Toby & Leon Cooperman to Be Honored as Rales Humanitarian of the Year at This Year’s “The Greatest Show” Annual Gala

(See page 6 for details.)
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ILLUMINATION  2018-2019 Season
Dear Friends:

We are happy to present to you our current edition of Illumination Magazine. This issue is all about engagement and finding ways for you to connect through volunteering. Our volunteers consistently tell us that they get more out of volunteering than they give, and I personally agree with this statement. Whether it’s being a mentor to an at-risk youth, or helping to deliver High Holiday meals, JFS can help you find a meaningful way to impact the recipients of our services. We have both on-going and one-time opportunities, and I invite you to think about volunteering in a way that works best for you. Throughout this edition we highlight “Hero Opportunities” for you to volunteer in the upcoming months. We also are highlighting our “Heroes” who help underwrite the cost of many of our programs.

Also in this issue we look forward to our upcoming fundraising and event season (Page 6) which, because of the hard work of our lay and professional leaders, will be another epic year! We are also eagerly planning our 40th Anniversary which we will celebrate throughout 2019 with 40 milestones of the agency and a special 40th Anniversary Fund to help mark the occasion (page 25).

Thank you to all of you who helped make the 2017-18 year so great for the agency, and we look forward to a fantastic 2018-19 season. Let’s make this the year to volunteer! I know I will be out there with you, and anticipate good things to come.

Sincerely,

Danielle N. Hartman
President & CEO

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2018-2019 Season
Seniors Living Alone Are Encouraged to Register With JFS Storm Alert Team, JFS Seeking Volunteers

JFS has created a Storm Alert Team and is actively encouraging seniors living alone in Boca Raton, Delray Beach and Highland Beach to register with JFS before any major weather event. By doing so, our volunteers can check on them when needed. As of September 1, over 225 seniors have registered for the Program.

Although JFS is not a first responder agency, JFS works and actively communicates with first responder agencies.

Seniors, or family on their behalf, can register for the program by visiting www.ralesjfs.org/stormreg or by calling 561.852.3380.

Volunteers will be deployed after a major weather event to bring water and supplies to those in need. Please visit www.ralesjfs.org/stormvol or call 561.852.3357 to join our storm alert team.

Pre-hurricane season, JFS distributed hurricane supplies to 600 clients which included both supplies and non-perishable foods. Hurricane supplies were generously donated by Publix Super Markets Charities and Hands on Tzedakah (HOT).

Look for the JFS Hero Emblem and the JFS Hero, like the ones below, where program supporters are acknowledged and volunteer opportunities are highlighted.

**HURRICANE HEROES**
Publix Super Markets Charities and Hands on Tzedakah (HOT)

**HERO OPPORTUNITY**
To join the JFS Storm Alert Team register online at ralesjfs.org/stormvol
CAREER & EMPLOYMENT SERVICES
Dear JFS,
I’m deeply grateful to you and the entire team for your Career & Employment Services. You have an incredibly dedicated and talented staff.

I’ve been in transition with my career and was really suffering from a lack of confidence. The JFS team gave me wonderful support and coaching that I needed in order to get into action and take the steps I needed to take. Their guidance was so helpful.

As a result I landed a new job that I love! I know they are there if I ever need the services again and I feel tremendous appreciation. You are my angels!

-Susan

SENIOR SERVICES
Dear JFS,
At this point in my life, I am unable to cook for myself. Before working with JFS, this posed a daily challenge for me. Though I speak English, I am much more comfortable communicating in my native language, Russian. The great folks at JFS offered a Russian translator and now bring me Meals on Wheels. It’s such a blessing in my life.

Spasibo (thank you)!

-Mr. Z

COMMUNITY OUTREACH
Dear JFS,
I’ve had a tough time dealing with an abusive ex-husband and a rather emotional court hearing with regards to our children. Thanks to the JFS team, I was able to fly to New York (courtesy of JFS) and deal with it powerfully. Your loving staff gave me the support, kindness and concern I needed to get through this difficult time. May God bless you and your families and friends!

-Sarah

KIBBITZ & RIDE
Dear JFS,
I have regular doctor’s appointments but I am not able to get around easily. Your service allows me to get to my appointments and take care of myself. Your senior services group members are incredibly caring and dedicated. I simply don’t know what I would do without you!

Kind regards.

-Ana
TOBY & LEON COOPERMAN
RALES HUMANITARIAN OF THE YEAR AWARD
For over 30 years, Toby and Leon Cooperman’s extraordinary generosity have impacted the lives of many in need. Through the Leon and Toby Cooperman Family Foundation, they have provided support to many institutions including Ruth & Norman Rales Jewish Family Services, the Toby & Leon Cooperman Senior Housing at Sinai Residences, the Damon Runyon Cancer Research Foundation, the Alzheimer’s unit in the Marcus Neuroscience Center at Boca Raton Regional Hospital, and Songs of Love. The Cooperman Family Fund for a Jewish Future endows Birthright Israel trips, supports Jewish summer camps, and helps sustain Hillel chapters. We honor Leon and Toby for their unyielding dedication to the community that will impact the lives of those in need for generations to come.

LINDA & RALPH BEHMOIRAS / THE BOCA RATON OBSERVER – CORPORATE LEADERSHIP AWARD
Linda and Ralph Behmoiras are active, altruistic members of Boca Raton’s Jewish community. As owners of The Boca Raton Observer, they have their fingers on the pulse of Boca Raton and important initiatives that serve the community. Annually, The Boca Raton Observer is the exclusive magazine sponsor of more than 40 premier local events hosted by local charities including our Annual Gala and Reflections of Hope Luncheon.

Jeannette Walls, Best-Selling Author of The Glass Castle to Keynote Reflections of Hope Luncheon
Celebrated author, Jeannette Walls, best known for her best-selling memoir The Glass Castle, will be the keynote speaker at this year’s Reflections of Hope Luncheon taking place on February 13th at Boca West Country Club. The Glass Castle was named by Amazon as one of the Top-10 books of the decade. Her inspiring story was brought to the big screen in one of the most highly-anticipated major motion pictures of the year starring Woody Harrelson, Naomi Watts and Brie Larson as Jeannette.

