The RRJFS 25th anniversary year was a momentous one, and we are proud to recap many of its highlights in this 2004-2005 annual report.

Our great anniversary celebration could not have happened without the enormous efforts so many made to guarantee its success. First and foremost, a huge thank you to Jill Viner for her amazing energy and dedication in coordinating all aspects of the gala so perfectly, and our heartfelt thanks go out as well to Madeline Pargh for her unflagging support, time and expertise. We would also like to thank Lisa Goodman and the Auction Committee who helped gather the best of the best, and the Gala Committee and Board of Trustees for their total cooperation and assistance.

Last, but not least, we thank Joy Binkovitz and Charlotte Okonow, our commemorative Journal Chairs, who produced a beautiful retrospective of the agency’s 25 year history.

As we remember the last 25 years, we are particularly pleased with the way our agency has grown and thrived and the many accomplishments we have achieved.

Over the past quarter of a century, we have successfully met the challenges of a changing world, keeping services current with our community’s needs. With each successive year we have instituted programs and services that enrich and improve the lives of thousands of individuals. Forever mindful of our mission statement, our efforts have never wavered.

The core of our principles is inclusion. Whether our client is a ten-year-old dealing with a parent’s divorce, an 80-year-old in search of help with daily chores, a parent seeking guardianship for a disabled son or daughter, or a family facing a financial crisis, all have aspirations for a better life. We are dedicated to relieving their distress and promoting positive outcomes.

In our evolving relationship with the South Palm Beach County community, we strive to balance the needs of those we serve with available resources. This can be a daunting task, but thanks to the generosity of a caring and compassionate community, we succeed in making sure that there are no waiting lists for our counseling services or financial assistance, no disruption of deliveries in the Forster Family Kosher Food Pantry, and no delays in the many other services so many have come to depend on.

The unique help RRJFS provides to countless families, children and seniors is quite impressive. However, it would not be possible without the determination and dedication of a philanthropic community of donors, board members, staff and volunteers. Together, we make a difference in people’s lives every day.

As we pay tribute to our rich and rewarding history, we also pledge to strengthen our commitment to bring hope, comfort and peace of mind to all members of our community for many years to come. We hope you will find the pages of this year’s annual report inspiring and that it will continue to motivate your generosity and interest in RRJFS.

Michael Mullaugh
President

Jaclynn Faffer
Executive Director
“Only time will tell,” the saying goes. If the test of time provides one measure of validity, then Ruth Rales Jewish Family Service has certainly earned its share of the accolades bestowed upon the agency, some of which are printed on the following pages.

Time, alone, is surprisingly insubstantial despite the fact that we wear it strapped to our wrists, digitized in the corners of our computer screens, and forever flashing on our VCRs. The truth is that before it runs out, time simply presents opportunities.

The truest measure of how we have spent our time is determined by what we have done with those opportunities. What was the purpose we chose to pursue with the available time, and how well have we met those goals.

Initially established in 1979 as the first human services agency of the Jewish Federation of South Palm Beach County, Jewish Family Service began with one part-time social worker offering counseling services to local residents from a storefront on Federal Highway. Through a generous contribution by Ruth and Norman Rales, the agency adopted the name Ruth Rales Jewish Family Service in 1991 and moved into its current 20,000-square-foot facility on the Federation campus. Ten years later, the agency incorporated itself as an independent 501(c)(3) agency that, today, continuously increases its breadth of services to improve and enhance the quality of life for South Palm Beach County residents of all ages, faiths and backgrounds.

Since its inception, RRJFS has kept pace with the residents of South Palm Beach County and their changing lifestyles. Today, the agency serves the needs of more than 35,000 individuals each year. Over the years, it has added new programs to address the evolving needs of residents – from adolescence through adulthood and the senior years. Today, the agency’s services include in-school programs to educate children and parents about anger management and substance abuse, counseling services and a Big Pal/Little Pal program, a web-based teen counseling program and various financial assistance and food delivery services. For the area’s booming population of senior citizens, RRJFS offers a telephone reassurance program, bereavement support programs, food deliveries, holiday teleconferences and its CareLink care management and referral services that help seniors to live as healthy and independently as possible in the comfort of their own homes. Moreover, the agency strives to connect multiple generations of residents and provide support programs that enhance well-being and life choices.

As RRJFS executive director Dr. Jaclynn Faffer has said, “At some point in every individual’s life, he or she faces adversity. Our mission is to assess the needs of the community and provide residents with a wide variety of counseling, education, financial assistance and support services to make these life changes more manageable and improve one’s quality of life.”

Our collective good works are further validated by those who share our values and dedicate their time, effort, and funds to our cause. We are forever grateful to the hundreds of volunteers and contributors who have helped us become a vital part of the South Palm Beach County community.

As we look back and revel in the beautiful memories of our magnificent Snow Ball Gala commemorating the 25th anniversary of the agency, we would like to express our warmest and most sincere appreciation to Jill and Cliff Viner for chairing the event and to their co-chairs, Madeline and Eugene Pargh. Their steadfast support and...
dedication over the years has been a significant factor in the success of RRJFS.

Our success can also be attributed to the generous support we have received over the years from a caring community. We are especially proud to recognize the corporate community whose contributions helped ensure the success of our 25th Anniversary Gala.

