Ruth & Norman Rales
Jewish Family Services

HELP.
HOPE.
HUMANITY.

PROGRAMS & SERVICES
Ruth & Norman Rales Jewish Family Services (JFS) offers help, hope and humanity through our comprehensive range of programs and services which support people of all ages and beliefs.

With locations in Boca Raton and Delray Beach, JFS programs & services include food & financial assistance, senior services, counseling & mental health services, career & employment services, and many volunteer opportunities.

The Shirley & Barton Weisman Delray Community Center provides an ideal venue for a variety of social opportunities, wellness activities, educational classes and other life-enhancing experiences.

Funding is provided by individuals, corporations, grants, special events and donors who support our mission and bring hope to thousands in need.
Ruth & Norman Rales Jewish Family Services (JFS) is a critical community resource for individuals and families in crisis. To meet the diverse needs of our community, JFS offers help and hope across a broad spectrum of service areas.

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JFS is a lifeline to individuals and families in crisis, providing emergency funds for basic necessities such as utility bills, mortgage payments, short-term in-home healthcare, medications and other urgent needs. JFS also offers financial assistance for tutoring, SAT prep, after school care, summer camp and other supports to ensure that a child achieves their maximum potential as adults.

The Jacobson Family Food Pantry at JFS delivers bi-weekly food packages to qualified seniors, individuals and families, providing much needed sustenance to those in need. In addition, holiday meals, toiletries and other special requests are provided on a seasonal basis. Our Meals on Wheels program provides prepared meals to those no longer able to cook, affording them a nutritionally balanced meal each day.

Recognizing the enormous financial challenges families with special needs children face, JFS provides assistance for a variety of supportive services through the Dorothy & Irving Cooper Fund for Children with Special Needs and their Families.

The Caring Doctors Project links doctors from the community with uninsured adults between the ages of 18-64 to provide pro-bono medical care on a short-term basis.

In 2013, 1,400 people received over $220,000 in financial assistance - a 27% increase over last year. Over 79,625 lbs of food were delivered throughout the year.

FOOD & FINANCIAL ASSISTANCE

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The Caring Doctors Project links doctors from the community with uninsured adults between the ages of 18-64 to provide pro-bono medical care on a short-term basis.
Our eldercare specialists help seniors age in place for as long as possible with dignity and independence. They provide a variety of geriatric case management services including assessment and care coordination, patient advocacy and serve as a vital link between loved ones living out of state. Our Senior Companion Program matches clients with a trained companion who provides non-medical care services such as transportation, meal preparation, socialization, respite for caregivers and light housekeeping.

Holocaust survivors can take advantage of additional services including financial assistance, help in filing for financial reparations, and socialization programs such as Café Europa and Nosh and Nachas.

JFS ensures our most treasured elders remain vibrant and active members of the community through socialization programs such as the Feldman Family Diamond and Adventure Clubs.

Volunteers help with friendly visits, driving seniors to doctors’ appointments and other errands, and telephone reassurance calls so that no one feels alone or isolated.

The Shirley & Barton Weisman Delray Community Center provides much needed social services, educational, art and computer classes, health and wellness programs, as well as a kosher café offering a home away from home for Boomers and beyond.

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In 2013, 2,531 one way rides were provided by volunteers as part of our “kibbitz & ride” volunteer driving program.

309 Holocaust survivors received services through our Holocaust Survivor Assistance Program.
401 clients received over 6,430 hours of therapy. Our staff psychiatrist provided 279 client sessions. Over 11 children received affordable psychological testing services.

COUNSELING & MENTAL HEALTH SERVICES

Our intake and referral department screens and links callers to many services including counseling and mental health. JFS offers counseling services to individuals and families (including children), support groups, workshops, psychological testing services, psychiatric assessment and medication management, mentoring programs, parent coordination and a free drop-in center for adults living with mental illness and/or developmental disabilities.