As a child dealing with the ramifications of mental illness in her family, Jeannette takes audiences inside her resilient journey in pursuit of authenticity, revealing the power of courage and determination in overcoming unimaginable obstacles. With an unforgettable story of triumph over unrelenting adversity, Jeannette inspires the realization that we’re all stronger than we think, leaving listeners emboldened to face the “demons” in their lives.

JEANNETTE WALLS

HERO OPPORTUNITY
Proceeds from the Luncheon support the JFS Welcome Home Program and other JFS Counseling & Mental Health Services. VIP Reception and Sponsorship Opportunities are available. To find out more, contact Jill Waldman, JFS Director of Special Events at 561.852.5013 or JillW@ralesjfs.org.
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Passover Food Delivery
Thanks to Addison Reserve Country Club, over 450 bags of Passover food and supplies were purchased, sorted, packed and delivered to Jacobson Family Food Pantry clients prior to Passover.

Passover Food Parade
Thank you to students at Donna Klein Jewish Academy and Katz Hillel Day School of Boca Raton for volunteering to sort the food collected during the schools’ Pre-Passover food drives. Your efforts helped provide food for our neighbors in need through the Jacobson Family Food Pantry. Great Job!

Polo Club Cards for Kids
The Polo Club of Boca Raton recently presented JFS with a check for $11,000 (the largest ever!) benefiting Cards for Kids, an important program that provides Target gift cards for local families in need.

Paul Markhoff Chanukah Meals on Wheels Program
Thanks to the generosity of the Paul Markhoff Foundation, the Paul Markhoff Chanukah Meals on Wheels Program delivered special Chanukah meals to clients of the Jacobson Family Food Pantry, which helped to make their holiday brighter.
The Jim Moran Foundation Renews Its Support of the JFS Meals on Wheels Program

JFS extends our sincere gratitude to The Jim Moran Foundation for not only continuing their funding of the JFS Meals on Wheels program for another two years, but for a generous increase in their level of support. The JFS Meals on Wheels Program delivers prepared meals to homebound, frail, and disabled seniors who might otherwise be unable to access nutritious food or prepare their own meals. Over 150 seniors in the JFS service area are provided with nutritionally balanced kosher meals and that number continues to grow.

In addition to delivering meals right to the door, volunteers who deliver food are able to check on the well-being of our recipients and determine if they have additional needs. Through the Meals On Wheels program, JFS and The Jim Moran Foundation respond to a critical call to action to combat senior hunger and provide for the needs of seniors so that they are able to safely age in their homes. For information on JFS’ Meals on Wheels program, contact Rita Gitter, JFS Meals On Wheels Coordinator at 561.852.3333 or ritag@ralesjfs.org.

9th Annual Woodfield Feeds the Hungry

The 9th Annual Woodfield Feeds the Hungry, which takes place every year immediately prior to Thanksgiving raised a record total of over $13,000 along with hundreds of pounds of food, all donated by the residents of Woodfield Country Club. Volunteers spent an entire morning assembling Thanksgiving meals and food packages that they then delivered to home bound seniors for Thanksgiving.

Woman Maintains Independence Thanks to JFS and HOT

Marissa was 48 years old when she was recently diagnosed with a rare disease which caused her to lose her leg. While in rehab and learning to adjust to her new normal, she was very concerned about how she would be able to live life without relying on others. She was frightened by the thought of selling her car and becoming homebound. It was during her therapy that she learned that her car could be modified with a special hand break. Her medical expenses ate up all of her savings and had nowhere to turn. Fortunately, she was referred to JFS, who in partnership with Hands on Tzedakah (HOT), were able to pay for her car to be retrofitted to Marissa’s needs which allows her to drive safely and remain independent.
Meet JFS’ New LGBTQ+ Community Outreach Coordinator

JFS recently hired Hanna Badenoch, MHC, as LGBTQ+ Community Outreach Coordinator. As part of her responsibilities in reaching out to the LGBTQ+ Community, Hanna will be facilitating LGBTQ+ Support Groups. JFS, in partnership with the Faulk Center for Counseling, facilitates three separate support groups at the Faulk Center Tuesdays, from 6-7 PM.

For more information on the support groups, contact the Faulk Center at 561.483.5300. For more information on JFS’ services for the LGBTQ+ Community, contact Hanna at 561.852.3333 or HannaB@ralesjfs.org.

Hanna Badenoch, MHC


In addition to our therapists, JFS also has a part time Psychiatrist on staff for assessments and medication management. Dr. John Schosheim, MD who brings more than 30 years of experience to JFS, is Board Certified in Psychiatry in New York, California, and Florida. Dr. Schosheim is currently accepting new clients and we are excited to announce that we now accept Medicare. Please call our intake department at 561.852.3333 to schedule an assessment.

Dr. John Schosheim, MD

LGBTQ+ SUPPORT GROUP

For individuals over 18
A joint program of

FAULK CENTER FOR COUNSELING
Ruth & Norman Rales Jewish Family Services

Held Tuesdays
From 6:00 – 7:00 P.M.
Facilitated By:
Hanna Badenoch, MHC (JFS)
Brandi Baumkirchner, PhD (Faulk Center)
For more information call the Faulk Center at 561.483.5300

At:
Faulk Center for Counseling
22455 Boca Rio Road, Boca Raton, FL 33433

Program is generously sponsored by:

Individual counselling is available at both the Faulk Center and JFS.
Faulk Center for Counseling
22455 Boca Rio Road, Boca Raton, FL 33433
561.483.5300 | center@faulkcenterforcounseling.org
faulkcenterforcounseling.org
Ruth & Norman Rales Jewish Family Services
21300 Coleman Blvd, Boca Raton, FL 33428
561.852.3333 | info@ralesjfs.org | ralesjfs.org

Agency Contact Information:
Meet JFS’ New LGBTQ+ Community Outreach Coordinator
Scott M. Solkoff, Attorney At Law

- Estate Planning including Wills, Trusts, Powers of Attorney & Health Care Advance Directives
- Estate & Trust Administration
- Asset Protection & Medicaid Qualification Assistance
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Our attorneys are dedicated to helping the elderly, people with disabilities, families and caregivers of all ages

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JFS Together with Greenberg Traurig and Bet Tzedek, provides Local Holocaust Survivors with Estate Planning Services

Bet Tzedek worked with JFS and global law firm Greenberg Traurig, LLP, to provide south Palm Beach County Holocaust survivors with pro bono advance planning (estate planning) services in an effort to help combat the stigma survivors often associate with advance planning. The goal is to help make them feel comfortable that their dignity will be preserved in times of illness or incapacity.