Corporate benefactors of the gala included Champion Motors, Graff, Harry Winston, Saks Fifth Avenue. Corporate sponsors included Broad and Cassel, Carl’s Patio, Cornick, Garber & Sandler LLC, Giorgio Armani, Mutual of America, Northern Trust, Proskauer Rose LLP, Southern Wine & Spirits and Wachovia Wealth Management. Corporate supporters included Auto Nation, Vista BMW and West Boca Medical Center.

As we look back at this, our Silver Anniversary of caring for our community, our pride of accomplishment is short-lived. We prefer to look forward to the opportunities the future holds. We are confident in our purpose and in our friends who will help us continue to achieve worthy deeds.
25th Anniversary Accolades

THE WHITE HOUSE
WASHINGTON
December 2, 2004

I send greetings to the members of the Ruth Rales Jewish Family Service of South Palm Beach County as you gather to celebrate your 25th anniversary.

Community service is a reflection of the compassion and decency that make America great. Every day, people across our country make a difference in their communities by donating their time and talents to help those in need.

I commend members for your hard work and dedication to answering the call to serve. Your efforts contribute to a culture of responsibility and citizenship that strengthens our Nation.

Laura joins me in sending our best wishes for continued success.

Sincerely,

[Signature]

December 4, 2004

Dear Friends:

It is my pleasure to congratulate Ruth Rales Jewish Family Service of South Palm Beach County on the occasion of your 25th anniversary.

I understand you have provided an increasing array of services to the community of South Palm Beach County since 1979. I commend your dedication to providing quality counseling and support services for seniors, resources for families and children, financial assistance, and community outreach programs. I appreciate your generosity of time and energy, your caring attitude, and your compassion for others.

Thank you for using your talents in many special ways to meet needs. Best wishes for continued success in serving your fellow man.

Sincerely,

[Signature]

Jeb Bush

October 4, 2004

United States Senate
WASHINGTON, DC 20510-0005

Dr. Jaclynn Faffer, Executive Director
Ruth Rales Jewish Family Service
21300 Coleman Boulevard
Boca Raton, Florida

Dear Jaclynn:

It is with great appreciation that I offer my congratulations to the Ruth Rales Jewish Family Service of South Palm Beach County as it celebrates its 25th Anniversary. You have surpassed standards of excellence in civic responsibility, both to the Jewish community and beyond.

Since 1979, Rales has offered exemplary service to youth and seniors alike. Programs such as the Forster Family Food Pantry, CareLink, and Teen Talk have been immensely successful in providing helpful resources and education to their participants. The group and individual counseling opportunities are essential in maintaining a strong and healthy community. Rales has made its mark by supporting others in times of need, and has henceforth made the community a better place.

I’d like to extend warm wishes and heartfelt gratitude. Congratulations again on a well-deserved celebration.

Sincerely,

[Signature]

United States Senator

United States Senate
WASHINGTON, DC 20510-0005

RRJFS
21300 Ruth and Baron Coleman Blvd.
Boca Raton, FL 33428

Dear Friends,

I am pleased to congratulate Ruth Rales Jewish Family Service of South Palm Beach County on its 25th anniversary.

Since 1979, RRJFS has been a source of strength for the people of South Palm Beach County. As a comprehensive human services agency that reaches out to all segments of the community, RRJFS has assisted thousands of individuals by providing quality human services to the frail and elderly, to children and families in crisis, to the mentally ill and to so many of the most vulnerable among us.

Please accept my sincerest congratulations for 25 years of dedicated service and best wishes for the years of service to come.

Sincerely,

[Signature]
25th Anniversary Accolades

Ruth Rales Jewish Family Service
21300 Coleman Blvd
Boca Raton, Florida 33428

November 8, 2004

Dear Friends:

Emilie and I would like to extend our congratulations on the 25th Anniversary of Ruth Rales Jewish Family Service of South Palm Beach County. It is our pleasure to share the time with you as you gather for this special occasion.

We applaud your passionate commitment to enhancing the quality of life for the people of South Palm Beach County over the last 25 years. Your dedication to helping seniors maintain dignity and sense of purpose, assisting families in crisis, offering youth support and education and community outreach programs is well known and greatly respected throughout the County.

Please accept our sincerest congratulations on this occasion and thank you for making a difference in the lives of so many citizens in our community.

Sincerely,

E. Clay Shaw, Jr.
Member of Congress

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Robert Wexler

Congress of the United States

November 16, 2004

Dear Friends,

Palm Beach County on the occasion of your 25th Anniversary.

Your 25 years of service to our community deserves more than simple praise. Ruth Rales Jewish Family Service’s efforts on behalf of the most vulnerable in our community, your tireless dedication to the needs of frail seniors, families in crisis and individuals from all walks of life is a beacon of hope and comfort to the thousands you serve every year.

Your service to the individuals and families in our community, regardless of race, religion or background, exemplifies the best our community has to offer. Thank you for the quality of care and concern you provide to citizens of South Palm Beach.

On this special night, I join with all the others in the community to applaud RRJFS’s 25 years of dedicated service and offer my best wishes for your continued success.

Warm regards,

Robert Wexler

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Burt Aaronson

County Commissioner, District 5
Board of County Commissioners

December, 2004

Dear Friends:

On the occasion of the 25th Anniversary of Ruth Rales Jewish Family Service of South Palm Beach County, I would like to take this opportunity to thank you Board of Trustees, staff and volunteers for an amazing quarter century of support for our community.

It is with great pride that I acknowledge your dedication to improving and enhancing the lives of so many individuals and families in crisis. Your agency’s response to the needs of our community is truly an inspiration. From senior services, counseling and community outreach programs to the Welcome Home Center for recovering mentally ill and youth support and education, RRJFS is making an enormous difference in the lives of the residents of South Palm Beach County.

