Sandler Family to Receive the Rales Humanitarian of the Year Award at the 2022 “Studio 54” Annual Gala  See page 5 for details.

John W. Kelly, Ph.D. President of FAU Corporate Leadership Award  See pages 5 for details.

Marie Osmond at 2022 Reflections of Hope Event  See pages 34-35 for details.

Toby and Leon Cooperman Therapy & Family Resource Center Updates  See pages 22-23 for details.

Floor of the Cooperman Center Named for Judy Rabinowitz (z”l)  See pages 8-9 for details.
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Dear Friends and Supporters,

As I write this letter during the Days of Awe, our agency has been immediately called upon to assist those tragically affected by Hurricane Ian. There have been numerous calls with many community partners from Palm Beach County Emergency Operations and local funding partners like the Jewish Federation, HOT and Summer Faerman from TLC, to national partners through my participation in the Network of Jewish Human Service Agencies.

I am struck by how without all those relationships, we would not have been able to quickly assist in the relocation of 15 seniors forced to evacuate from Kings Point after the tornado devastated their homes. Of course, once again JFS staff have been invaluable in helping connect with agency clients and non-clients, providing assessments, comfort and support, while facilitating access to the myriad of programs and services available from JFS and other emergency sources.

While working to help the victims of Hurricane Ian, we are concurrently planning the return of our first in-person Thanksgiving celebration on the Federation campus, generously hosted by Etta and Raymond Zimmerman, and Edith Stein. When I think about the many seniors isolated and alone the past few years, and our ability to be there for them during times of crisis and times of celebration, I am in awe of the power of this community and the impact we can all have through various acts of loving kindness.

As we look forward to our fundraising season and celebrating the contributions of our Gala and our Rales Humanitarian Award and Corporate Award recipients, I am highly aware of the increased demand for food and financial assistance due to the increased costs of everyday commodities such as gas, food, electricity and rent. This will be a challenging year, but with our donors, volunteers and supporters, I know we will be successful.

Happy Reading!

Danielle N. Hartman
President & CEO
VOLUNTEER GROUP- KIBBITZ AND RIDE
Dear JFS,
We are very grateful for the transportation service Kibbitz and Ride provides: it has been a significant help to us especially during the Covid era. And a special thanks to Cyd, who is always so cheerful and helpful!
- Christina

MEALS ON WHEELS
Dear JFS,
You have done so much for me and I’m so grateful! You have gone above and beyond for this family and I’m eternally grateful. You changed our lives and made me a better mom .... Footprints in my family's heart and I’ll tell the world to donate to you all!!!
- Marci

THANKSGIVING MEALS DELIVERY VOLUNTEER
Dear JFS,
Hi, I just want to compliment you all on how well you handled the Thanksgiving delivery program. You were so well organized, both in the days and weeks leading up to, and the morning of, the day, that you made it easy for us to do our part of making the actual deliveries.

We went together to greet each of our assigned recipients, enjoying seeing their happy, welcoming faces, and offering them each a holiday greeting along with their food bag.

We were glad to help, but I wanted to tell you how impressed we were with how organized you were, and thank you and JFS for always caring so strongly for our less fortunate community neighbors. Happy holidays to each of you!!
- Vicki

WEISMAN CENTER
Dear JFS,
We can’t thank you enough for your assistance Friday finding a Rabbi for our dying mother and our family. Your willingness and efficiency in assisting us with something far removed from your responsibilities at your work was most generous, kind and wonderful.

Our family is most grateful to you both. Thank you very much.
- Clement

SENIOR SERVICES CASE MANAGEMENT
Dear JFS,
Just wanted to drop a line that your staff is a gem and kept following up with us to make sure my mom and I are ok and that we know all about the different services at JFS that could be helpful right now. You helped me to clarify what kind of help I need to better help my mom.
- Batia

FOOD & FINANCIAL ASSISTANCE
Dear JFS,
Thank you so much JFS for the lovely meals and other Passover food. The family that delivered them to my house was so wonderful. My own children and grandchildren live out of state so having a young couple with children visit me to bring the food and make sure that my holiday would be special was so meaningful to me
- Beverly
Honorees Set for JFS "Studio 54" Annual Gala

The Sandler Family – 2022 Rales Humanitarian of the Year Award Recipients

Throughout our lives, we hope to meet people who have made it their life’s purpose to help others and, specifically, communities who need it most. For the Sandler family, philanthropy and making a difference in their community have been something that has been passed down through their family for generations. It all started with Phyllis and Harvey Sandler, who dedicated their entire lives to giving back through acts of service and kindness.

Phyllis and Harvey Sandler both grew up in Brooklyn and their family has played a major role in the success of many outstanding organizations. As major supporters of JFS, BRRH and FAU to name a few, they have pledged not only financial support, but their volunteer and leadership support as well. As parents, they made it their mission to instill in their children from a young age, “the importance of giving back no matter what you are able to give.” And, as a family, the Sandler family continues to work with such amazing organizations. Their children, Amy & David Ross, Robin & Gary Rubin, Andrew & Aurily Sandler, Ricky & Melissa Sandler and Larry & Andrea Schnurmacher, have carried on the Sandler tradition, holding leadership roles on many boards and chairing fundraising events for those in need throughout our community and beyond. They have also followed in their parents’ footsteps by passing down the importance of giving back to their next generation of children as well.

John W. Kelly, Ph.D.
President of Florida Atlantic University
Corporate Leadership Award

John Kelly was named the seventh president of Florida Atlantic University in 2014 and quickly declared his intention to make FAU “America’s fastest-improving university.” The university has established a track record of relentless improvement under his transformational leadership, which includes doubling research expenditures, enrolling an all-time high number of National Merit Scholars, setting records for private gifts to the FAU Foundation, increasing graduation and retention rates, and raising the profile of the athletics program. Florida Atlantic is ranked among the nation’s top public schools by U.S. News & World Report.

Established in 1961, Florida Atlantic opened in 1964 as the state’s fifth public university. Today it serves more than 30,000 undergraduate and graduate students on six campuses throughout Southeast Florida. It is one of the largest employers in South Florida, with more than 3,000 employees, including 1,000 dedicated faculty members. The University has an annual economic impact of $6.3 billion.