A grant from the Jewish Federations of North America made it possible for Bet Tzedek to expand the free legal services offered by its Holocaust Survivors Justice Network (HSJN) to include advance planning services for Holocaust survivors nationwide.

Prior to the first clinic, Bet Tzedek’s HSJN administrator Kobi Penland, trained Greenberg Traurig associates on person-centered, trauma-informed (PCTI) care, so that survivors were not re-traumatized during the process, a possibility in this type of situation. Jared Baumwell and Benjamin Babcock, associates in Greenberg Traurig’s Fort Lauderdale office, led the firm’s efforts. They were assisted by 10 additional associates from the firm’s Fort Lauderdale, Miami, and West Palm Beach offices.

JFS and Greenberg Traurig said that they plan to hold one to two clinics a year. Holocaust survivors in the Boca Raton and Delray Beach who are interested in participating in a future legal clinic should contact Ellen Ullman, MSW, JFS Geriatric Case Manager at 561.825.3333 or EllenU@ralesjfs.org.

Café Europa, JFS Semi-Annual Event Brings Holocaust Survivors Together

Cafe Europa is JFS’ Semi-Annual Celebration for community Holocaust survivors. The summer event takes place in June and the winter event in December. Close to 500 survivors from Boynton Beach through North Broward County gathered for lunch, dancing and socialization with fellow survivors. The highlight of each event is when other survivors find former friends and neighbors that they may not have seen since their days in the concentration camps.
+ Providing Nursing, Physical, Speech and Occupational Therapy
  + Covered 100% under Medicare
  + Over 20 years’ experience in the Home Care business

Lisa Kaufman-Bensmihen, MBA
President/CEO

Professionally and personally, Jewish Family Services has come to mean something deeply and profoundly gratifying in my life. Being part of the Jewish Community of Boca Raton is and will continue to be an integral part of our mission.
Over 100 Holocaust Clients Come Together Quarterly For Nosh & Nachas Program

Each quarter, “Nosh & Nachas”, translated literally as “food and happiness”, provides Holocaust survivors the opportunity to socialize with each other and enjoy a truly meaningful and valuable experience that fosters kinship and improves their well-being. JFS provides many of the survivors, many of whom are homebound, with transportation to the event.

Model Passover Seder

JFS hosted over 250 clients at our Annual Model Passover Seder. This year’s event was even more special as it was led by Illana & Samy Dwek, who with the help of students from FAU Hillel of Broward and Palm Beach, Israeli American Council - IAC Mishelanu and Donna Klein Jewish Academy, provided our guests with an extraordinary Passover Seder experience.

Through PCTI Program, JFS Hosted Renowned Genocide Studies Expert

Through our Person Centered Trauma Informed (PCTI) Care Program, JFS had the pleasure of hosting Dr. Irit Felsen, a clinical specialist and member of the Yale Trauma Study Group: Genocide Studies Program. During her visit, Dr. Felsen conducted two workshops (one with staff, one with members of the community) that were highly educational and provided our staff with additional tools to help us learn from our Holocaust survivors.

During the evening session, which was open to the public, Dr. Felsen spoke about second generation Holocaust survivors, about their unique traumas and needs. This session also helped these children of survivors have a deeper understanding of their aging parents.

Dr. Felsen concluded her visit by moderating a focus group for local Holocaust survivors. She spoke on the ways that Holocaust survivors feel about the professionals that help care for them day-to-day and how they could improve and be more sensitive to their needs.
JFS Senior Wellness Programs a Critical Component of Overall Health, Well-being & Longevity

Thanks to the generous support provided by the Rotary Club Downtown Boca Raton, JFS continues to offer seniors safe, effective, and fun exercise programs which enable them to live long, happy, and healthy lives.

Taking care of our seniors is a core component of the services that JFS provides. As an agency at the center of the largest community of seniors in Palm Beach County, providing opportunities for seniors to participate in exercise and wellness programs is critical to their overall health, wellbeing, and longevity.

Current JFS Senior Wellness classes, which take place at the Shirley & Barton Weisman Delray Community Center, include Silver Sneakers Muscle Strength and Range of Movement, Silver Sneakers Yoga Stretch, Cardio Sculpt, Zumba Gold, Chair Yoga and Ageless Grace (Brain and Physical Fitness). Approximately 150 seniors attend classes weekly.

Sometimes Even Peter Needs a Little Help

After his accident, Peter needed someone to assist him for a few weeks while he was recovering at home. He called JFS at Home and was matched with a pre-screened, quality caregiver. It was just what he needed.

WE CAN DO THE SAME FOR YOU!

SENIOR COMPANIONS | HOME HEALTH AIDES | CERTIFIED NURSING ASSISTANTS

Care can be provided hourly, daily or on a live-in basis.

For additional information, contact:
561.852.HOME (4663)
info@jfshome.org
www.jfshome.org
LIC# 299994532
The Feldman Family Diamond Club (along with the Adventure Club), is a social club for seniors age 75+, who meet every Monday at the Weisman Center. They also enjoy special events throughout the year.

SENIOR PROM
This past spring, more than 200 members of the Feldman Family Diamond Club relived their high school years to celebrate Senior Prom.

PURIM PARTY
Check out the scenes during this year’s Diamond Club Purim Party.