You are indeed helping to make our community a better place to live. My sincerest congratulations on this very special occasion.

Sincerely,

Burt Aaronson

County Commissioner

District 5

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An Equal Opportunity Affirmative Action Employer

301 N. Olive Avenue
West Palm Beach, Florida 33401
(561) 888-2285
Fax: (561) 888-2286

305 S. County Avenue
Delray Beach, Florida 33484
(561) 263-8100
Dear Friends,

On behalf of the City of Boca Raton I would like to congratulate Ruth Rales Jewish Family Service of South Palm Beach County for its twenty-five years of exemplary service to our community.

It is my pleasure to thank you for helping to enhance and improve the lives of our citizens through the excellence of your programs and services. Since 1979, your agency has consistently offered a comprehensive range of counseling, support and educational programs for all members of the community.

Ruth Rales has played a key role in the progress our city has made in providing human services for the most vulnerable in our community.

On the occasion of your twentieth Anniversary, I would like to offer my deepest appreciation for your work and my wishes for many years of continued services to the community.

Sincerely yours,

Steven L. Abrams
Mayor

October 11, 2004

Dr. Jaclyn Faffer, CEO
Michael Mullough, President
Ruth Rales Jewish Family Service
of South Palm Beach County, Inc.
21300 Ruth and Baron Coleman Blvd.
Boca Raton, FL 33428

Dear Jackie and Mike,

It is with great pleasure that we congratulate Ruth Rales Jewish Family Service of South Palm Beach County on your 25th Anniversary.

Over the course of the last 25 years, RRJFS has grown into one of the largest and most distinguished agencies in our organization. The excellence of your programs and services and the care and concern with which you approach your clients are tremendous resources for your community.

We salute the dedication and hard work of your Board of Trustees, your staff and volunteers. It is without a doubt, a spectacular achievement.

We commend you on this very special occasion and wish you many years of continued service to the community of South Palm Beach County.

Sincerely,

Bert J. Goldberg, ACSW
President, CEO

Annabel L. Sacks
Board Chair
EVENT HIGHLIGHTS

Café Europa Debuts

RJFS proudly began hosting Café Europa, a new social program for Holocaust survivors, on February 21, 2005. The first meeting included a brunch “mix and mingle,” exceeding all expectations with almost 500 survivors in attendance. Café Europa is funded through an allocation from the Conference on Jewish Material Claims Against Germany (Claims Conference) to facilitate communication among survivors and help them connect to the larger community of survivors in South Palm Beach County.

Two men from the same village in Poland, who had not seen each other for 60 years, were reunited and reminisced about their childhood before enthusiastically sharing the experiences of their lives in the sixty years since liberation.

In June 2005, more than 375 survivors attended a second Café Europa luncheon at Congregation B’nai Torah, which was generously underwritten by Edith and Martin Stein. The gathering focused on the survivors’ countries of origin, giving more people an opportunity to meet those with whom they have lost contact. It was another joyful opportunity for survivors to get reacquainted with friends and relatives with whom they had lost touch. That was the case of two women sitting at the “Belgium” table who came to realize through their conversation that they were cousins who had not seen each other since they were five years old.

RRJFS currently holds two Café Europa programs a year.

RRJFS hosts first Master Chef Challenge

The first RRJFS Master Chef Challenge was held on May 5, 2005, at St. Andrews Country Club. This culinary fundraiser included a magnificent array of culinary masterpieces, an exquisite selection of wines and an intimate atmosphere.

St. Andrews executive chef, Steve Viggiano, ensured a spectacular dining experience for the guests, which included Pan Seared Hudson Valley Foie Gras with peach and cardamom jam, banyuls and pomegranate drizzle, pan roasted Chilean sea bass with asparagus risotto, and Texas wild venison “Osso Bucco” in an orange and fennel broth. Each course had a superb wine selection chosen with the aid of Phil Snyder, a certified wine educator and sales manager for the wine division of Southern Wine and Spirits of South Florida.

The event, chaired by Linda and Ivan Gefen, was graciously hosted by Marilyn and Stanley Barry, Diane and Larry Feldman, Karen and Steve Irwin, Anne and Norman Jacobson, Madeline and Eugene Pargh, Marcia and Albert Schmier, Irene and Sol Silver, Jill and Cliff Viner and Shirley and Bart Weisman.

Annual Passover Model Seder

The traditional Passover Seder is among the most cherished holiday ceremonies of the year. Often remembered fondly from childhood, the traditional observance usually involves lots of work and large gatherings for the annual retelling of the story of our Exodus from Egypt.

For approximately 200 frail and isolated seniors, many of whom are unable to prepare a true Passover meal, one of the most anticipated events of the year is the annual RRJFS Model Seder, which this year took place at Congregation B’nai Torah. Our clients were joined by their RRJFS volunteers, mostly from the Telephone Reassurance and Friendly Visitor programs.

The catered Kosher Seder, which included the traditional fare—Matzo ball soup, gefilte fish with horseradish, haroset, and a hot entrée—was generously underwritten by Edith and Martin Stein.
3rd Annual Ladies Tennis Benefit

The Third Annual RRJFS Ladies Tennis Benefit attracted more than 80 players at two different clubs. The “Meet ‘em all Mixer,” held at Woodfield Country Club and Broken Sound Country Club, was a great success.