For reservations or more information, visit ralesjfs.org/gala or contact Jill Waldman, JFS Director of Special Events at 561.852.5013 or JillW@ralesjfs.org.
Andie MacDowell to Headline 2023 Reflections of Hope Luncheon

One of the most beloved actors across film and television, with a body of work that has garnered critical and commercial acclaim, Andie MacDowell will be the featured speaker at the 2023 JFS Reflections of Hope Luncheon/Breaking the Stigma of Mental Illness on February 15, 2023.

MacDowell was most recently seen in “Good Girl Jane,” a coming-of-age drama that won Best Narrative Film at the Tribeca Film Festival. Prior to that, she was in the critically acclaimed limited series “Maid,” opposite her real-life daughter, Margaret Qualley. Inspired by a true story of a mother’s bravery, it was one of Netflix’s most streamed series in 2021. She recently wrapped production on “My Happy Ending,” based on an Israeli play, “Sof Tov” by Anat Gov. MacDowell plays a Hollywood star who finds herself in a British hospital room as she prepares for the most difficult role she has ever played—herself.

Throughout her career, MacDowell has collaborated with some of the most venerated filmmakers of our time, including Robert Altman, Steven Soderbergh, Nora Ephron, Peter Weir, Wim Wenders, Harold Ramis, and Richard Curtis, to name a few. She first gained attention starring in Soderbergh’s directorial debut “Sex, Lies, and Videotape” opposite James Spader, which won the Audience Award at the Sundance Film Festival, and represented a turning point for independent film piercing the cultural zeitgeist.

MacDowell has been the face of L’Oreal for the past 35 years and counting. She currently resides in Los Angeles, California.
Dr. Andrea Corn, Psy.D.

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Dr. Andrea Corn, Psy.D.

Dr. Andrea Corn (“Dr. Andrea”) is a licensed clinical psychologist who has spent over 26 years assisting children, adolescents and adults on a wide range of psychological issues. Dr. Andrea has appeared in the media discussing various mental, emotional and behavioral health issues. With Ethan J. Skolnick, Dr. Andrea co-authored the highly acclaimed youth sport/parenting book, Raising Your Game—Over 100 Accomplished Athletes Help you Guide your Girls and Boys Through Sports.

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Judith Rabinowitz passed away December 23, 2021, after a long illness. A native of Brooklyn, New York, she graduated from Yeshiva of Flatbush high school and Barnard College. Having raised her two sons, Judy returned to graduate school, earning her MBA in finance from Columbia University. Judy then pursued a career in banking, becoming a vice president at the Bank of Montreal in New York.

In 1989 Judy and her husband Manny moved to Boca Raton, where she focused her efforts on management and philanthropy, serving as a governor of the Polo Club of Boca Raton and as President of Ruth & Norman Rales Jewish Family Services from 1998 to 2000. Judy remained active on the Board of JFS for many years and her family continues to support the agency.

During her time as President, several programs were started which continue to this day including the “Kibbitz and Ride” volunteer driving program, the “Big Pal/Little Pal” program (now known as the Community Mentoring Program) and our Holocaust Survivor Assistance Program. She chaired several fundraising events, annual meetings and other functions. Her commitment and support of the agency were unwavering.

Recognizing the importance of JFS to Judy, her husband of 57 years, Manny, has graciously named the floor of the Toby and Leon Cooperman Therapy & Family Resource Center in her memory. Manny has also chosen to name the “Judy Rabinowitz Memorial Garden” in the rotunda of the main office in Boca Raton, the focal point for all individuals entering the building.

Judy is survived by her husband, sons and grandsons. Judy was an extraordinary woman, intelligent, compassionate and energetic, she will be missed.

Judy's love for Rales JFS was deep, and I am so pleased to be able to honor her memory with this gift.” – Manny Rabinowitz
Partnership Helps JFS Prevent Senior Homelessness Amid Inflation

Rales JFS has maintained an important partnership with Gulfstream Goodwill Industries, Inc. since 2019, when we began working on senior homeless prevention in our community. This program has given us the opportunity to make a meaningful impact on stabilizing seniors in our community who too often become overwhelmed when their bills begin to pile up. Through this partnership, the level of assistance we are able to offer can help them get back on track. Not only do we provide the vitally needed financial assistance, we often initiate conversations with family members to help keep the seniors stably housed.

Among the critical differences this partnership has made for our struggling older neighbors, JFS alleviated crises for two senior women by helping them find affordable housing together. Each had been struggling individually on her fixed income with the inflation that has been overwhelming to so many. They were simply no longer able to afford the rent on their apartments. When both contacted JFS, we were able to connect them, help them find affordable housing together and cover relocation costs. Now able to split the rent, they are both managing well and able to continue living in their community.

JFS and Hands on Tzedakah (HOT) Senior Assistance Program Partner to Help Our Community

The longstanding partnership between JFS and Hands on Tzedakah (HOT) continues to meet the needs of community members like these who find themselves in an array of desperate situations.

Like the senior who, with her own health issues, had lost her husband and was just beginning to adjust to living with an even more limited income. When her air conditioner broke down during the peak of summer and could not be fixed, she was entirely unable to cover the cost of a replacement. After learning about JFS from a neighbor, she reached out to ask for assistance. Fortunately, JFS was able to restore her quality of life and preserve her health by purchasing a new air conditioner through JFS and HOT funds. She is extremely grateful!

And we at JFS are continually grateful for the significant roles HOT plays in helping our agency carry out our mission each and every day.
Passover Delivery 2022

Thanks to the dedicated volunteer teams who delivered frozen seder meals prepared by JARC Florida, Passover groceries, Haggadahs, and handmade greeting cards created by hundreds of area families to about 150 JFS Jacobson Family Food Pantry client households this year. The remaining 450 Food Pantry clients also received these with their regular deliveries.

Special thanks to Jewish Federation donors from Addison Reserve Country Club; to Humana for donating cleaning kits with paper towels, dish soap and sponges and helping to deliver them along with the Passover food packages; and to Debbie & Howard Belford for their sponsorship of this important event.

High Holidays Meal Delivery 2022

Once again, JFS and our volunteers helped their neighbors prepare to celebrate the High Holidays by delivering traditional festive meals along with challah, apples, and honey to clients of the JFS Jacobson Family Food Pantry. Volunteers delivered packages containing meals (to thaw and heat for Rosh Hashanah and before Yom Kippur) prepared by JFS Community Partner, JARC Florida to 265 households. In addition, all other 335 Food Pantry clients received the meals and special treats in their regular food package deliveries.