CHANUKAH PARTY
A record crowd of over 240 active seniors participated in the Annual Feldman Family Diamond Club Chanukah Party. Everyone enjoyed lunch, entertainment and of course, gifts were provided for attendees.

SENIOR HEROES
Diane and Larry Feldman

Volunteer Laurie Intondi (Marilyn Monroe) with Prom guests
Diane & Larry Feldman with guests
(L-R) Larry & Diane Feldman, Danielle Hartman
(L-R) Larry Feldman with volunteers Judie & Stan (Sandy & Danny from “Grease”)

Diamond Club members enjoying the Purim Party

Diane & Larry Feldman
Diane Feldman, Irwin Ferman, Larry Feldman, Adam Feldman
Risa Demato, Danielle Hartman, Diane, Larry & Adam Feldman, Ron Reshefsky, Beth Levine

HERO OPPORTUNITY
Volunteers are needed for Feldman Club events to assist guests as servers and dancers. To find out how you can help, contact Nadine Greenberg, JFS Director of Volunteer Engagement at 561.852.3333 or NadineG@ralesjfs.org.
JFS CARES a New Program Created to Educate the Local Community Regarding Substance Use Awareness, Recovery and Prevention

JFS HIRES SHARON BURNS-CARTER, CERTIFIED ADDICTION COUNSELOR, AS SUBSTANCE USE COORDINATOR, TO FACILITATE EFFORTS

In an effort to address the substance use crisis in our community, JFS has created a new substance use program, “JFS CARES” (Community Awareness Resources and Education for Jewish Families with loved one suffering with Substance use disorders). This program will focus on education, prevention and build awareness within the Jewish Community. In addition, a task force comprised of various stakeholders interested in helping JFS develop this program, has been established. JFS is working in partnership with sister agency, Alpert Jewish Family Service, and both Jewish Federations serving Palm Beach County.

JFS has hired Sharon Burns-Carter, Certified Addiction Counselor, as our Substance Use Coordinator for south Palm Beach County. In this role, Sharon will provide direct family support, information and resources to struggling families and individuals. She will also spearhead efforts related to programming. For the past several years, she has served as a volunteer and advisor to the Jewish Recovery Center, and will continue to work in this capacity under the direction of Rabbi Meir Kessler, connecting families to recovery in a Jewish context.

Carter and the Task Force have developed a Substance Use Resource Guide which lists all known groups meeting in local Jewish institutions and includes information on how to access other meetings taking place around the county. During September, National Recovery Month, JFS CARES announced the launch of “Our Kids Know About Drugs, Do We?” a community educational series which will run from October through January. (See page 19 for details.)

For more information about the task force and future programming, contact Sharon Burns-Carter, JFS Substance Use Coordinator at 561-702-7603 or email SharonB@ralesjfs.org.

In Its First Year, Sherman Fund Made Huge Impact On Community Teens

BERNARD SHERMAN PROGRAM TO ENHANCE JEWISH IDENTITY MADE IT POSSIBLE FOR OVER 30 SOUTH PALM BEACH COUNTY TEENS TO PARTICIPATE IN LIFE-CHANGING JEWISH EXPERIENCES

Last year JFS received a transformational gift, the single largest one time gift in Agency history, from the estate of Bernard Sherman (z"l). In its first year, this Program has already enabled 30 children in our community to participate in the March of the Living, AIPAC Conference, Gap Year Israel Programs and school trips to Israel. Muriel Chandler Sherman, Bernard Sherman’s widow stated, “I know Bernie would be so proud that his memory is being honored in such a special way and I am so happy that children are able to benefit from these life-changing experiences.”

For more information on the Bernard Sherman Program to Enhance Jewish Identity or to request an application, please contact Shari Cohen, VP of Financial Services & Food Programs at (561) 852-3333 or ShariW@ralesjfs.org.
JFS Seeks Teen Ambassadors for Fourth Year of TARA Program

JFS is seeking teen ambassadors (high school age – 14-18) to participate in TARA (Teens Against Relationship Abuse). Entering its fourth year, Ambassadors will learn how to educate, refer, and intervene with other teens when they recognize abusive behaviors and to increase bystander intervention when abuse occurs. In addition to learning these important skills, participants will receive a certificate of completion and are eligible to earn community service hours.

HERO OPPORTUNITY

If you or someone you know is interested, please contact Aliza Schulman, LCSW at 561.852.3333 or AlizaS@ralesjfs.org. Aliza Schulman is the Coordinator of the Domestic Abuse Prevention and Education Program and has been working in the field for over 20 years.

JFS In the Community

JFS plays an active role in our community. Here is a sampling of several community events in which JFS participated.

Color Burst 5K Homecoming Run For Autism - FAU

Emb(race) - FAU

PJ Library Community Chanukah Celebration - Boca Center

Spring Children’s Fair - Patch Reef Park
Our kids know about drugs. Do we?

An educational series geared towards parents, grandparents, educators, synagogue professionals, and the community who are interested in learning more about this topic.

SCHEDULE OF EVENTS

RECOVERY 101 – WHAT IS AN ‘ADDICT?’
Andrew Burki, MSW
Founder, Life Of Purpose Treatment Center
October 10 | 6-8 pm

STIGMA, SHAME AND THE FAMILY – HOW CAN WE HELP?
Dr. Heather Howard, MSW, Ph.D., LICSW
Asst. Professor at the FAU Phyllis and Harvey Sandler School of Social Work
November 12 | 6-8 pm

LEGAL PERSPECTIVES - WHY ARE ADDICTS TREATED LIKE CRIMINALS?
Mark G. Astor, Attorney & Adam G.
December 18 | 6-8 pm

SPIRITUALITY AND RECOVERY | WHAT JUDAISM TEACHES US ABOUT RECOVERY?
Rabbi Meir Kessler, Founder and Director, Jewish Recovery Center
and Rabbi Dan Levin, Senior Rabbi, Temple Beth El Boca Raton
January 15 | 6-8 pm

Educational series is part of the JFS CARES (Community Awareness Resources and Education for Jewish Families with loved ones with Substance Use Disorders) Program.