Among the day’s activities were courtside breakfasts at each location followed by lunch and a raffle at Broken Sound, with goody bags distributed to each player.

Awards were presented to the top players in each category. In the French Open and U.S. Open at Woodfield Country Club, the winners were Robin Liebein and Darlene Wolff, respectively. At the Broken Sound Country Club, Nicole Ableman took the top prize in the Australian Open and Cindy Braun won top honors in the Wimbledon tournament.

New Board Members Installed at Annual Board Staff Dinner

Joy Binkovitz, RRJFS past president, had the honor of installing the new officers and members of the Board of Trustees at the Annual Board Staff Dinner Meeting on May 11, 2005. President Mike Mullaugh praised RRJFS’s success in its mission to build the kind of community that reaches out to those most in need.

Dr. Jaclynn Faffer presented the annual “Year in Review,” highlighting the growth of RRJFS programs and services, including the expansion of The Welcome Home Drop-In Center for the Persistently Mentally Ill, the upcoming South Florida Conference on Mental Illness, the Naturally Occurring Retirement Communities (NORC) project and the new Eating Disorders Support Group.

Dr. Faffer welcomed representatives of the Children’s Services Council of Palm Beach County (CSC) and acknowledged their support of our agency. CSC Executive Director Gaetana Ebbole thanked RRJFS board members and staff for their excellent work and continued commitment to responding to the needs of all members of our community.

Newly installed trustees were Stanley Barry, David Katzman, David Kirschner, Steve Sager and Sandy Steinberg.

Officers are: Larry Blair, President-Elect; Sheila Frank, Vice President of Human Resource Development; Ivan Gefen, Vice President of Financial Resource Development; Marvin Schiller, Vice President of Operations; Alan Goldstein, Treasurer; and Diane Feldman, Secretary.

The award for “employee of the year” was presented to staff member Lenny Polin for his good deeds and performance above and beyond the call of duty.

Tennis committee members included: Annise Bonchick, Suzan Goldstein, Lynn Kay, Barbara Kendall, Sue Mattison, Connie Miesel, Karen Reinhard, and Marcie Weisman.
PROGRAMS AND SERVICES

Ruth Rales Jewish Family Service is committed to improving and enhancing the quality of life for all members of the community through providing assistance and support services through a comprehensive range of counseling, financial, educational and social programs. RRJFS helps individuals and families from every background regardless of age, culture, religion, ethnicity or sexual orientation.

NEW PROGRAMS

Café Europa

Café Europa, a new social program for Holocaust Survivors hosted by RRJFS, held its debut meeting on February 21, 2005, on the campus of the Jewish Federation of South Palm Beach County.

The brunchtime mixers allowed 500 participants to get to know each other and perhaps reunite with old friends. “There is a kind of fulfillment in finding other survivors and in making new connections — in a sense validating the reality of their past,” says RRJFS Executive Director Dr. Jaclynn Faffer. “Because of the complete destruction of their lives in Europe, there is a distinct camaraderie in discovering people who speak the same language or who come from the same town or country.”

Café Europa is funded through an allocation from the Conference on Jewish Material Claims Against Germany (Claims Conference) to facilitate communication among survivors and help them connect to the larger community of survivors in South Palm Beach County. Along with providing a new venue for socialization, RRJFS serves as a conduit for new resources and information from the Claims Conference.

PROGRAM UPDATE

Holocaust Survivors Assistance

The ability of RRJFS to achieve the goals of its Holocaust Survivors Assistance program was greatly enhanced by a $100,000 appropriation from the Florida Legislature, signed by Governor Jeb Bush, and as advocated by Senator Ron Klein and Representative Irv Slosberg.

RRJFS has been providing this service since 1998 primarily with funding from the Conference of Material Claims against Germany and the Jewish Federation of South Palm Beach County.

According to the 2000 National Demographic Study, 13 percent of Holocaust survivors live in South Florida. Survivors who experienced physical and psychological torture during the Holocaust often have needs different from the rest of the aging population.

RRJFS Executive Director Dr. Jaclynn Faffer explains that, “Holocaust survivors are often wary of being asked to supply personal identifying data required to access benefits. Additionally, the physical care provided by strangers in a congregate care facility is often experienced as threatening and can re-awaken memories of the concentration camp experience.” The agency’s case managers are able to work through these difficulties and advocate for appropriate services so that their clients can remain at home.

“The goal of this bill is to ensure that no survivor should have to be put on a waiting list for services, and that they are not denied services because of financial hardships,” says Senator Ron Klein.

State Rep. Irv Slosberg and State Senator Ron Klein present RRJFS with a check for $100,000 from the Florida Department of Elder Affairs.
MENTAL HEALTH SERVICES

Mental Health services are a key component of fulfilling our mission. People who seek out Ruth Rales Jewish Family Service often need assistance in managing their daily lives or coming to terms with difficult issues. We have a longstanding tradition of providing compassionate, high quality, affordable and effective mental health counseling and support services to everyone in the community.

Individual, Family and Group Counseling by licensed clinical social workers and psychologists help families and individuals develop insight into problems as well as learn strategies for positive change. Clinical services also include crisis intervention, school consultation and intervention. RRJFS is committed to ensuring that everyone in our community has access to a lifeline of support.

This past year RRJFS provided 4,444 hours of individual therapy visits, 406 family therapy visits, and 738 group therapy visits, totaling 5,588 units of therapy at various sites.

The Welcome Home Program for the Recovering Mentally Ill provides critical services for the persistently mentally ill, enhancing recovery and rehabilitation through counseling, socialization and learning within an environment that offers encouragement and hope.