Woodfield Feeds the Hungry 2021

Woodfield Country Club residents once again donated and volunteered for their 13th Annual Woodfield Feeds the Hungry. With Co-chairs Larry Blair, Michele Fisher, Lori and Jason Solodkin, along with the heroic Roy Camhi, they once again significantly helped stock the Food Pantry and provide bountiful packages including traditional Thanksgiving meals for families in need. And their 14th effort is already underway!

Thanksgiving-To-Go 2021

Last year, with COVID in our midst, we were unable to hold our annual Thanksgiving Banquet in person. But with deep gratitude to our volunteers and to “Thanksgiving-To-Go” underwriters Etta & Raymond Zimmerman and Edith Stein, JFS was again able to bring Thanksgiving right to the homes of our most needy and isolated clients. Over 100 volunteers delivered a full Thanksgiving meal and handmade cards with messages of encouragement to over 500 older adults and residents of the JARC group homes. We are very excited to be preparing for our first in-person Thanksgiving Banquet since 2019 this year!
$328,000 Florida Blue Foundation Grant Helps JFS Fight Food Insecurity

Recent research on the rise of local food insecurity clearly confirms what JFS experience has been telling us: lingering impact from Covid’s income disruption, soaring rents, and the rising costs of food and other essentials keep increasing the burden on our low-income residents. Our Jacobson Family Food Pantry clients are now relying on what have been our supplemental groceries for ongoing sustenance, and more of our neighbors are struggling to make ends meet.

We are grateful that a generous new three-year grant of $328,000 from Florida Blue Foundation will significantly enable us to feed more people and increase the amount of essential food they receive. With another driver/pantry assistant and a second truck on the road, we’ll be making more deliveries of more food items. New commercial coolers on the trucks will allow us to deliver chickens and dairy products that have been available only to those clients who “shop” at the Pantry. Renovations to the Pantry are creating better storage space and room for the new staff member.

We’re also starting nutrition programming for Pantry clients and beyond, through handouts, online, and in person with our Celebrity Chef Alan Bergman! An award-winning area caterer and restaurateur, Chef Bergman graduated from Johnson & Wales University in Providence, RI and served as an executive chef in London, England, New England before heading to Florida. We are excited to welcome him to our important work!

Clients Receive Vital Hurricane Supplies

With help from our incredible volunteers, staff and the Thomases Family Endowment, JFS again delivered hurricane supplies to over 300 senior households. An additional 600 households received the supplies with their regular Food Pantry deliveries. The JFS Hurricane Preparedness Program encourages all seniors living alone in Boca Raton, Delray Beach and Highland Beach to register for the JFS storm response list at ralesjfs.org/stormreg. Those wishing to volunteer for the JFS Storm Recovery Team can do so at ralesjfs.org/stormvol.

Stonebridge Country Club Residents Brighten Chanukah 2021 for JFS Clients

For the 14th year, residents of Stonebridge Country Club raised funds through the Jewish Federation of South Palm Beach County to brighten Chanukah for JFS Food Pantry clients. Organized by Floris Leipzig and Sharon Gene, their efforts brought seniors and families in need traditional Hanukkah latkes and donuts, along with gift cards.
create your own food drive!

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step 1: who will be the food drive organizer?
this person will be responsible for coordinating all aspects of the food drive to complete it successfully.

step 2: determine the items you would like to collect.

year-round food pantry needs include:
• tuna/salmon
• peanut butter
• jelly
• canned fruit
• cereal/oatmeal
• pasta
• tomato sauce
• rice/quinoa/couscous
• canned vegetables
• vegetarian soup
• vegetarian beans
• instant mashed potatoes

CREATE A BIRTHDAY CHALLENGE DRIVE

step 3: decide where and when your food drive will take place.

step 4: register for your food drive and receive a JFS food drive kit to help you get started.

step 5: collect, collect, collect!

contact: Julie Weisberg, Vice President of the Jacobson Family Food Pantry and Food Pantry Outreach
561.852.3333 or JulieW@ralesjfs.org

year-round food pantry needs include:
• tuna/salmon
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• jelly
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• pasta
• tomato sauce
• rice/quinoa/couscous
• canned vegetables
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Tri-County Mental Health Collaboration Brings Nearly $1 Million in State Funding to Expand Services for the Low-Income

Amid the area’s rapidly rising need for mental health services, a groundbreaking first-time collaboration of Rales JFS of south Palm Beach County, Alpert JFS of Palm Beach County, Goodman JFS of Broward County and JCS of South Florida (Miami-Dade) will fund services for low-income individuals in the tri-county South Florida area. Thanks to the bipartisan leadership and sponsorship of State Senator Shevrin Jones and State Representative Mike Caruso, in June the project was granted $998,400 to increase access to affordable behavioral health care during the 2022-23 year.

The Collaboration anticipates more than 3,000 adults, adolescents and children in crisis across the three counties will be provided with evidenced-based, trauma informed, clinical care by licensed mental health professionals as a result of receiving the funds. The funding will allow the agencies to hire additional staff, minimize wait times and meet the area’s surging need among those who are low-income, uninsured or underinsured, and unable to pay for treatment.

Senator Jones and Representative Caruso joined leaders of the four collaborating JFS organizations for a check presentation ceremony at lead agency Rales JFS in October.

$400,000 Federal Grant to Rales JFS Will Further Expand Mental Health Services to Needy

Another substantial grant to Rales JFS will expand mental health services during the 2022-23 year by removing barriers and ensuring those in need of counseling can access care regardless of ability to pay. Three additional licensed staff including a psychiatric nurse practitioner will provide therapies via tele-health, in-person or a hybrid of both, according to client preferences.

We are deeply grateful to former U.S. Representative Ted Deutch for the opportunity to submit a request for this Congressional Directive Spending Project.

JFS Psychiatry Services Continue in Third Year of FAU Partnership

Since 2020, JFS has maintained a strong partnership with Florida Atlantic University’s (FAU) Schmidt College of Medicine to bring third and fourth year psychiatry residents to JFS. Now our Counseling and Mental Health Services Department has added four new psychiatry residents from the class of 2024. The six total residents enable JFS to provide these extended services to more clients including children, adolescents, and adults.