Ruth & Norman Rales Jewish Family Services and Ferd and Gladys Alpert Jewish Family Service, are committed to helping families understand and cope with the issues and stress that coincide with substance use within the family. Rales and Alpert JFS are committed, along with community leaders and our partners, to addressing the needs of the community through education, awareness and prevention programs surrounding substance use.

FOR MORE INFORMATION CONTACT:

Ruth & Norman Rales Jewish Family Services:
Sharon Burns-Carter, JFS Substance Use Outreach Coordinator
561-702-7603 or SharonB@ralesjfs.org

Ferd & Gladys Alpert Jewish Family Service:
561.684.1991 or info@jfcsonline.com

ALL EVENTS WILL TAKE PLACE AT:
Shirley & Barton Weisman Delray Community Center
7091 W. Atlantic Ave., Delray Beach, FL 33446

ALTHOUGH ALL EVENTS ARE FREE, RSVP IS REQUIRED.
Register online by visiting ralesjfs.org/jfscares or by calling our Education Hotline at 561.852.5044.
Volunteers are a critical component of our programs. We would not be able to provide many of our services without your gift of time and talent.

- Opportunities available to accommodate all types of schedules, whether it is one hour a week or a month, we need you!
- Perfect for year-round residents, snowbirds and snowflakes!
- All volunteer opportunities are within the Boca Raton and Delray Beach area.

Community Mentoring Program for Children

Make a difference in a child’s life by spending time and encouraging them along their journey to becoming confident, productive adults. Most children are from single family homes.

Friendly Visitors for Seniors

Visit with an isolated homebound senior in our community 2 to 4 times a month for socialization and conversation.

Jacobson Family Food Pantry

Assist in weekly bagging of groceries or help deliver food to needy residents in our community, bi-monthly on Thursday and Friday mornings.

Annual Thanksgiving Banquet

The Annual Thanksgiving Banquet is a highlight of the year for many in our community. It represents the coming together of more than 400 volunteers who help make this holiday so special for the more than 700 seniors who enjoyed a full Thanksgiving banquet. Thanks to the Levis JCC for partnering with us this event.

THANKSGIVING HEROES

Event underwriters: Edith Stein and Etta & Raymond Zimmerman and the 400+ volunteers who made this event possible.

HERO OPPORTUNITY

JFS relies on the support of hundreds of volunteers to make this event happen. We need escorts to assist our guests from the buses to the venue and servers to bring food from the buffet station plus many other opportunities. Contact Nadine Greenberg, Director of Volunteer Engagement, for more information at 561.892.3333 or NadineG@ralesjfs.org.
Kibbitz & Ride - Drivers for Seniors
Enrich the lives of seniors in our community who are no longer able to drive. Drive seniors to medical appointments, food shopping, and other errands, which are arranged in advance. Not only is this a driving program, but the time the driver spends with the clients gives them companionship, conversation, and may be the only person they see that day. Flexible weekday schedules are available.

Meals on Wheels Delivery Drivers
Deliver nutritionally balanced prepared meals to homebound seniors, weekly or monthly on Friday mornings.

Parachaplaincy - Lead Shabbat Services
Spend time in nursing homes and assisted/independent living facilities to conduct Friday afternoon Shabbat Services.

Special Events
As you can see by reading Illumination, JFS hosts many special events throughout the year. Volunteer to help at particular event(s) that interest you.

Telephone Reassurance for Seniors
Become a phone friend to a homebound senior by making calls from the Weisman Delray Community Center once a week for two hours weekday mornings.

Weisman Delray Community Center
Teach a class or help with special events and programs, serve light meals in the café, greet visitors, provide tours, register attendees for classes and so much more!

IN MEMORIAM
Our community suffered a great loss with the passing of Martin Stein (z”l). Martin and his wife, Edith, whom he leaves, have long been beloved pillars in building and sustaining our Jewish community, and he will be dearly missed. Martin, together with his beloved wife Edith, supported a myriad of causes in New Jersey and in Israel. After moving to South Palm Beach County, they quickly became vital members of our community. Their compassion, generosity and spirit have provided a wide array of support, as major donors to JFS, the Jewish Federation of South Palm Beach County and many others. Always concerned with the well-being of local seniors, the Steins, along with their friends Etta & Raymond Zimmerman, have long helped make possible our annual Thanksgiving Banquet. May Martin’s memory be for a blessing.

VOLUNTEER TOGETHER

Families
Volunteer to bag food, spend time with a homebound senior or deliver meals as part of the Meals on Wheels program.

Groups
Whether work, social, schools, or residential communities, collaborate to establish food drives or collect funds for a dedicated giving opportunity.

B’nai Mitzvot
Enhance your celebration by remembering those in need. Organize a collection for food, toiletries, toys or anything else you can think of as a way to give-back as part of your special day.
2017 JFS Volunteer of the Year – Madeline Syde

Our Annual Volunteer Appreciation Luncheon allows JFS to honor our volunteers who dedicate their time so generously during the course of the year. While all of our volunteers are integral to the Agency, one volunteer is named Volunteer of the Year. This year’s award went to Madeline Syde for her work with the Feldman Family Diamond and Adventure Clubs.

Madeline helps run the Monday morning Feldman Family Diamond Club meetings at the Weisman Delray Community Center. Her real claim to fame might be the three parties she helps organize - Purim, Senior Prom and Hanukkah (see opposite facing page for event details). Madeline, who lives in Boca Raton, started volunteering with JFS after her husband, Harvey, died in 2009. Giving-back is part of her DNA. “I had two wonderful parents who taught me what tzedakah meant,” Madeline says. “I learned a long time ago that if you’re going to do something, you need to put your heart into it.”

Having recently celebrated her 100th birthday, Sophie Rosenbloom confided in JFS Volunteer Parachaplain, Joe Schwartzberg, that she never had a Bat Mitzvah. When she was growing up, it simply wasn’t the fashion for girls to have one. To this day she is still a little jealous of her brother who had a Bar-Mitzvah when he turned 13 years old.