For those with concerns about the current and future welfare of their loved ones, two monthly support groups offer guidance, referrals and emotional support for parents, caregivers and family members of adults with persistent mental illness.

The Cancer Support Program transitioned from The Wellness Community to Ruth Rales Jewish Family Service on June 1, 2005. The program offers weekly groups for individuals living with cancer and support groups for their family and friends. These groups, facilitated by licensed clinical social workers, are opportunities for support and information sharing. Monthly classes and workshops provide information about advances in diagnosis and treatment to assist individuals in living well with cancer.

The Welcome Home Drop-In Center offers activities five days a week. A licensed clinical social worker helps the persistently mentally ill function at a greater capacity by relieving the characteristic isolation and lack of human contact that often accompanies mental illness. This helps participants discover feelings of self-worth and achieve a higher level of personal growth and accomplishment. Clients participate in support groups, social, recreational, educational and cultural activities while they make friends and reintegrate into the community. Current hours for the Drop-In Center are Mondays through Thursdays from 1-5 P.M. and Fridays from 1-4:30 P.M.
Senior Services extend to thousands of older adults in the community, providing essential support and assistance to help people age in place. Case managers assess the factors involved in maintaining an individual’s well-being, assist seniors in linking with community resources and offer opportunities for vital personal interactions.

Through CareLink and volunteer services, thousands of hours of personal attention are devoted to assessing client needs. Senior Groups, including caregiver support for people caring for loved ones with Alzheimer’s, dementia and other chronic conditions, provide essential comfort and advice for seniors in the community.

This past year, Care Management contacts increased 8.7% to 12,500 hours; there were 17 wards in the Guardianship Program; the Senior Community Groups (including a caregiver group) had 9,124 hours; and the Holocaust Survivors Program assisted 111 people, an increase of 12.3%.

B.C. experienced a lifetime of hardships, problems, disappointments and unmet expectations. Born in Poland, she was her family’s lone Holocaust survivor and came to the U.S.A. in the 1950s. She married and struggled along with her husband to earn a living and provide their only daughter with all the advantages America had to offer. She borrowed money to send her daughter on everything from field trips to university.

As the years passed, B.C. and her daughter had a difficult and strained relationship. Despite her daughter’s many accomplishments, neither mother nor daughter fully appreciated the achievements or the efforts it took to gain them. B.C.’s husband was ill for several years before dying, and his passing further separated mother from daughter.

The pressures of life eventually culminated in B.C. attempting suicide. She is currently under psychiatric treatment, but severe physical health problems now plague her, as well. The arthritis in her back is so severe that weekly injections and therapy sessions only partially relieve the pain. She has hearing loss and a rapidly progressing case of macular degeneration.

During the assessment process for Carelink, B.C. was despondent. The plan was to alleviate her anxiety, if only partially, by providing reassurance and assistance from a variety of agency resources. She now receives regular phone calls through the Telephone Reassurance Program and has an opportunity for positive socialization encounters through the Friendly Visitor Program. The Holocaust Survivors Assistance Program provides B.C. with a home health aide on a weekly basis to help with shopping, transportation, and monthly nurse visits to provide medication management.

The weekly monitoring through Carelink continues to encourage B.C. to maintain a safe home environment, become more integrated through community services and to introduce new services that will keep her as independent as possible for as long as possible.

*RRJFS respects the confidentiality of clients and participants in our programs. Names have been changed to ensure their privacy.*
The Viner Family Compassionate Care Program at work...

As the Goldsteins struggled with the knowledge that Mrs. Goldstein was in the final stage of metastatic breast cancer, it wasn’t the cancer that brought them to RRJFS. It was the harsh reality that Mr. Goldstein’s wages could not cover the necessities of their lives as they spiraled downward emotionally and economically.

With no family to assist them, the Goldsteins needed to provide for after-care for their three children while trying to meet the pressing issue of their rent. The school system denied the Goldsteins after-care assistance because the gross family income was $200 above the county limit. The fact that Mr. Goldstein worked long hours to pay for an aide to care for Mrs. Goldstein during the day was not a mitigating concern for the system. Each passing day increased the struggle to place healthful dinners before the children, and the threat of eviction loomed.

RRJFS, through the Viner Compassionate Care Program, was able to alleviate the Goldsteins’ material needs so that they could concentrate on being a family with dignity.*

Bobby, an 80-year-old woman, lost her husband of 55 years in August of 2005. In September of 2005, she was taking out the garbage and slipped and fell and broke her hip.

Bobby had emergency surgery and was then placed in a rehabilitation facility. Upon her discharge, she needed someone to assist her (3 hours per day, 7 days per week for 2 weeks) with bathing, shopping, cooking, dressing and cleaning. If left alone without in-home care, she was at risk of further injuring herself.

Thanks to the Silverstein In-Home Support Services Program, Bobby received the assistance she needed and is now, once again, totally self-sufficient.*

Following open-heart surgery in February 2005, Murray had an extensive stay in the hospital and then another 2 months in a rehabilitation facility.

Upon being discharged from rehab, Murray’s wife took ill and was admitted to the hospital for observation. Murray was frail and unable to maneuver on his own. He requested 24-hour assistance for the three days that his wife was hospitalized. Once his wife returned home, she was able to care for Murray on an ongoing basis.