JFS clients will continue to benefit from the passion and innovation of these residents and from psychiatrist Dr. Ashley Beattie, who specializes in children and adolescents, as well as general psychiatry. Dr. Beattie is guided by Dr. Gavin Rose, Assistant Professor of Integrated Medical Science, who also supervises the program.
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JFS at Palm Beach Pride

Our JFS team partnered with Compass to participate in Palm Beach Pride in Lake Worth. Our team was able to share information about JFS services that we provide for the LGBTQ+ Community and handed out gifts! This two-day event included a Pride Market and Pride Parade. We were thrilled to be part of this celebration of the LGBTQ Community, equality, and respect in a family friendly environment.

LGBTQ+ Community Outreach Program

Through a dedicated Community Outreach Coordinator, JFS assists the LGBTQ+ Community and their families by providing:

- Gender Affirming Mental Health Care, including individual counseling, support groups, and psychiatric services, with clinical staff sensitive to LGBTQ+ clients
- Teen LGBTQ+ Social Support Group (in collaboration with the Faulk Center)
- LGBTQ+ Resources and Referral Service with Gender-Affirming Community Partners
- Participation in LGBTQ+ Community Events
- On-going LGBTQ+ staff training

LGBTQ+ Teen Groups

A Joint Program of the Faulk Center for Counseling and Ruth & Norman Rales Jewish Family Services

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CONTACT Alice Tennis, MSW | Vice President of Senior Services | 561.852.3333 | AliceT@ralesjfs.org
The Caregiver Resources and Respite Program at JFS Offers Support and Community During Difficult Times

Caregiving can be difficult, thankless, and seemingly endless. Watching a loved one’s decline often brings up a lot of strong and sometimes conflicting emotions. Exhaustion, grief, and frustration make an appearance, making the tasks that much more difficult. But we care for our loved ones, and we want to keep them with us as long as possible. So, many caregivers keep going, pushing themselves to the brink because, for them, the alternative is worse. Burnout is a real and present danger to caregivers, and it can happen despite our love and best intentions. In these situations, all parties need support and care, even the caregivers themselves.

Since its inception in 2014, JFS’s Caregiver Resources and Respite Program has sought ways to help sustain and nurture caregivers. Caregiver support groups can be a vital lifeline for participants. “Unless you’ve gone through the caregiving experience, people don’t understand how frustrated, tired, and isolated caregivers are,” states Alice Tennis, VP of Senior Services. A support group helps people discover that they are not alone in their situation.

Community care is a powerful tool; resources, advice, support, and friendship empower caregivers to feel confident and be present with their loved ones, even in their pain. The support group focuses on providing caregivers with the skills and knowledge to help them take better care of their loved ones. This increase in knowledge and skills is linked to people being able to keep their loved one at home instead of resorting to alternative placements.

But the support group also imparts skills and provides support to caregivers to help them take better care of themselves. The caregiver support group gave Marilyn from West Palm Beach a space to breathe. “Talks are both heavy and light, always warm, candid, [and] non-judgmental,” she said. “The constant is that I leave each session feeling understood, supported and reinvigorated by the empathy of others. I cannot imagine my life without my new family.”

The Caregiver Resources and Respite Program is here for you and your loved ones. Through virtual programming, we can offer support groups, 1:1 consultations, educational workshops, yoga/Tai Chi classes, and music therapy sessions. Participants have been grateful for the opportunity to meet virtually as many are still concerned about COVID risks for themselves and their loved ones.

Our program is funded by the Palm Beach/Treasure Coast Area Agency on Aging. If you know of someone who could benefit from our Caregiver Resources and Respite Program, have them contact Alex Chernis, CGR&R Program Director at (561) 866-6429 or alexc@ralesjfs.org.

Sheila C. Furr, Ph. D., ABN  
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For Helen, There’s No Place Like Home

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Adventure Club a Window to the World

It was early morning when the Rales Rides bus pulled away from the Shirley and Barton Weisman Delray Community Center. The Feldman Family Adventure Club was off to another wonderful trip, to the Wiener Museum of Design Arts (WMODA). The seniors knew they would see beautiful items but had no idea how one exhibit would stir their souls. Created to honor the memories of the majority of Ardmore lives taken by and those who survived the AIDS epidemic, Ardmore in Africa is a thriving 80-artist community creating unique ceramics and sculptures in the Natal Midlands of South Africa.

This story reached the hearts of the trip attendees, some who were Holocaust survivors and others who had lost loved ones to prolonged illness. Once back on the bus, a woman who attends the Center’s Yiddish Club started singing in Yiddish. One by one, the seniors all joined in creating a chorus of uplifted spirits. The Adventure Club is so much more than a trip, it’s a window to the world.

Valiant Players Back Onstage

Val Chevron, a professional actor, director and passionate original Weisman Center volunteer, taught Acting for Seniors. The class evolved into full musical shows and dramatic plays. When Covid closed the Center, Val directed virtual performances with members singing from their homes. When Val passed away in 2021 at 97 years young, he left a dedicated group of performers. To honor his legacy, the group was renamed the Valiant Players.

With the Center reopened, they continued with a new, extremely energetic Director, Peter Vincent, and their original Music Director, Wally Childs. In the last year, the Valiant Players have performed four shows: “Jukebox Jam,” “A Magical Day,” “Best of Broadway,” and “Celebrate America.” The last was dedicated to the memory of long term cast members Carole and Donald Wilk.

The Weisman Center has received funding to add new stage lighting and additional sound equipment to enhance the performances. Audiences have loved every minute watching the talented casts, who range in age from 71 to 93. The shows have it all, dancing, singing, spoken dialogue and passionate performers. The next show “Winter Wonderland” in December 2022 will welcome hats, scarves and happy hearts welcome.
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- Awarded grant funding to **85** deserving local non-profit initiatives
- Contributed over **$1.2 MILLION** specifically to the Family Focus Area
- Grown to be the **2ND LARGEST** chapter in the world

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“Ever since we began the process of evaluation for my child, everyone on staff has been so accommodating, warm and welcoming. At every session we are greeted with big smiles, open arms and a beautiful positive environment. In the mornings, we go over the daily schedule of what to expect and look forward to and my son looks forward to a "Miss Jessie day" and a "Miss Shelby day." Having found myself in a very difficult financial situation, having the financial assistance to afford the therapies for my son has been the biggest relief of all. Knowing that my child has trusted and experienced adults working with him is such a blessing. One of the most significant changes that I have seen with my son is his ability to verbalize when he is calm during a difficult moment. Hearing these words and labeling the feeling, is tremendous progress that we hadn't seen before. We are so happy to have found the Center and have already seen tremendous growth in just a short amount of time with my son's overall behavior and approach to new activities.”