Schwartzberg, who is not a Rabbi, but familiar with Jewish practices and traditions, volunteers as a parachaplain and facilitates Shabbat Services each Friday at Sonata Boca Raton, an assisted living facility. He made special arrangements for the residents and staff to celebrate Sophie’s big day!

“This was the first time that I presided over any Bar or Bat Mitzvah,” Schwartzberg said. “Sophie may be the first 100 year old to celebrate a Bat-Mitzvah ever and I think that is very special.”
Local Employers Are Turning to Career & Employment Services to Help Recruit New Hires

Craig Zeuner, founder of City Lien Search, LLC, in Boca Raton contacted JFS’ Career & Employment Services (CES) when he had open positions at fill. Craig worked with Linda Di Ciaccio, Job Developer at CES. Linda has over 20 years of experience as a recruiter and understands the skillsets that employers seek as well as who would be a good “fit” for an organization. CES presented Craig with several qualified candidates. Based upon his needs and caliber of candidates, he hired all three! CES continues to nurture the relationship with City Lien Search. As such, Craig continues to reach out to CES when he has open positions. CES can assist your business with your next hire. To find out more, contact CES at 561.852.5057.

"The partnership that we have formed with Career & Employment Services at JFS is nothing short of extraordinary. It's a win/win/win benefiting both employers and job candidates. CES has become our number one recruiting strategy."

- Craig Zeuner, Founder, City Lien Search, LLC.

CES HAS PARTNERED WITH THE FOLLOWING COMPANIES OVER THE PAST YEAR:

- Baers Furniture
- Boca Home Care
- Cabinet Closet
- Calico Corners
- City Lien
- Clinics Can Help (CCH)
- Congregation Torah Ohr
- Eye Docs of Boca
- Gould House
- Levitt Weinstein Memorial Chapel
- Mark Russell Clothing Inc.
- Miles College Prep
- Ruth & Norman Rales Jewish Family Services
- Solar Media Team (SMT)
- Traditions Jewish Gifts
- Weiss & Moy, PC
Staff Summer Retreat and Team Building

Each summer, JFS staff comes together for a fun team building event. Recently all JFS staff gathered at the Shirley & Barton Weisman Delray Community Center to create a beautiful piece of artwork made with love, dedication and of course, teamwork! Look for the piece in the main social hall at the Weisman Center!
Message from Cindy Orbach Nimhauser
Chief Development Officer, Senior Vice President

In 1979, a stamp was $.15, a gallon of gas $.86, and the average income in the U.S. was $17,500. The Sony Walkman was invented, and ESPN launched on cable television.

Some of us reading this article were still teenagers, and some were not even born yet.

What was born in 1979 was JFS; and now, nearly 40 years later, we continue to be the destination for those in need of help, hope and humanity.

While we serve the neediest in our area, we also are there for those in need in so many ways.

One never knows when one will need to reach out to JFS and access its many programs and services—for a neighbor, a family member, or oneself.

As we look toward our 40th Anniversary year, we look back on our service to this community, and look ahead to ensure that the changing needs of its members are met.

To that end, we will be establishing a 40th Anniversary Fund in celebration of this milestone. Donations to the fund will be used to support the continuum of extraordinary programs and services provided by JFS. Donors to the Fund will be recognized with a special “40th Anniversary” lapel pin, and included in the 2019 Annual Report. Details to follow, so stay tuned…

CONTACT Cindy Orbach Nimhauser, JD | Chief Development Officer, Senior Vice President | 561.852.3279 | CindyN@ralesjfs.org

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You shop. Amazon gives.
SEEING IS BELIEVING
Judi & Craig Donoff have seen first-hand how the many JFS programs assist our community from children to seniors; that’s why the Donoffs have chosen to convert their Donor Advised Fund into a permanent endowment to ensure the continuity of these programs after their lifetime.

GIVING IS A FAMILY TRADITION
Illana and Samy Dwek wanted to continue their family’s tradition of supporting their local community and always giving to those most in need. That is why the Dweks chose to make a bequest in their will to JFS, ensuring the continuity of our programs after their lifetime.

HOW BLESSED ARE WE?
This question is frequently posed by Diane & Larry Feldman when surrounded by the seniors they support through the Feldman Family Diamond & Adventure Clubs. That is why the Feldmans chose to make a bequest in their will to JFS, ensuring the continuity of their programs after their lifetime.

MAKING AN IMPACT
Michele and David Katzman are dedicated to helping others. In order to ensure the continuity of their impact after their lifetime, they chose to name JFS as a beneficiary in their IRA.

YOU CAN TOO. FIND OUT HOW.
Contact Cindy Orbach Nimhauser, JD, Chief Development Officer, Senior Vice President
Call 561.852.3279 | Email CindyN@ralesjfs.org | Visit ralesjfs.org
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Donate items to Ruth & Noman Rales Jewish Family Services. You receive a tax deduction and JFS receives the proceeds!

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CREATE A JEWISH LEGACY

IMAGINE A FUTURE WHERE YOUR VALUES OF HELP, HOPE, AND HUMANITY LIVE ON.

With Create a Jewish Legacy, you ensure the things you value are sustained for future generations. Through a planned gift or endowment, you will:

• Ensure the viability of JFS and its programs
• Enable JFS to continue to serve the growing needs in the community
• Ensure that JFS will always be a beacon of hope in a time of crisis for those in need

Learn more about how you can establish a planned gift or endowment. Consult your trusted financial or legal advisor to discuss how legacy gifts can positively impact your estate plan, while ensuring the future of the community you love.