While JFS currently provides limited financial assistance, counseling, and information and referral services to victims of domestic abuse, the new Domestic Abuse Education & Action Program will allow JFS to confront domestic violence in the South Palm Beach County community with a particular sensitivity to the special needs of Jewish victims. The program will feature a formal and centralized platform, including education to teens and adults, outreach and collaboration with local schools and synagogues, case management, coaching and safety planning, counseling, legal/medical referrals, and financial assistance to address the issue of domestic violence in our community.
Volunteers are a critical component of our programs and we would not be able to provide many of our services without their gift of time and talent. Volunteers mentor children and teens, lead religious services at assisted living facilities and nursing homes, visit the sick in hospitals, provide rides for seniors in need of transportation, deliver food packages, and reduce the isolation of the homebound through daily telephone calls and friendly visits.

Over 385 volunteers donated more than 25,000 hours of service to JFS.

Volunteers are also actively engaged at the Shirley & Barton Weisman Delray Community Center teaching classes, working in the Blume Café, greeting guests, and answering the phone – all of which allow us to keep the cost to participate as minimal as possible.
The faces of those seeking employment have changed and the need for career and employment services is now greater than ever. From first time job seekers to those in career transition, the JFS Career & Employment Services Program will provide individuals with a variety of assistance including comprehensive career assessments, individual job coaching, resume and employment materials development, professional readiness training, social media enhancement, job search assistance, job placement services and an online job bank, seminars, workshops, and networking opportunities, and resources for furthering education and training. By focusing on clients’ individual strengths and goals, career strategists will create customized action plans to transform clients into job candidates geared towards career success.
With the multitude of new services offered by JFS, it is more critical than ever that the availability of these programs be easy to access in a community setting. The Community Outreach initiative will bring all of JFS’ programs and services into the community to help individuals and families gain access to the supports available as easily and efficiently as possible. By working with community partners JFS Community Outreach professionals will facilitate access to services including counseling, case management, support groups, financial assistance, educational resources, workshops and access to agency programs such as the Jacobson Family Food Pantry, all in a community setting.
As a result of a generous gift from the Rales family, in 2013 JFS created the ‘Center for Families & Children’ which will reach an underserved demographic within the south Palm Beach County community. The specific programs under this umbrella include:

- Career & Employment Services
- Domestic Abuse Education & Awareness
- Financial Assistance
- Community Outreach
Caring Doctors Project
A pro-bono medical program for low-income adults aged 18-64 who have no health insurance.

Dorothy & Irving Cooper Fund for Children with Special Needs and their Families
Provides professional and financial assistance to families living with special needs children.

Financial Assistance Center
Help for families and individuals struggling with critical financial needs.

The Jacobson Family Food Pantry at JFS
Supplemental food to meet basic nutritional needs.

Hebrew Free Loan Association
Interest-free loans to qualified participants for emergency expenses.

Kosher Konnection
Hot kosher lunches for needy seniors provided in partnership with the Volen Center and the Florida Department of Elder Affairs.

JELF - Jewish Education Loan Fund, Inc.
Interest-free educational loans to Jewish students for post-secondary study at accredited institutions.

CareLink
Geriatric case management for families who live far from their loved ones and need a helping hand to enable them to live safely and as independently as possible.
Chaplaincy
Provides pastoral care to the unaffiliated in hospitals, nursing homes and independent/assisted living facilities.

Feldman Family Diamond Club
Weekly social program for seniors 75 and older, featuring speakers, entertainment and a light breakfast.

Feldman Family Adventure Club
A monthly trip leaving from the Weisman Delray Community Center geared to high activity level seniors. Lunch and transportation provided.

Friendly Visitors
Weekly social visits from volunteers to the homebound, offering socialization and companionship.

Geriatric Case Management
Consultation, care assessment and case management for the frail elderly.

Holocaust Survivors Assistance
Case management, in-home care, assistance and socialization programs specifically for Holocaust survivors.