Micaela, Parent

Types of Services

In addition to quality therapy services, the TFRC offers a wide variety of groups, classes and workshops for the whole family.

- Fine Motor Skills
- Music Therapy
- Social Skills
- Pre-K & Kindergarten readiness groups
- Parent Training Workshops and Seminars
The objectives of the Cooperman Center are to:

- Provide children with varying needs and abilities affordable access to treatment and therapies that allow them maximum realization of their developmental, educational, and personal potential.
- Equip parents and other caregivers with the necessary information and support to ensure a therapeutic continuum.
- Provide the education and guidance needed to build stronger families.

Why JFS?

JFS is uniquely able to provide support through our spectrum of programs that serve the entire family. Because the TFRC offers a variety of services from a centralized location, the burden to families will be reduced while access to care will be greatly improved. And, with a long history of strong community collaboration, JFS is easily able to partner with other agencies, schools and programs that also serve children with special needs.

Since Opening:

- The Cooperman Center has been providing OT, PT, Speech and ABA therapies to over 20 children on a regular basis, growing monthly.
- We have developed a partnership with the JCC Zale preschool, B’nai Torah Congregation and Torah Tots to provide therapies for children who attend their preschool programs, to assist with preparing for the transition to Kindergarten.
- Offering a variety of groups for children, including weekly music therapy group, fine motor skills groups, social skills groups, sensory classes, and Pre-K readiness social skills group for littles with varying needs and abilities.
- Launched our Parent Education Lunch and Learn series on a variety of parent education topics, available in person as well as via Zoom to accommodate parents’ busy schedules.
- Partnering with the Special Needs Outreach Department to offer parent support groups, a grandparent group and SibShops sibling support group for families, free of charge.
- Offering sensory breaks and various therapies to children attending DKJA and JCC Zale Preschool.
- Offering free transportation to the Center from Katz Hillel Day School twice a week.

For more information or to schedule an intake consultation, please contact: Aliyah Longhurst, LMFT, BCBA Call 561.852.5099 or Email Aliyahl@ralejfs.org
Community Outreach Brings Healing and Connection

JFS Community Outreach continually responds to community needs with support groups for all ages. At synagogues, schools and community centers, from parenting to bereavement and so much more, we are there to support our neighbors through life’s challenges, in person or virtually. Recent years have seen significantly increased requests for grief and loss support. And a beautiful story emerged from one such group.

Deeply grieving after losing their spouses, Barbara and Paul joined a JFS bereavement group. Over time, as they began to adjust into their new lives, Paul asked to see Barbara outside of zoom - and a relationship blossomed! When JFS offered their group the Morikami Japanese Gardens “Stroll for Well Being,” healing walks, both joined in. With renewed understanding that life is a journey, they chose to share their journey together.

*Our love story began with unimaginable tragedy and then fate and JFS brought us together. The bereavement group became a safe place to share our feelings. Although we are all traveling our own unique journey, we learn from each other and support each other, whether it’s tears of sadness, emotional hurdles or the joys of celebration.*

~Barbara

Danielle Greenblatt, LCSW
Director of Community Outreach
561.852.3333 | DanielleG@ralesjfs.org

Domestic Abuse Education & Action Transforms Lives

JFS Domestic Abuse Education & Action (DAEA) offers comprehensive case management, education and emotional, mental and financial support to domestic abuse survivors. This story of one family illustrates the critical difference these JFS programs make to survivors and their children.

Rebecca was referred to JFS by her private therapist. Still living with her husband of 24 years, she initially sought counseling for her four children because of his domestic abuse. With no work experience and fully financially dependent on her husband, she was afraid to leave. In domestic abuse situations with financial abuse, victims often stay out of such survival fears and self-doubt. Working with a JFS DV advocate, Rebecca felt empowered to leave her husband with her children. Though observant and needing close access to a synagogue and kosher kitchen, they moved into the local domestic abuse shelter and managed as best they could. This began her journey to self-sufficiency.

In the shelter, Rebecca completed Fresh Start, a joint effort between JFS DAEA and Career & Employment Services, and then found employment. The JFS Food Pantry provided Rebecca and her children kosher food. With continued DV help, Rebecca obtained a 2-bedroom apartment. She has demonstrated powerful resilience and growth and is now almost completely self-sufficient. JFS continues to help as needed.

Our love story began with unimaginable tragedy and then fate and JFS brought us together. The bereavement group became a safe place to share our feelings. Although we are all traveling our own unique journey, we learn from each other and support each other, whether it’s tears of sadness, emotional hurdles or the joys of celebration.

~Barbara
Career & Employment Services Launching New Programs for Seniors and Moms

JFS Career and Employment Services (CES) offers one-on-one career development resources for unemployed and underemployed professional workers in our area. However, due to the COVID-19 pandemic, CES has started offering online weekly webinars for job seekers who can and do attend remotely from anywhere.

In November, CES will present a new series of workshops called the “Silver Fox Employment Boot Camp” for mature workers. This initiative is much needed now because many mature workers were displaced, let go, or forced into retirement due to the pandemic. Studies show that employees between the ages of 55-74 were the top minority group to lose their jobs due to the pandemic.

In addition, inflation has made living entirely on retirement income a challenge. Many of our mature clients are not ready to retire at 66 and still want to work at this point in their lives.

Silver Fox Boot Camp will include:
- Career-focused seminars such as career exploration, resume writing and interviewing skills
- Computer courses (onsite) include Microsoft Word, Excel and Outlook
- Professional Development workshops include Career Assessments, Avoiding Ageism, and Tips on Developing Confidence

Early in 2023, CES department will also be hosting a program called the “Comeback Career.” This will be an intensive program for moms who have been out of work taking care of their families, empty nesters, or any other individuals that have been out of work for a length of time.

Please contact Risa Demato, VP of the Weisman Center 561.558.2100 or RisaD@ralesjfs.org for more information.