For a legacy conversation, contact Cindy Orbach Nimhauser, Chief Development Officer, Senior VP at 561-852-3279 or CindyN@ralesjfs.org
Imagine creating a lasting testament to the value that you hold most dear. Creating your legacy is not only deeply fulfilling, it also requires far less out-of-pocket funding than you may realize. In fact, legacy gifts come with tax breaks and benefits that make it a smart move for anyone’s estate plans. The JFS Visionary Society recognizes individuals who have secured our future through a planned gift commitment of $100,000 or more. Please join the following donors who have notified us of their plans to include JFS in their estate plans:

- JACK ALEXANDER*
- ANONYMOUS
- LARRY BLAIR
- THE ESTATE OF HARRIET BRYER*
- JEFFREY & RICHARD BRYER
- TONY & LEON COOPERMAN
- JANE & ALAN CORNELL
- THE ESTATE OF KAROLA EPSTEIN*
- DIANE & LARRY FELDMAN
- MERYL & RON GALLATIN
- ANNE & NORMAN JACOBSON
- LISA KAUFMAN
- BETTY & JON KIMMEL
- DEBRA & GERALD KRAMER
- APRIL & ROGER LEAVY
- ROXANE FRECHIE LIPTON
- MADELINE* & EUGENE PARGH
- RUTH* & NORMAN* RALES FOUNDATION
- ALISON & DAVID SCHIMEL
- DOROTHY* & SIDNEY* SCHUMAN
- BERNICE SHANKERMAN*
- ELEANOR & SIDNEY* SHANKERMAN
- THE ESTATE OF BERNARD SHERMAN*
- THE ESTATE OF ETHEL SNYDER*
- SHIRLEY & BARTON WEISMAN
- ILENE & PETER WOHLGEMUTH
- JACQUELINE & SIDNEY* WOLGIN

Planning for the future by supporting JFS today!
Ruth & Norman Rales Jewish Family Services (JFS) recently held its Annual Gala, themed “All That Glitters,” where Marilyn & Jay Weinberg were honored with the Rales Humanitarian of the Year Award and Steven Becker/Southern Glazer’s Wine & Spirits were presented with the JFS Corporate Leadership Award. A sold-out crowd of over 380 people were in attendance. Gala Co-Chairs Marcia & Jeffrey Langley, Robin & Gary Rubin, and Olivia & Gerry Shapiro, carefully planned the Agency’s largest fundraiser of the year. Event proceeds will be used to assist residents of Boca Raton, Delray Beach and Highland Beach who are in need of Food & Financial Assistance, Counseling & Mental Health Services, Senior Services, Career & Employment Services, and Family & Children’s Services.

THANK YOU TO OUR GALA SPONSORS:
In-kind sponsors included: The Boca Raton Observer and Boca Entertainment.

GALA HEROES
Thanks to Gala Co-Chairs Marcia & Jeffrey Langley, Robin & Gary Rubin, and Olivia & Gerry Shapiro for your time and attention to detail to make this past year’s Gala so spectacular.
Ricki Lake shared her story for the first time about her life living with her former husband who suffered from bi-polar disorder to over 550 attendees at Ruth & Norman Rales Jewish Family Services (JFS) 6th Annual Reflections of Hope Luncheon: Breaking the Stigma of Mental Illness. The Luncheon took place February 15th at the Boca West Country Club.

The Reflections of Hope Luncheon was created in an effort to break the stigma associated with mental illness, a critical issue affecting one in four adults and benefits the JFS Welcome Home Program and JFS Counseling & Mental Health Services. Grand Benefactors of the Luncheon were Nancy & Marvin Schiller and Marissa Hollander. Event Co-Chairs were Abbe Becker, Arleen Roberts, and Robin Rubin, and it was once again emceed by WPTV Channel 5 Meteorologist, Glenn Glazer.

JFS Counseling & Mental Health Services offers mental health counseling, psychological evaluation, support groups, and individual psychotherapy and family therapy, and the remarkable Welcome Home Program, South Palm Beach County’s only drop-in day center for adults with long-term mental illness. Therapists work with participants on life skills and socialization, arts and crafts, interactive music appreciation, financial literacy and job readiness.

For more information about JFS' programs and services, volunteer and support opportunities, please contact 561.852.3333, info@ralesjfs.org or visit www.ralesjfs.org

THANK YOU TO OUR SPONSORS! _________

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CONTACT Jill Waldman | Director of Special Events | 561.852.5013 | JillW@ralesjfs.org
Thanks to Event Co-Chairs Abbe Becker, Arleen Roberts, and Robin Rubin making this past year’s Luncheon such a success!
2018 Great Golf for a Great Cause, Annual Golf Tournament

Once again, The Annual Great Golf for a Great Cause Golf Tournament took place at St. Andrews Country Club. The annual golf outing represents the last of our major fundraisers for the year. The Golf Tournament sold out with a capacity of 144 golfers participating. Many others joined us for dinner and the awards ceremony.

GOLF HEROES
Thanks to our Tournament Co-Chairs: Isabel & Arnold Friedman, Roxane & Michael Lipton, Lisa & Bob Marton, and Amy & David Ross for your dedication in making this year’s tournament the best ever!
Grand Benefactors
Marilyn & Stanley Barry
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Samy Dwek, Dr. John Schosheim, Arnie Zak

The Sandler Family

Amy & Ron Reshefsky, Ed Levine

Vic Weinstein & grandson
A Toast to HELP, HOPE & HUMANITY was the theme of the 2018 JFS Annual Meeting. This annual celebration provided the opportunity to thank our dedicated lay leaders and our hard working staff.

The Annual Meeting allows us to recognize staff celebrating Agency milestones. Rita Gitter, Financial Services Administrator, Meals on Wheels Coordinator; Nadine Greenberg, Director of Volunteer Engagement; Marlene Hess, Administrative Assistant, Weisman Center; and Susi Price, Holocaust Case Manager were recognized for their five years of service with JFS.

Congratulations to Isabela Abad-Ramirez, Fiscal Grant Coordinator, on her well-deserved honor of being named JFS Employee of the Year.

Cheers to you – our JFS Family - for your love and support of the work we do and the impact we make in our community on a daily basis. Here’s to a great year ahead!