Without the Silverstein In-Home Support Services Program, Murray could have wound up back in the hospital due to a fall or something even more devastating.*

Shirley had a tumor on her wrist removed and was placed in a huge cast and sling that prohibited her from using her right arm. The key to her rehabilitation was to keep her entire arm immobilable.

Shirley needed someone to assist her with bathing, dressing, cooking, shopping and cleaning. Assistance was given to Shirley for 3 hours every other day for 2-1/2 weeks through the Sidney & Eleanor Silverstein In-Home Support Services Program.

Shirley healed beautifully, has full use of her right arm, and is now totally self-sufficient.*

*RRJFS respects the confidentiality of clients and participants in our programs. Names have been changed to ensure their privacy.
COMMUNITY OUTREACH

RJFS Community Outreach programs provide services to individuals and groups where they live, work, and attend school.

In 2005 the agency’s Outreach programs touched the lives of more people in our community than ever before. A total of 604 presentations were made to 10,612 people, compared with 281 presentations reaching 8300 people in the prior year (a 28% increase in the number of individuals served), representing a vast array of topics delivered to highly diverse groups. Bullying continued to be a big topic among kindergarten through 8th graders. Substance Abuse was frequently requested for 5th through 12th graders. Anger Management and Banana Splits (children of divorce) were common group topics for students of all ages. Presentations for adult groups covered more issues than can be mentioned in this space though some of the most sought after included: relationships between parents and their adult children; second marriages; caregiving; abuse; retirement; and dating.

Many groups within our community seek guest speakers who can address topics that assist people in coping more constructively with important life issues. RRJFS Community Outreach programs fulfill those needs and, in turn, educate those in need about the many services available through the agency.

Our Synagogue Outreach Program at Temple Beth El and Congregation B’nai Torah provide on-site counseling for synagogue members, support and educational groups, and consultation with staff.

TeenTalk is a virtual counseling service administered via a website in our offices, enabling teens to email requests for help with important issues such as drugs, dating, parents and school. Teens receive email responses from our clinical staff. Since the computer is often the main source of communication among teens, TeenTalk fits this niche and makes it easy for teens to get professional advice.

All in all, the RRJFS Community Outreach Program had an outstanding year. Next year will be even better.

CAMP BREAKAWAY

For many children, sleep-away summer camp is something they experience only in their dreams. However, each summer dozens of South Florida children, whose families would otherwise be unable to afford it, receive the chance to live out these dreams, singing songs around the campfire, hiking amidst the shade of tall pine trees, swimming in mountain lakes and bonding with other children.

In June 2005, 63 Jewish children between the ages of 7-14 attended Camp Breakaway, an extraordinary sleep-away camp, free of charge. Since 1998, Camp Breakaway has fulfilled the dreams of nearly 1000 campers. For one week these children experienced swimming, boating, hiking, music, arts and crafts and a wealth of other activities at Camp Laurel in Readfield, Maine. The camp also strengthened the children’s connection to Judaism through Judaic arts and crafts and the celebration of a special Shabbat dinner.

Camp Breakaway provides children with an opportunity for personal growth and a measure of independence. And as RRJFS Executive Director Dr. Jaclynn Faffer notes, “Camp Breakaway also enables parents who are struggling with lots of issues—financially and emotionally – to kind of breathe and get back on their feet.”

This program is offered to all who qualify through the Viner Compassionate Care Program at Ruth Rales Jewish Family Service of South Palm Beach County.
VOLUNTEER SERVICES

Volunteers from our community provide invaluable contributions to the mission of Ruth Rales Jewish Family Service. These dedicated individuals unselfishly share their knowledge, experience, and time with others, providing that most cherished commodity – personal attention – eliciting positive responses from our clients. Volunteers serve in many capacities and are matched according to their skills, interests, and abilities. Volunteers develop special one-to-one relationships with children in need of a positive adult role model in our Big Pal/Little Pal program, give the gift of companionship and conversation to the homebound as Friendly Visitors, conduct Shabbat and holiday services as parachaplains at nursing homes and assisted living facilities, and drive people to medical appointments or for a change of scenery in the Kibbitz and Ride program. Volunteers also make daily “sunshine” calls to the homebound, deliver groceries, and conduct reminiscence groups.

The Friendly Visitor Program helps relieve the loneliness that can plague the elderly in our community by providing weekly personal visits by a corps of dedicated volunteers. From a simple act of selfless compassion, strong bonds of friendship and trust grow between recipients and their designated visitors.

This is very much the case for volunteer Brenda Solomon and her client, Beatrice Klein. Brenda has been visiting Beatrice for six months, but they have become fast friends. Before retirement, Brenda was an addictions counselor and Beatrice was the chief of her department at the Commodities Futures Trading Commission. Brenda was looking for a way to continue assisting others in her community, and by her own admission has been “very lucky in life.” Beatrice's daughter lives in California and called RRJFS to find out what services were available for her mother who, despite volunteering at We Care in Delray Beach by organizing rides to physicians’ offices for others in her community, was still in need of some more meaningful companionship. After some consultation with the RRJFS staff, it was determined a home visitor would be helpful.

The Big Pal/Little Pal Program matches adult volunteer mentors with individual children from single parent homes or with those who live with relatives other than their parents and are in need of a supportive, friendly one-to-one relationship. Many of the children in the program have experienced loss or rejection, leaving them vulnerable to extraordinarily stressful environments and at risk for future behavioral problems. Children with special needs are also eligible for the program. Referrals come to the RRJFS through our outreach efforts, publicity and word-of-mouth. Current mentoring relationships extend from the Broward County line to Boynton Beach. Volunteers attend training prior to their service and participate in monthly meetings with other Big Pals in the program.