"Our Space can be YOUR Space"
Rooms are available to rent, weekdays and weekends at the Weisman Center
Providing set up for:
Conferences
Social Functions
Retreats
Complete Kosher Catering Available
Special Rates For Not For Profit Organizations

We are pleased to offer you an opportunity to honor a loved one, remember a special occasion or show your support for the agency with a personalized message on a tribute brick.
Brick are available for $180 each.
Help pave the walkway to the Community Center.

Please contact Risa Demato, VP of the Weisman Center 561.558.2100 or RisaD@ralesjfs.org for more information.

Contact Karin Edwards, M.Ed of Career & Employment Services | 561.852.3333 | KarinE@ralesjfs.org
Please Give the Gift of Time

VOLUNTEER OPPORTUNITIES

JFS volunteers enable us to reach out into the community in ways that we never could with staff alone. The skill set, passion, and expertise of our volunteers make our programs extraordinary.

- JFS offers volunteer opportunities on weekdays, weekends, evenings, and holidays to accommodate all types of schedules.
- Our volunteers are comprised of snowbirds, snowflakes, teens, families, families with special needs, working professionals, and retirees.
- JFS volunteer programs service the community in many different ways, including: senior services, food and financial assistance, career and employment services, mentoring, and counseling and mental health services.

ADELE LOEB & LES NACKMAN MEALS ON WHEELS 🍽️езд
Volunteer drivers deliver prepared kosher meals every Friday morning to individuals who no longer cook. Designated routes are in the Boca Raton/Delray areas.

ADMINISTRATIVE & CLERICAL SUPPORT 📄🔍
Volunteers assist with filing, phone calls, and data entry as needed by the Volunteer Department or other JFS staff.

CAREER & EMPLOYMENT SERVICES 📚💼
Volunteers assist clients with mock interviews and mentoring. There are also opportunities to facilitate job readiness workshops.

CHORE CORPS (ADULT & TEEN) 🛠️🧽
Volunteers are matched with JFS clients to perform minor household maintenance needs such as; organizing a spice rack, changing light bulbs, decluttering, etc.

COMMUNITY MENTORING PROGRAM 🧑‍🤝‍🧑
Volunteer mentors are matched with a child 6-18 years who is in need of a role model and friend and would benefit from a long-term, stable relationship with a non-parental adult. Our mentors and mentees meet regularly for a minimum of 4 hours each month and make a one-year commitment to the program.

HOLIDAY GREETING CARDS 🎁🎅
Enhance the experience of the holidays by creating colorful cards for Rosh Hashanah, Thanksgiving, Chanukah, Passover, or even birthdays or other special occasions to be inserted into the grocery bags delivered to our food pantry clients. Write encouraging letters to seniors to uplift them and decrease feelings of isolation and depression.

COUNSELING SUPPORT GROUPS 🌟的心理
Volunteers with a master’s degree in any mental health field can help to co-facilitate support groups with a JFS staff person in the community. The volunteer works with the outreach coordinator assigned to that location, working together to plan and lead the group.

DOMESTIC ABUSE EDUCATION AND ACTION PROGRAM 🧠🛡️
Volunteers provide assistance to facilitate the support and compassion needed for those who are victims of all kinds of abuse. The TARA program (Teens Against Relationship Abuse) enables volunteers to learn how to identify the signs of abuse and how to protect themselves and others.

FELDMAN FAMILY DIAMOND ADVENTURE CLUBS 🎉
Volunteers meet every Monday morning at the Weisman Center in Delray Beach. This is a social group where volunteers assist by checking in guests, leading discussions on current events, setting up, and serving coffee and snacks. Volunteers also assist with outside group bus excursions.
FRIENDLY VISITOR
Volunteers “visit” an isolated senior in their home or assisted living facility for at least four hours a month for socialization and conversation. Volunteers and their clients determine the schedule and frequency of the visits.

HOLIDAY MEAL DELIVERIES
Volunteers deliver 3-5 holiday meal packages to households in the Boca/Delray area. These deliveries typically occur on Sunday mornings and last approximately two hours.

JACOBSON FAMILY FOOD PANTRY
Volunteers assist in the pantry, located in Delray Beach, restocking shelves and preparing food bags for home delivery. Volunteers deliver pre-bagged food packages every other Thursday morning to residents of Century Village in Boca Raton, and to the Gould and Weinberg residents on the campus of the Jewish Federation in West Boca Raton. Volunteers can also organize a community tootsie drive or food drive for the pantry.

KIBBITZ AND RIDE
Volunteers drive an individual in need of transportation to a variety of locations such as medical appointments, grocery shopping or other errands in the Boca/Delray areas. Trips are booked in advance and drivers are scheduled as available. Mileage reimbursement is provided to volunteers.

PEER SUPPORT CIRCLE
Volunteers focus on making recovery connections for those with substance use related issues in our community. Peer Support volunteers may be paired with community members based on shared experiences or participate in groups that offer educational opportunities and resources.

RUSSIAN CLUB
Russian speaking volunteers assist the Program Director in locating new Holocaust survivors for the program and help organize and run this social club.

SHIRLEY & BARTON WEISMAN DELRAY COMMUNITY CENTER
Volunteers enhance the experience for Members at the Center by teaching a class, helping with special events and programs, and assisting in the Blume Café or at the front desk reception area. Days and times are flexible. No weekends are required.

SHOP & SHARE
Volunteers grocery shop for clients who are no longer willing or able to shop for themselves. Volunteers receive the grocery list from the client over the phone in advance. They are reimbursed for items purchased by personal check upon delivery, where they help put the groceries away and spend time socializing. Volunteers and their clients determine the schedule and frequency of the trips. We recommend 2 shopping trips per month.

TECHNOLOGY SOS (ADULT & TEEN)
Volunteers assist seniors who are not comfortable with technology, helping them use their cell phones, tablets or computers in their homes. Volunteers and their clients determine the schedule and frequency of the visits as needed. Russian speaking volunteers needed to help with Russian speaking clients.

TELEPHONE REASSURANCE
Volunteer as a special phone friend to homebound seniors by making calls 2-3 times a week. Call times and frequency can be determined between the volunteer and the client.

VOLUNTEER WITH CHILDREN WHO HAVE SPECIAL NEEDS
Volunteers assist our staff in providing extraordinary care to children with special needs. Volunteers will engage with special needs children alongside a JFS Therapist in a group setting to help these children realize their maximum development both educationally and personally. Groups consist of social skills training, music, school readiness, fine motor skills development, and many more.