Introducing the 2018-2019 Officers of the Board Directors:

Ron Reshefsky Chair
Lisa Goodman, First Vice Chair
David Schimel, Treasurer
Marcia Langley, Secretary
Judi Donoff, Immediate Past Chair
Stephanie Chestnov, Vice Chair, Financial Resource Development
Ron Gallatin, Vice Chair, Strategic Planning
Roger Leavy, Vice Chair, Food Pantry
Diane Feldman, Vice Chair, Personnel
Samy Dwek, Vice Chair, Board Development
Stephen Mendelsohn, Vice Chair, Legal

Welcome new Board Members:

Mark G. Astor
Alana Hoch
Ben Hoffman
Loretta Litten
Rick Paul
Nancy Schiller
Carol Winig
A special thank you to Event Co-Chairs Nancy Schiller and Lynny Ravitz for making our Annual Meeting so remarkable!

EMPLOYEE OF THE YEAR
Isabela Abad-Ramirez & Family
FOOD & FINANCIAL ASSISTANCE

- Caring Doctors
- Financial Assistance
- Hebrew Free Loan Society
- HOT Senior Assistance Program (Available to Food Pantry clients who qualify)
- Information & Referral
- Jacobson Family Food Pantry
- Jewish Educational Loan Fund
- Meals on Wheels
- Subsidized Home Care

COUNSELING & MENTAL HEALTH SERVICES

- Assessment, Information & Referral Services
- Individual, Couples and Family Therapy
- In Home Therapy (for those who qualify)
- Group Counseling
- LGBTQ+ Dedicated Specialist
- Psychiatry Assessment and Ongoing Medication Management
- Psychological Testing Services
- Welcome Home Program

SENIOR SERVICES

- Caregiver Resources & Respite Program
- CareLink – Geriatric Case Management Services
- Financial Assistance
- Friendly Visitors
- Holocaust Survivor Assistance Program
- HOT Senior Assistance Program
- Information & Referral
- Jacobson Family Food Pantry
- Kibbitz & Ride Transportation
- Senior Companions (through JFS at Home)
- Socialization
- Telephone Reassurance

SHIRLEY & BARTON WEISMAN DELRAY COMMUNITY CENTER

- Blume Café
- Caregiver Resources & Respite
- Case Management Services
- Computer Classes
- Cultural, Social and Recreational Programs
- Educational Lectures & Workshops
- Feldman Family Clubs
- Health & Wellness Activities
- Individual & Group Therapy
- Movie & Theater Events
- Rales Rides Transportation
- Volunteer Opportunities

Over 1,300 members participate in the many socialization programs offered

Nearly 8,200 sessions of individual & family therapy, counseling, psychiatry and psychological testing

Over 442 Holocaust survivors helped through the Holocaust Survivor Assistance Program

Over 125,000 pounds of food distributed through The Jacobson Family Food Pantry

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SERVICES AT A GLANCE

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- Career & Employment Services
- Community Outreach
- Domestic Abuse Education & Action Program
- Financial Assistance
- After-School Childcare
- SAT/ACT Prep Courses
- Summer Camp Scholarships
- Tutoring
- Special Needs Services
- Case Management
- Individual Counseling
- Information & Referral
- Support Groups
- Financial Assistance for:
  - ABA (Applied Behavior Analysis) Therapy
  - Adaptive Equipment
  - Camps Including Summer & After School
  - Emergency Financial Assistance
  - Respite Care
  - Supportive Shadows
  - Training of Professionals & Volunteers Working in the Field

Awarded
226
families summer camp scholarships enabling 310 children to attend summer camp this past summer

CAREER & EMPLOYMENT SERVICES

- The Career Gateway: Job Seekers Guide
- Computer Classes
- Individual Job Coaching
- Resources for Furthering Education and Career Training
- Resume and Employment Materials Development
- Seminars, Workshops, and Networking Opportunities
- Social Media Enhancement
- Strategic Use of Job Seeking Tools
- Transition to Success Programs
- Comeback Career
- GY6 Veterans Alliance
- Working Towards Our Future (WTOF)

BELFORD FAMILY VOLUNTEER DEPARTMENT

- Parachaplaincy - Lead Shabbat Services
- Community Mentoring Program for Children
- Friendly Visitors for Seniors
- Jacobson Family Food Pantry
- Kibbitz & Ride - Drivers for Seniors
- Meals on Wheels Delivery Drivers
- Telephone Reassurance for Seniors
- Weisman Delray Community Center

RUTH & NORMAN RALES JEWISH FAMILY SERVICES

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CLIENTS HELPED ANNUALLY
2018 The Greatest Show Annual Gala

GALA CHAIRS: Illana & Samy Dwek, Isabel & Arnie Friedman and April & Roger Leavy
HONORREES: Toby & Leon Cooperman – Humanitarian of the Year Award
Linda & Ralph Behmoiras/The Boca Raton Observer – Corporate Leadership Award
DATE: Thursday, December 13, 2018
LOCATION: St. Andrews Country Club
TIME: 6:30pm
TICKET PRICE: $500

2019 Reflections of Hope Luncheon
(BREAKING THE STIGMA OF MENTAL ILLNESS)
GRAND BENEFACCTORS: Robin & Gary Rubin and Olivia & Gerry Shapiro
CO-CHAIRS: Abbe Becker, Lori Gottsegen, Lorraine Udwin
HONORARY CHAIRS: Nancy & Marvin Schiller
KEYNOTE SPEAKER: Jeannette Walls, best selling author of The Glass Castle
DATE: Wednesday, February 13, 2019
LOCATION: Boca West Country Club
TIME: 11:00am Reception, 11:45am Luncheon
TICKET PRICE: From $136

2019 GREAT GOLF FOR A GREAT CAUSE

CO-CHAIRS: Isabel & Arnie Friedman, Roxane & Michael Lipton,
Lisa & Robert Marton, Amy & David Ross
DATE: Monday, March 25, 2019
LOCATION: St. Andrews Country Club
TIME: 11:00am Registration & Lunch, 12:30pm Shotgun Start
TICKET PRICE: $450

FOR EVENT OR SPONSORSHIP INFORMATION, CONTACT:
JILL WALDMAN, DIRECTOR OF SPECIAL EVENTS – 561.852.5013 OR JILLW@RALESJFS.ORG