“I suffered from low self-esteem and lack of confidence. At first it was difficult for me to let this stranger get close to me. Mark Deutsch made it comfortable. It was his confidence in me that made me begin to believe in my own abilities. He taught me that anything was possible, just believe, believe in me. Slowly, I found that my self-esteem began to improve and my new found confidence started to shape my character. Mark showed me that great character is not something that is part-time; it is a full-time discipline and a gift to be shared.”

(letter from a child in the program)
### Financial Report

#### REVENUE

Total Revenue and Support $4,691,301

- **Net Program Rev. $487,790** (10%)
- **Federation Financial Assistance $117,500** (3%)
- **Federation Allocation $1,074,115** (22%)
- **Funds Donated Materials & Services $711,880** (15%)
- **Fundraising Events (net) $428,979** (9%)
- **Other Revenue $48,182** (1%)
- **Pledges, Grants & Contributions $1,183,302** (25%)

#### EXPENSES

Total Functional Expenses $4,212,700

- **Program Services $3,497,718** (63%)
- **Management/Administration $644,706** (15%)
- **Fundraising $70,276** (2%)

#### Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$519,723</td>
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<tr>
<td>Program Receivables, Net</td>
<td>$10,926</td>
</tr>
<tr>
<td>Beneficial Interest in Assets held by Others</td>
<td>$6,511,179</td>
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<tr>
<td>Grant and Other Receivables</td>
<td>$118,962</td>
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<tr>
<td>Prepaid Expenses and Other Assets</td>
<td>$67,625</td>
</tr>
<tr>
<td>Property and Equipment, Net</td>
<td>$26,529</td>
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</table>

**Total Assets** $7,254,944

#### Liabilities and Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tr>
<td>Accounts Payable and Accrued Expenses</td>
<td>$126,693</td>
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<tr>
<td>Deferred Support and Revenue</td>
<td>$28,936</td>
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**Total Liabilities** $155,629

**Total Net Assets** $7,099,315

**Total Net Assets** $7,254,944

#### Support

<table>
<thead>
<tr>
<th>Description</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pledges, Grants &amp; Contributions</td>
<td>$772,898</td>
<td>203,947</td>
<td>206,717</td>
<td>$1,183,362</td>
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<tr>
<td>Fundraising Events</td>
<td>992,158</td>
<td></td>
<td></td>
<td>992,158</td>
</tr>
<tr>
<td>Less: Fundraising Event Expenses</td>
<td>(562,179)</td>
<td></td>
<td></td>
<td>(562,179)</td>
</tr>
<tr>
<td>Federation Allocation</td>
<td>1,785,975</td>
<td></td>
<td></td>
<td>1,785,975</td>
</tr>
<tr>
<td>Federation Financial Assistance</td>
<td>117,500</td>
<td></td>
<td></td>
<td>117,500</td>
</tr>
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</table>

**Total Support** $3,106,152

#### Revenue:

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Program Revenue, Net</td>
<td>$487,790</td>
</tr>
<tr>
<td>Investment Income</td>
<td>$350,260</td>
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<tr>
<td>Other Income</td>
<td>$48,182</td>
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<tr>
<td>Net Assets Released from Restrictions</td>
<td>$628,870</td>
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</tbody>
</table>

**Total Revenue** $1,515,102

**Total Support and Revenue** $4,621,254

#### Expenses:

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$3,497,718</td>
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<tr>
<td>General and Administrative</td>
<td>$644,706</td>
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<tr>
<td>Fundraising</td>
<td>$70,276</td>
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**Total Expenses** $4,212,700

**Change in Net Assets** $408,554

**Net Assets – Beginning of Year** $2,096,823

**Net Assets – End of Year** $2,507,377

**Net Assets – End of Year** $2,909,546

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SECURING OUR FUTURE

Development Message

We are extremely proud to recognize the many members of our community who chose to contribute to Ruth Rales Jewish Family Service of South Palm Beach County (RRJFS) during 2004-2005.

As RRJFS strives to meet the needs of our constantly expanding community, our efforts to encourage volunteering and fundraising must move forward. Fulfilling our mission in service to the community is possible only through expanded contributions of time and talent, gifts of cash and securities, real property, planned gifts and bequests.

Our mission mandates that we make our programs and services available to all members of the community. Each and every gift we receive validates and supports the work we do on behalf of the thousands in South Palm Beach County who turn to us for assistance.

Every contribution to RRJFS helps make a tangible difference in the lives of the people who need it most: the frail and infirm, children from single-parent homes, caregivers of loved ones, the isolated elderly, families experiencing serious financial difficulties, Holocaust survivors and so many others.

RRJFS responds to the immediate and pressing needs of the community. The range of our services cuts across generational and cultural divides, mirroring the diverse make-up of our community; supporting the newly bereaved; offering hot lunches and socialization programs for seniors; providing youth with conflict resolution education in the schools and confidential teen counseling services.

We hope that you will make RRJFS a priority when you consider the charities you will support.

Our sincere thanks to all who have contributed to our success in 2004-2005. We are pleased to acknowledge you as friends of the RRJFS family. May your generosity serve as an inspiration for others in our community.

WAYS TO GIVE

Unrestricted Gifts

Unrestricted gifts are those made without any conditions placed upon them. These funds are crucial to the agency’s ability to allocate resources where they are most necessary.