For more information or to fill out a volunteer application visit www.ralesjfs.org/volunteer or contact Kim Edelberg, Co-Director, Belford Volunteer Department, KimE@ralesjfs.org | 561.852.3333
In Memory: Cherished Volunteer Bette Wohlgemuth

Bette, who passed away in September, was a faithful volunteer to JFS since 1998, delivering food, making calls with telephone reassurance, and just about anything she was asked to do.

Bette was recognized as the JFS Volunteer of the Year (VOY) in 2013. A past board member, she also served on the volunteer committee.

May Bette’s memory be a blessing.

Mom and Daughter Are More Than Friendly Visitors

The day Jamie was matched through the JFS Friendly Visitor program happened to be the Senior Services client’s birthday. Though they were setting up their first visit for a future date, Jamie and her daughter Sophie picked up balloons and flowers and delivered them to their newly matched client that same day.

Since then, they’ve become far more than weekly program visitors. For examples, when Hurricane Ian looked like it would impact us, Jamie moved lawn furniture into the garage, and when the senior had car trouble, Jamie helped her arrange to have it fixed. Jamie often visits with her daughter, which is very much appreciated.

As this grateful JFS client puts it, “Jamie is the most wonderful person I have ever met. I am so lucky, you have no idea.”
Message from Cindy Orbach Nimhauser
Chief Development Officer, Senior Vice President

It has been an incredible year in FRD! Where do I begin?

To quote Julie Andrews in “The Sound of Music”:

“Let’s start at the very beginning…a very good place to start.”

Our Season began with a brand new event - “Not Your Mother’s Game Night” - an intergenerational evening to bring together women in our community for an evening of fun and philanthropy. One only has to look at the pictures on page 37 to see what a success this night was!

And there’s so much more to come:

On December 8th at the Polo Club, we will have our Annual Gala - “A Night at Studio 54”. We are so thrilled to be honoring the Sandler Family with the Rales Humanitarian of the Year Award, and FAU’s Dr. John Kelly with the Corporate Leadership Award. We hope to see many of you showing off your best disco moves that evening!

Our “Reflections of Hope” Luncheon will take place at Boca West Country Club on February 15, 2023. Critically acclaimed actress and model Andie McDowell will be our speaker for this much anticipated yearly event which raises funds for mental health counseling.

“Great Golf for a Great Cause” will be held on March 23, 2023 at St. Andrew’s Country Club.

We’ve recently welcomed two new additions to the FRD department. Ilana Fisch, Senior Development Officer and Michele Patrone, Development Officer, joined us on September 1st. They have both hit the ground running and we are thrilled to have them on board.

Finally, thanks to the incredible generosity of our community donors, our Capital Campaign for the Toby and Leon Cooperman Therapy & Family Resource Center has reached its goal of $4 million dollars. Our Capital Campaign Chairs Ed and Harriet Levine did an incredible job! There are still naming opportunities available; please contact the FRD Department for more information.

“When you know the notes to sing…you can sing most anything.”

The “notes” that we sing together enable our neighbors to have “Tea- a drink with jam and bread”….and so very much more, thanks to all of YOU!

For all you do, thank you, thank you!

Sincerely,

Cindy Orbach Nimhauser
Chief Development Officer, Senior Vice President
SEEING IS BELIEVING
Judi & Craig (z”l) Donoff have seen first-hand how the many JFS programs assist our community from children to seniors, that’s why the Donoffs have chosen to convert their Donor Advised Fund into a permanent endowment to ensure the continuity of these programs after their lifetime.

GIVING IS A FAMILY TRADITION
Illana and Samy Dwek wanted to continue their family’s tradition of supporting their local community and always giving to those most in need. That is why the Dweks chose to make a bequest in their will to JFS, ensuring the continuity of our programs after their lifetime.

HOW BLESSED ARE WE?
This question is frequently posed by Diane & Larry Feldman when surrounded by the seniors they support through the Feldman Family Diamond & Adventure Clubs. That is why the Feldmans chose to make a bequest in their will to JFS, ensuring the continuity of their programs after their lifetime.

MAKING AN IMPACT
Michele and David Katzman are dedicated to helping others. In order to ensure the continuity of their impact after their lifetime, they chose to name JFS as a beneficiary in their IRA.

There Are Many Ways to Include JFS in Your Legacy Planning

YOU CAN TOO. FIND OUT HOW.
Contact Cindy Orbach Nimhauser, JD,
Chief Development Officer, Senior Vice President
Call 561.852.3279 | Email cindyn@ralesjfs.org | Visit ralesjfs.org
Imagine creating a lasting testament to the value that you hold most dear. Creating your legacy is not only deeply fulfilling; it also requires far less out-of-pocket funding than you may realize. In fact, legacy gifts come with tax breaks and benefits that make it a smart move for anyone’s estate plans. The JFS Visionary Society recognizes individuals who have secured our future through a planned gift commitment of $100,000 or more. Please join the following donors who have notified us of their plans to include JFS in their estate plans:

**JFS Visionary Society**

- Jack Alexander*
- Laurence I. Blair
- The Estate of Harriet Breyer*
- Jeffrey & Richard Breyer
- Toby & Leon Cooperman
- Jane & Alan* Cornell
- The Estate of Karola Epstein*
- Diane & Larry Feldman
- Miriam Friend*
- Meryl & Ron Gallatin
- Anne & Norman Jacobson
- Lisa Kaufman
- Betty & Jon Kimmel
- Debra & Gerald Kramer
- April & Roger Leavy
- Roxane Frechie Lipton
- Adele Loeb & Les Nackman
- Madeleine* & Eugene* Pargh
- Ruth* & Norman* Rales Foundation
- Alison & David Schimel
- Dorothy* & Sidney* Schuman
- Berenice Shankerman*
- Eleanor & Sidney* Shankerman
- The Estate of Bernard Sherman*
- The Estate of Ethel Snyder*
- Shirley & Barton* Weisman
- Ilene & Peter Wohlgemuth
- Jacqueline & Sidney* Wolgin

**Anonymous**

As of 12/31/2021
JFS Supporters Embark on an Odyssey - Into the Future At the 2021 Annual Gala

More than 300 JFS supporters were delighted to reunite and celebrate in person at the 2021 Annual Gala on December 9. From the time they entered the transformed Polo Club of Boca Raton, they were transported out of this world lighting, music and décor to an “Odyssey Into the Future.” A virtual option was also offered.