Kibbitz & Ride
Volunteer drivers provide rides for seniors to get to medical appointments, shopping, and other important destinations.

Senior Companion Program
Matches clients with a trained companion who provides non-medical care services such as transportation, meal preparation, socialization, respite for caregivers and light housekeeping.

Socialization Programs
Numerous essential socialization programs such as conversation and discussion groups, book clubs and more are offered at the Shirley & Barton Weisman Delray Community Center.

Telephone Reassurance Program
Weekly “Sunshine” phone calls from volunteers offer socialization and companionship to homebound seniors.
Community Mentoring Program
Children in single-parent households are paired with volunteers who serve as mentors.

Domestic Abuse Education & Action Program
Features a formal and centralized platform to seriously address the issue of domestic abuse in our community.

Support Groups
For those coping with bereavement or the stress of caring for a loved one.

Individual & Family Counseling/Psychiatric Services/Psychological Testing Services
Offered by licensed clinical social workers, psychologists and psychiatrists. Fees are on a sliding scale and most insurance is accepted.

Parenting/Divorce Workshops
Teaching essential parenting and coping skills.

Parent Coordination
For people going through a divorce to help with parenting plans, conflict resolution and problem solving skills.

Welcome Home Program
A free four day a week drop-in center which provides a nurturing environment for adults living with mental illness and/or developmental disabilities.

CAREER & EMPLOYMENT SERVICES
Transforming clients into job candidates through individual coaching, development of employment seeking materials, and specialized workshops. Candidates work with a career strategist to become “job ready” and have access to an online job bank.

Volunteer opportunities for these programs
This initiative will bring all of JFS’ programs and services into the community so that they are easily accessible in a community setting.
Generous community support provides indispensable funding for all JFS programs and services, ultimately improving the lives of local residents of all ages and beliefs.

**SO MANY WAYS TO HELP.**

**Restricted or Unrestricted Giving:** Every contribution helps make a tangible difference in the lives of the people who need it most. “Unrestricted” donations support the full range of vital programs and services – allowing us to direct funds to where the need is greatest – and to help support our operating costs. As a donor, you can also “Restrict” the gifts to specific programs or services that have special meaning to you.

**Memorial and Tribute Gifts:** When your tax-deductible gift is a “tribute” for a special occasion, or in honor or memory of someone special, you get the satisfaction of giving a truly meaningful gift and we take care of sending the card. Your gift will be acknowledged in accordance with your instructions and the gift amount will not be disclosed unless you request it.

**Legacy Giving:** Including JFS in your estate plans enables you to support those programs that are most important to you and to leave a lasting legacy while retaining control of your assets during your lifetime. Giving options include bequests, named endowment funds, life income plans, charitable remainder trusts, charitable lead trusts, and stocks. You may also use a life insurance policy to make a gift by irrevocably naming JFS as the owner and beneficiary of the policy.

**Matching Gifts:** Many corporations and businesses have programs to match employee gifts of cash. Ask your employer or human resources department if they will help make your gift to JFS twice as powerful.

**Corporate Sponsorship:** Receive exposure by sponsoring events, direct mail campaigns, and publications.

**Naming Opportunities:** A number of naming opportunities still exist at the Shirley & Barton Weisman Delray Community Center.

**Monthly Credit Card Drafts:** JFS can assist with making regular monthly charitable contributions through your credit or debit card.

**Volunteer:** The most personal, valuable and rewarding gift you can give is that of your time. JFS could not operate without the selfless dedication of our volunteers.

To find out more about any of these opportunities, please call (561) 852-3333 or visit www.raelsjfs.org
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Boca Raton, FL 33428-1757
P: (561) 852-3333

Satellite Offices:
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7091 West Atlantic Avenue
Delray Beach, FL 33446
P: (561) 558-2100

Jacobson Family Food Pantry
430 S. Congress Ave. Unit 1C
Delray Beach, FL 33445
P: (561) 274-1940

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