Restricted Gifts

Your gift may be designated to a specific program within Ruth Rales Jewish Family Service that means the most to you.

Gift of Assets

In addition to cash gifts, giving appreciated assets such as stocks, real estate, or personal property could provide donors with additional tax benefits, including avoidance of capital gains taxes.*

Future Gifts

Future gifts are an ideal way to remember Ruth Rales Jewish Family Service. In addition to gifts made today, you may also want to consider how you would like your assets distributed in the long term. By naming RRJFS as a beneficiary in your will, you can perpetuate your gift and assist future generations.

*Always consult your attorney or tax advisor to determine which method of giving best meets your particular financial situation.

For information on opportunities to contribute to Ruth Rales Jewish Family Service, please contact the Development Office at 561-852-5079.
OUR CONTRIBUTORS

The following list represents gifts received between September 1, 2004 and August 31, 2005.

Please accept our apologies if we inadvertently omitted your name and notify us so that we may properly recognize your contribution.

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Barry & Michelle Frank
Tina & Martin Finkelstein
Rachel & Jonathan Fishman

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Celebrating our 25th year
Celebrating our 25th year
Celebrating our 25th year

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Celebrating our 25th year
Celebrating our 25th year
Celebrating our 25th year
Celebrating our 25th year

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Celebrating our 25th year
Celebrating our 25th year
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Celebrating our 25th year
Celebrating our 25th year
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The Conference on Jewish Material Claims Against Germany
Children's Services Council
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Federal Emergency Management Agency (FEMA)
Humanitarian Aid Foundation
State of Florida—Department of Financial Services
Sun-Sentinel
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* Ruth Rales Jewish Family Service of South Palm Beach County (RRJFS) turns its investable funds over to the Jewish Federation of South Palm Beach County for investment. Although members of the organization’s Board sit on the Jewish Federation’s Investment Committee, The Federation Board makes the final decisions reporting to the Board of RRJFS.
## OUR VOLUNTEERS

We are honored to recognize those in our community who, with all humility, share the responsibility of assisting those less fortunate than themselves. Thank you for the gift of your time, effort and spirit.

We regret the omission of the name of any volunteer for the fiscal year September 1, 2004 through August 31, 2005.

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RUTH RALES JEWISH FAMILY
2004-2005 OFFICERS

President
Michael Mullaugh

Vice Presidents
Larry Blair
First Vice President

Dr. Marvin Schiller
V.P. Financial Resource Development

Sheila Frank
V.P. Human Resource Development

Alan Goldstein
V.P. Operations

Treasurer
Dr. Ronald Selbst

Secretary
Diane Feldman

Immediate Past President
Charlotte Okonow

President Emeritus
Karola Epstein

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Jerome Altheimer
Stanley Barry
Robert Berner***
Joy Binkovitz*
Harold Brode
Ronald Gallatin
Joan Garde
Ivan Gefen
Ronda Gluck
Lisa Goodman
Myrna Gross
Norman Jacobson
David Katzman
Daniel Keisman
David Kirschner
Keith Kronish
Marvin Miller
Madeline Pargh**
Natalie Pelavin
Judy Rabinowitz*
Steve Sager
Marcia Schmier
Richard Schuller
Martin Stein
Sandy Steinberg
Amy Taney
Jill Viner**
Andrew Waldman
Barton Weisman
Bette Wohlgemuth
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Millicent Nathan
Clarice Pressner
Eleanor Silverstein
Ilene Wohlgemuth*

*Past Presidents
**Executive Committee
*** Of Blessed Memory

Celebrating our 25th year
# RUTH RALES JEWISH FAMILY SERVICE

## STAFF

### Administration

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Jaclynn Faffer, D.S.W.</td>
<td>Executive Director</td>
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<tr>
<td>Jason Merrick, CPA, C.A.</td>
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<tr>
<td>Anne Chernin, MSW, MBA</td>
<td>Director of Community Relations &amp; Government Affairs</td>
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<tr>
<td>Millie Rosenberg</td>
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<tr>
<td>Marc Leeds, Ph.D.</td>
<td>Communications Director</td>
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<tr>
<td>Beth Levine</td>
<td>Human Resource &amp; Family Assistance Coordinator</td>
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### Clinical Staff

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<tr>
<td>Joan Ensink, LCSW</td>
<td>Director of Clinical and Senior Services</td>
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<tr>
<td>Trish Hartog, LCSW</td>
<td>Program Director</td>
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<tr>
<td>Orly Beldner, Psy.D.</td>
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<td>Ann Garfield, LCSW</td>
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<td>Jacque Kaplan, MSW</td>
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<td>Lucille Saucier, LCSW</td>
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<td>Linda Schiff, LCSW</td>
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### Senior Services

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<td>Howard Horowitz, LCSW</td>
<td>Supervisor of Case Management</td>
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<td>Cathy Bowers, MSA, RG</td>
<td>Care Manager, Guardianship Program</td>
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<tr>
<td>Jodie Muenz</td>
<td>NORC Project Director</td>
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<td>Arlene Roogow</td>
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<td>Cynthia Roon, MSW</td>
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<td>Holly Rosenthal, MPS</td>
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<td>Leonard Silverstein, Ph.D.</td>
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<td>Pearl Tabak, CMC</td>
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<td>Sara Zenlea, MSW</td>
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### Community Services

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<td>Marcy Bezark</td>
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### Accounting Staff

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<td>Patricia Monti</td>
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### Administrative Support Staff

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### Forster Family Kosher Food Pantry

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<tr>
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