The guests enjoyed a sumptuous cocktail reception and the opportunity to bid on intriguing silent auction items before heading into the main event. Dinner’s epicurean cuisine took them from Blast Off through the Main Odyssey and on to Sweet Future Fire and Ice. With multimedia presentations, they celebrated JFS’s many accomplishments and lauded the night’s honorees before generously bidding on live auction items including a bespoke Samuelson suit by Guy LaFerrera, an 8 carat diamond bracelet set in 18 kt. gold by Gregory’s Fine Jewelry, and packages to the Tony Awards in New York and an Adele concert in London.

JFS proudly presented the Rales Humanitarian of the Year Award to Marilyn & Stanley Barry, whose extraordinary vision and exceptional generosity have impacted the lives of countless people throughout the United States, Israel and abroad for more than 40 years. Gregory Fried of Gregory’s Fine Jewelry was honored with the Corporate Leadership Award for his heart of gold that leads him to support many local organizations including JFS while carefully attending to his clients’ needs.
Thank you to all who made our gala such a resounding success!

Event Co-Chairs Pam & Mitchell Barry, Jill & Richard Barry, Linda & Ivan Gefen

Our generous sponsors and auction donors including

Grand Benefactors Marilyn & Stanley Berry

Leadership Sponsors Toby & Leon Cooperman, Meryl & Ron Gallatin, Jill Viner

Chai Sponsors Boca Raton Regional Hospital Foundation/Baptist Health South Florida, Jane & Alan Cornell Foundation

and all our guests who support the wonderful work of JFS
Marie Osmond, Iconic Entertainer, Delivered Keynote Address at

REFLECTIONS OF Hope LUNCHEON 2022

In the entertainment industry for five iconic decades, Marie Osmond is a successful singer, television performer, talk show host, dancer, actor, author, entrepreneur, and public speaker. As a philanthropist, she co-founded Children’s Miracle Network Hospital, which has raised over $7 billion for children. She has been a force to be reckoned with in entertainment and beyond.

Marie was invited to deliver the keynote address at the 2022 Reflections of Hope luncheon. As a mental health advocate, she has battled depression herself and shared her personal struggles throughout her life and career. She is a multiple gold and platinum artist and CMA winner and has written three New York Times bestselling books. Her continuous message of the importance of breaking the stigma of mental illness and the impactful ways she has been able to deal with her depression with strength and dignity is powerful, particularly given all her success. Her story served as a reminder to treat people with care and compassion. We never truly know what they’re going through, even if they have an outwardly successful life.

This year’s luncheon, held at the Boca West Country Club, also featured the Master of Ceremonies Glenn Glazer. No stranger to South Florida weather, Glazer is the newest member of the WPBF 25 First Warning Weather team. His broadcasting career spans over 30 years in television and radio stations. Glenn has also joined forces with numerous local nonprofit organizations like JFS!

Reflections of Hope was created to break the stigma associated with mental illness, a critical issue affecting one in five adults. Proceeds from the luncheon will benefit JFS’s Counseling & Mental Health Services, including the Welcome Home Program. Thanks to event Co-Chairs Carol Winig and Teri Wolofsky for creating an unforgettable event.

CONTACT
Jill Waldman | Director of Special Events | 561.852.5013 | JillW@ralesjfs.org
Thank you to our Sponsors!

**Grand Benefactors**
- Lori & Gregg Gottsegen
- Robin & Gary Rubin
- Olivia & Gerald Shapiro

**Sponsors**
- Beau Ties, Ltd/Greg Shugar
- Century Risk Advisors
- CBIZ MHM, LLP
- Meryl & Ron Gallatin
- Lori & Gregg Gottsegen
- Marissa Hollander
- Anne & Norman Jacobson
- Harriet & Ed Levine
- James Litinsky
- Laura & Steven Litinsky
- Robin & Gary Rubin
- The Sandler Foundation
- Olivia & Gerald Shapiro
- The Boca Raton Observer
- Ticho Foundation
- Shirley & Bart Weisman

**Honorary Chairs**
- Judi Donoff
- Nancy Schiller
It was great to be back!!! After 2 years, JFS was finally able to once again hold our annual Golf Tournament! Coming together at St. Andrews Country Club, the golfers also enjoyed lunch, cocktails, dinner, an auction and raffles, and an awards presentation.

The tremendously successful, sold-out event could not have been possible without the dedicated work and dedication of so many, including our event Co-chairs Isabel & Arnie Friedman, Roxane & Michael Lipton, Lisa & Robert Marton, and Amy & David Ross; our sponsors, underwriters, raffle and auction donors including our Grand Benefactors Marilyn & Stanley Barry, Meryl & Ron Gallatin, Harvey & Phyllis Sandler Foundation and Barton & Shirley Weisman Foundation – and, of course, our golfers!
More than 200 guests sold out the first Annual “Not Your Mother’s Game Night” at St. Andrews Country Club. The crowd enjoyed a spirited evening of cocktails, confections and (friendly) competition in bridge, mahjong, canasta and other games while benefiting the vital programs and services of JFS.

Together, they celebrated the current JFS family while welcoming the next generation to learn more about the agency and how get involved. The intergenerational focus was set at the outset as Melissa Hoffman and mother, Barbara Glasband along with Debra Minoff and her mom, longtime JFS Board member, Vicki Weinstein made up the Co-chair team.

This great new event will definitely repeat next year. Don’t miss it!

Thanks to Our Games Night Sponsors: Anne Jacobson, Meryl Gallatin, Linda Gefen, Lorraine Udwin
We are excited to announce that pre-packaged JFS Tribute Cards are now available for purchase. We offer 6 different pre-packaged options that can be mailed to your home. Proceeds from the purchase of these cards support the programs and services of JFS.

Each package consists of (5) tribute cards and sells for $36 each. Choose from five unique occasions and one mixed pack option. Occasions include: Congratulations, Get Well, Happy Birthday, Sympathy and Thinking of You.

Order today by visiting ralesjfs.org/tributecards.
Made in the USA!
April & Roger Leavy proudly support Ruth & Norman Rales JFS

954.698.0000
3251 SW 13th Drive Suite C Deerfield Beach, FL 33442
info@tasseldepot.com