mental Health Services offers psychiatric care, psychological evaluation, counseling, support groups, and the remarkable Welcome Home Program, South Palm Beach County’s only drop-in day center for adults with long-term mental illness. Therapists teach life skills and socialization, arts and crafts, interactive music appreciation, financial literacy and job readiness.

For more information about JFS programs and services, volunteer and support opportunities, please contact 561.852.3333, info@ralesjfs.org or visit www.ralesjfs.org.

THANK YOU TO OUR SPONSORS!

GRAND BENEFACTORS:
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Abbe Becker, Lorriane Udwin, Danielle Hartman, Jeannette Walls, Lori Gottsegen

Robin Rubin, Jeannette Walls, Olivia Shapiro

Jeannette Walls, Marissa Hollander
REFLECTIONS OF HOPE HEROES

Thanks to Event Co-Chairs Abbe Becker, Lori Gottsegen, and Lorraine Udwin, along with Honorary Co-Chairs Nancy and Marvin Schiller, for making this past year’s Luncheon such a success!
2019 Great Golf for a Great Cause Annual Golf Tournament

Once again, The Annual Great Golf for a Great Cause Golf Tournament took place at St. Andrews Country Club. The annual golf outing represents the last of our major fundraisers for the year. The Golf Tournament sold out with a capacity of 144 golfers participating. Many others joined us for dinner and the awards ceremony.

GOLF HEROES

Thanks to our Tournament Co-Chairs: Isabel & Arnold Friedman, Roxane & Michael Lipton, Lisa & Bob Marton, and Amy & David Ross for your dedication in making this year’s tournament the best ever!

Vicki Weinstein, Lisa Goodman

Amy Ross, Lorraine Udwin

Danielle Hartman, Toby Cooperman

Michael Lipton, Amy Ross, Arnie Friedman, Bob Marton
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Ruth & Norman Rales Jewish Family Services celebrated 40 years of providing Help. Hope. Humanity. to south Palm Beach County during our 2019 Annual Meeting.

Held at Zinman Hall on the campus of the Jewish Federation, JFS paid tribute to outgoing Board Chair, Ron Reshefsky, other Board Members who completed their term of service, and to their dedicated staff. The Agency welcomed incoming Board Chair, Lisa Goodman and new Board Members Linda Behmoiras, Lori Gottsegen and Jill Swimmer.

This year’s meeting was extra special, thanks to the dedication of Event Co-Chairs, Lorrie Berkowitz Stephanie Chestnov and Wendy Legum, and to the stars of the “JFS Through the Decades” presentation, JFS 40th Anniversary Chair, Ilene Wohlgemuth, and JFS President & CEO, Danielle Hartman.

Congratulations to Debra Friedman, JFS Office Manager, on her well-deserved honor of being named JFS Employee of the Year.

Thank you – our JFS Family for your love and support of the work we do and the impact we make in our community on a daily basis. Here’s to another great year ahead!

Introducing the 2019-2020 Officers of the Board Directors:

Lisa Goodman, Chair
Rick Paul, Treasurer
Marcia Langley, Secretary
Ron Reshefsky, Immediate Past Chair
Stephanie Chestnov, Vice Chair, Financial Resource Development
Ron Gallatin, Vice Chair, Strategic Planning
Roger Leavy, Vice Chair, Food Pantry
Samy Dwek, Vice Chair, Personnel
Diane Feldman, Vice Chair, Board Development
Stephen Mendelsohn, Vice Chair, Legal
Danielle N. Hartman, MNM, President & CEO

Welcome new Board Members:

Linda Behmoiras
Lori Gottsegen
Jill Swimmer
AGENCY HEROES
A special thank you to Event Co-Chairs Lorrie Berkowitz, Stephanie Chestnov and Wendy Legum and JFS 40th Anniversary Chair, Ilene Wohlgemuth.

(L-R) Joy Binkovitz, Judi Donoff, Ivan Gefen, Ron Reshefsky, Danielle Hartman, Larry Blair, Lisa Goodman, Jon Kimmel, Judy Rabinowitz, Ilene Wohlgemuth

Meryl Gallatin & Emily Grabelsky
Ron Reshefsky with an audience of “Rons”
Ron Reshefsky & Danielle Hartman

Danielle Hartman & Ilene Wohlgemuth

Beth Levine, JFS Senior VP/COO, Debra Friedman, JFS Employee of the Year, Jeff Kurth, JFS CFO
The Jewish Federation of South Palm Beach County works to ensure the wellbeing of all members in our community, especially our most vulnerable. Together, we provide life-sustaining services and opportunities for engagement. We remember and honor the memory of those who came before us and make sure that “Never Again” truly means never again. Together we connect the past, present and future so that our children and grandchildren will have a strong and vibrant Jewish community far into the 21st century and beyond.

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Food & Financial Assistance | Counseling & Mental Health Services | Senior Services
Career & Employment Services | Family & Children’s Services | Volunteer Opportunities
Date: Saturday, December 7, 2019  
Place: Boca West Country Club  
Time: 7:00 PM  
Gala Chair: Jill Viner  
Ticket Price: $550 and above  

About: JFS is thrilled to be celebrating four decades of providing help, hope & humanity to our South Palm Beach community. As the namesakes of our organization, we will be honoring the life & legacy of Ruth and Norman Rales and recognizing the 10 honored recipients of the Rales Humanitarian of the Year Award.

2020 Reflections of Hope Luncheon  
**BREAKING THE STIGMA OF MENTAL ILLNESS**

Date: Thursday, February 13, 2020  
Place: Boca West Country Club  
Time: 11:00 AM Reception, 11:45 AM Luncheon  
Keynote Speaker: Elizabeth Vargas, Award Winning Co-Anchor of ABC’s 20/20  
Grand Benefactors: Robin Rubin and Olivia Shapiro  
Honorary Co-Chairs: Nancy & Marvin Schiller  
Event Co-Chairs: Abbe Becker, Lori Gottsegen, Lorraine Udwin  
Program Co-Chairs: Lorrie Berkowitz, Sharon Fontini, Amy Ross  
Ticket Price: $150 and above  

About: The ROH Luncheon raises awareness and helps break the stigma associated with mental illness. Funds raised from the event benefit the JFS Counseling & Mental Health Services including the Welcome Home Program.

2020 GREAT GOLF  
**FOR A GREAT CAUSE**

Date: Monday, March 30, 2020  
Place: St. Andrews Country Club  
Time: 11:00 AM registration, 12:45 PM shotgun start followed by cocktail reception, dinner, award presentation and live auction.  
Event Chairs: Arnie Friedman, Michael Lipton, Bob Marton & Amy Ross  
Ticket Price: $500 and above

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FOR EVENT OR SPONSORSHIP INFORMATION, CONTACT:  
JILL WALDMAN, DIRECTOR OF SPECIAL EVENTS – 561.852.5013 OR JILLW@RALESJFS.ORG